



Dr Kaushik Reddy

M.S.ORTHO 16+ Years Experience

Dr Kaushik Reddy is a top Orthopedics & Sports Medicine in Hyderabad at Apollo Health City Jubilee Hills . Book appointment online with Dr Kaushik Reddy at Ask Apollo.

Hospitals

Apollo Health City, Jubilee Hills ,

Doctor's Working
Weekdays
Mon - Sat

Doctor's Working
Hours
09:30 -16:30



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Overview

Dr. Kaushik Reddy is a highly esteemed Orthopedic Specialist in Sports Medicine, with 16 years of experience dedicated to improving patient outcomes through advanced surgical techniques and comprehensive patient care. Based in Hyderabad, Telangana, Dr. Reddy has earned a esteemed reputation as a leading expert in his field, receiving numerous accolades for his commitment and contributions to the medical community.

His impressive qualifications include fellowships in Shoulder & Elbow Surgery from Japan (2017), Trauma, Hand & Reconstructive Surgery from Germany (2015), and Adult Knee Reconstruction & Sports Medicine in New Delhi (2013), in addition to his M.S in Orthopedic Surgery from Chennai and M.B.B.S from Pune.

Fluent in multiple languages including English, Hindi, Tamil, and Telugu, Dr. Reddy ensures effective communication with a diverse patient base. His dedication extends beyond patient care; he has been recognized as the Medical Advisor for the Telangana Olympic Association and the Taekwondo

Association of Telangana, showcasing his commitment to promoting sports medicine.

Dr. Reddy has received several prestigious awards, including the Dr. A.P.J Abdul Kalam Health & Medical Excellence Award in 2021 and the Best Doctor Award in 2019. He has actively participated in academic conferences, serving as Organizing Secretary for various medical events, underscoring his dedication to continuous learning and contribution to the field of orthopedics.

In 2023, Dr. Reddy was honored as one of the Top 10 Orthopedic Doctors in Telangana by HMTV, a testament to his skill and professionalism. With a focus on sports-related injuries and recovery, Dr. Kaushik Reddy is a trusted choice for patients seeking expert orthopedic care.

Experience

Consultant

- Orthopaedic Surgeon – Apollo Health City, Jubilee Hills, Hyderabad

Fellowship

- Fellowship in Shoulder and Elbow Surgery under Dr Hiroyuki Sugaya at Funabashi Orthopaedic Hospital, Chiba, Japan from Jan 10th - Jan 31st,2017
- SICOT Fellowship in Trauma ,Hand&Reconstructivesurgery at Klinik für Unfall-, Hand- und Wiederherstellungs, Universität des Saarlandes, Homburg, Germany under Prof Tim Pohlemann from July 1st - 31stJuly,2015
- Fellowship in Adult KneeReconstruction& Sports Medicine at Medanta – The Medicity Hospital, Gurgaon under Dr Ashok Rajgopal from Feb 2013 – July 2013

Clinical Observorship

- Shoulder surgery visitation with Prof Pascal Boileau at “Institute of Locomotion & Sports Traumatology, Pasteur 2 Hospital, Nice, France from March 2-6,2020.
- Reverse Shoulder Arthroplasty Observation & Medical education Visit with Dr Jean-Francois Labrique& Dr Christian Vander Maren on 25th-26th Sep,2017 at Brussels, Belgium
- Shoulder Arthroscopy Observership Program with Dr Ashish Babulkar, at Deenanath Mangeshkar Hospital, Pune, March,2016
- Knee Arthroscopy Visiting Surgeon Program with Prof Strobel & Dr Thore Zantop – Sporthopaedicum clinic, Straubing, Germany – July 2015
- Attended the Visiting Surgeon Program on GENESIS II Knee system with Dr Nilen Shah from March,2014 , Mumbai

Junior Consultant

- Apollo Health City, Jubilee Hills, Hyderabad, Aug 2013 – July 2015

Registrar

- Apollo Hospitals, Jubilee Hills, Hyderabad , May 2011 – Jan 2013

Assistant Professor

- Apollo Institute of Medical Sciences & Research, Hyderabad, Aug 2013 – Dec 2017

Senior Resident

- Apollo Institute of Medical Sciences & Research, Hyderabad, Dec 2012 – July 2013
- Osmania Medical College/ Osmania General Hospital, Hyderabad, May 2010 – April 2011

Membership

- Registered with Andhra Pradesh Medical Council & Maharashtra Medical Council
- Associate member of SICOTI, SAKOS
- Member AOTrauma Asia Pacific Member
- Life member Indian Orthopaedic Association
- Life Member Indian Arthroplasty Association, International Society for Surgeons on Arthroscopy and Arthroplasty
- Life member Orthopaedic Surgeons Society Of Andhra Pradesh
- Life member Tamil Nadu Orthopaedic Association
- Life member Madras Orthopaedic Society
- Life member Orthopaedic Association of South Indian States

Awards

- Former Head of the Department of Internal Medicine, Apollo Hospitals, Chennai
- Chief Physician-Apollo Hospitals, Colombo (SRILANKA) from 2002-2007
- Personal physician to Governor of Tamilnadu,
- President of Srilanka top Industrialists, Film fraternity & Dignitaries & Ambassador's

Research and Publication

Lectures & Papers presented:

