



Dr Himika Gupta

MBBS,MS 12+ Years Experience

Dr Himika Gupta is a top Ophthalmologist in Mumbai at Apollo Hospitals Navi Mumbai . Book appointment online with Dr Himika Gupta at Ask Apollo.

Hospitals

Apollo Hospitals, Mumbai ,

Doctor's Working
Weekdays
Mon

Doctor's Working
Hours
16:00 -18:00



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Overview

Dr. Himika Gupta is a highly skilled Ophthalmologist based in Mumbai, Maharashtra, with over 12 years of extensive experience in the field. She is a dedicated professional known for her expertise in various ophthalmological conditions and treatments. Dr. Gupta has earned a reputation for her commitment to patient care, ensuring that each individual receives personalized and comprehensive evaluations.

She holds a medical degree (MBBS) and a Master's in Surgery (MS), and she is fluent in English, allowing her to communicate effectively with a diverse range of patients. Dr. Gupta has also been recognized for her contributions to the field, having received several prestigious awards including the Best Poster Podium Presentation at the All India Ophthalmological Society in February 2019 for her work on lacrimal issues. Additionally, she was awarded the Alder Hey International Traveling Fellowship at the International Society for Pediatric Neuro Oncology held in Denver, USA, in July 2018.

Her research contributions were further acknowledged with the Nature Review Poster Award in February 2016 for her study on invasive reconstruction of socket defects using autologous fat, presented at the Conference of New Ideas in Cancer by the Tata Memorial Centre in Mumbai. In her practice, Dr. Himika Gupta is dedicated not just to treating her patients but also to advancing the field of ophthalmology through continuous learning and research. Her approach combines both clinical expertise and the latest advancements in eye care to ensure optimal outcomes for her patients.

Experience

2016 - SRCC Children's Hospital, Worli - Consultant Ocular oncology and Ophthalmic plastics surgeon

2015 - Narayana Nethralaya , Bangalore,India - Consultant Ocular oncology and Ophthalmic plastics surgeon

2014-15 - Princess Margaret Cancer Centre,Toronto, Canada - Research assisitant in Ocular Oncology

Membership

- Life Member of Bombay ophthalmologists' Association (BOA).
- Life Member of All India Ophthalmological Society (AIOS).
- Life Member of Oculoplasty Association of India (OPAI).

Research and Publication

- Ali MJ, **Gupta H.** , Honavar S.G., Naik M. Acquired Nasolacrimal Duct Obstructions Secondary to Naso-Orbito-Ethmoidal Fractures: Patterns and Outcomes .*Ophthal Plast Reconstr Surg* 2012;28:242–245.
- **Gupta H**, Gala Y, Sarodaya V, et al. QOL-46. VISUAL REHABILITATION: INTEGRAL FOR AFFECTED BRAIN TUMOR PATIENTS. *Neuro Oncol.* 2018;20(Suppl 2):i167.
doi:10.1093/neuonc/noy059.628
- Fabian ID, et al . Global Retinoblastoma Presentation and Analysis by National Income Level Global Retinoblastoma Study Group. *JAMA Oncol* 2020 May 1;6(5):685-695.doi:

10.1001/jamaoncol.2019.6716.

- **Gupta H**, Malaichamy S, Mallipatna A, et al. Retinoblastoma genetics screening and clinical management. *BMC Med Genomics*. 2021;14(1):188. Published 2021 Jul 22. doi:10.1186/s12920-021-01034-6
- **Gupta, H.**, Singh, R., Ernam, S. S. (2021). Can India Go in for Pre- School / Pre- **Verbal** Eye Screening Now with Red Reflex? - A Feasibility Study. *Asian Journal of Pediatric Research*, 6(3), 4-10. <https://doi.org/10.9734/ajpr/2021/v6i330195>

Frequently Asked Questions

1. Where does Dr. Himika Gupta practice?

Dr. Himika Gupta practices at Apollo Hospitals, Navi Mumbai. This hospital offers comprehensive healthcare services and advanced medical technology.

2. Who is Dr. Himika Gupta?

Dr Himika Gupta is a renowned Ophthalmology with over 12 years of experience. She practices in Mumbai at Apollo Hospitals Navi Mumbai. Dr Himika Gupta holds a degree in MBBS,MS. She provides treatments including Cataract surgery (phacoemulsification), LASIK and refractive surgery, Intravitreal injections for retinal diseases. She specializes in treating conditions like Graves disease, Kearns Sayre Syndrome, Retinal diseases.

3. What is Dr. Himika Gupta's specialization?

Dr Himika Gupta specializes in Ophthalmology. She has expertise in treating conditions such as Graves disease, Kearns Sayre Syndrome, Retinal diseases. Her key treatments include Age Related Macular Degeneration Treatment, Corneal Ulcer Treatment.

4. What are Dr. Himika Gupta's medical qualifications?

Dr Himika Gupta holds MBBS,MS, reflecting her comprehensive education in the field of Ophthalmology.

5. How many years of experience does Dr. Himika Gupta have?

Dr. Himika Gupta possesses 17 years of experience in the medical field. Details regarding her past professional affiliations are available upon request.

6. How can I schedule an appointment with Dr. Himika Gupta?

To schedule an in-person appointment with Dr. Himika Gupta, please book online through our appointment system.

7. Who is a General Physician?

A general physician (GP) is a medical doctor specializing in non-surgical adult healthcare. They treat various diseases not requiring surgery, covering cardiovascular, respiratory, neurological, hematological, endocrine, and gastrointestinal systems. Some GPs may develop sub-specialties within these areas.

8. What are the education requirements to become a General Physician?

General physicians, also known as primary care physicians, require a medical degree followed by a 3-year residency in primary care. Prerequisites include a science-based bachelor's degree, a minimum GPA, successful completion of medical school, and foundational medical training. Commitment to the residency program is essential.

9. When should I consult a General Physician?

Consult a general physician for a wide range of non-surgical health concerns. These include issues affecting the cardiovascular, respiratory, musculoskeletal, neurological, gastrointestinal, and endocrine systems. A general physician serves as the first point of contact for most health problems.

10. Do General Physicians offer home consultations?

General practitioners (GPs) offer primary healthcare services including physical exams, immunizations, and treatment for various medical conditions. They manage patients of all ages. Home consultations are at the discretion of the individual GP; however, routine check-ups may be available at home.