- Faculty at Smith & Nephew Virtual Classroom series on “ Arthroscopic Massive Rotator Cuff Repair” on 26th June,2021
- Talk on “Recent International Guidelines” in Management of Knee Osteoarthritis on 25th May,2021 at OATH masterclass webinar
- “Single Row Vs Double Row? When? Why? Case based Discussion and Rehab Protocols Overview”, Virtual Rotator Cuff Repair Classroom Series by Smith & Nephew on Feb 5th,2021.
- Biotek’s Advanced Shoulder Arthroscopy Webinar on “Biceps Tenotomy vs Tenodesis” on 8th Jan,2021
- Health Talk through Webinar on “Sports Injuries & Types of Fractures” organised by Apollo Hospitals in association with TSSP’s Battalions on 24th Dec,2020
- Talk on “Meniscal tears and Repair Techniques” Virtual CME organised by Sanofi on 13th June,2020.
- Talk on “Diagnosis & treatment of Degenerative Meniscus tears” Virtual CME organised by Stryker on 9th May,2020.
- Talk on “Rotator Cuff Tears”, online CME organised by Ortho Connect, Alembic on April 11th,2020.
- Lecture on “Glenoid and Scapula Fractures” at Current Concepts in Shoulder Injuries on 9th June,2019 at Hyderabad.
- Lecture on “Partial ACL Tears – Treatment options” at 40th Annual Conference of Indian Association of Sports Medicine on 26th Jan,2019, Bengaluru.
- Lecture on “Meniscal Repair – Inside out, Outside in & All inside techniques” at Apollo COSMIC-2018 on 27th Oct,2018, Chennai.
- Lecture on “Microfracture in Cartilage defects” at OASIS Annual CME on Sep 30th, 2018 at Hyderabad.
- Lecture on “Arthroscopic Biceps Tenotomy vs Tenodesis” at ShoulderKnee Con on 1st July,2018 at Madurai.
- Lecture on “ Portal placement – How to enter the shoulder at the right spot” at 2nd Vizag Arthroscopy Course on May 20th,2018, Vishakapatnam.
- Lecture on “Overview of Severe Osteoporosis- The Increasing Burden”at Fix & Treat Osteoporosis CME in Bengaluru on Nov1st,2017.
- Lecture on “Anaesthesia in Shoulder Arthroscopy & Portal Placements” at 7th Bangalore Shoulder Course, 15TH-16TH July,2017, Bengaluru

- Lecture on “Meniscal Injuries - Management” at Arthroscopy Techniques and Joint Preservation Strategies CME at Hyderabad on June 11th,2017
- Lecture on “Periprosthetic Fractures of Knee” at Basic Total Knee Arthroplasty Workshop, TOSACON 2017, Hyderabad, Jan 9th, 2017
- “Comparison of Anatomic Full Tunnel ACL Reconstruction with All Inside ACL Reconstruction - A Randomized Controlled Trial” at Indian Arthroscopy Society Conference, Oct 2nd,2016 , Kolkata,India
- Lecture on “Complications in Knee Arthroscopy” at Osmania General Hospital, Hyderabad, Feb 18th,2016
- “Comparitive evaluation of Periarticular infiltration of analgesia with femoral nerve block after total knee arthroplasty – A Prospective,randomized clinical trial”, SICOT 2014,Rio de janeiro,Brazil
- “Outcome of management of Peritrochanteric fractures with minimally invasive trochanteric entry nail”, SICOT 2012, Dubai
- “Outcome of Surgical Management of Unstable Pelvic Fractures”, SICOT 2011, Prague, Czech Republic
- “Outcome of Unstable Pelvic fractures treated by Internal Fixation” paper presented at IOACON 2010, Jaipur
- “Analysis of Functional and Radiological Outcome of Unstable Pelvic Fractures” paper presented at TNOACON 2010, Coutrallam
- “Outcome of Unstable Pelvic fractures treated by Internal Fixation” Post Graduate Gold medal paper presented at OASISCON 2010, Chennai
- “Outcome of Surgical Management of Unstable Pelvic Fractures” Consultant Gold medal paper presented at OSSAP 2010, Hyderabad
- “A case of Sacro-iliac disruption managed by CT-guided Iliosacral screw fixation” paperpresented at Madras Orthopaedic Society(MOS) meet Sep 2009, Chennai

HEALTH TALKS

- “Joint pain & Muscle Strengthening” at JHIC, Hyderabad on Nov 17th,2019
- “Osteoarthritis and its Management” at NTPC, Ramagundem on Sep 15th, 2018
- “Knee Osteoarthritis – Treatment Options” at NTPC, Ramagundem on 21st April,2018
- “Joint pain & Muscle Strengthening” at JHIC, Hyderabad on 4th Feb,2018
- “Bone & Joint Diseases in Women” at NTPC, Ramagundemon International Womens Day 8th March,2017
- “Support your Bones! They Support You”at IOC, Hyderabad on 12th April,2016

CONFERENCES AND CME'S ATTENDED

• INTERNATIONAL

- Hip Arthroscopy Academy – Mini Instructional Course at Expert Connect Centre, Watford, UK on 5-6th Nov, 2018
- “Arthrex Intermediate Knee and Shoulder Techniques” workshop at the Arthrolab Surgical Skills Centre Singapore on 6-7th August, 2018
- 14th International Cartilage Repair Society(ICRS) World Congress, Macau, China, April 9-12th,2018
- 11th Biennial Congress of International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine(ISAKOS) , June 4-8th, 2017, Shanghai, China
- 2nd International Advanced Trauma Update, Dec 7th-8th,2016, Bangkok, Thailand
- “Arthrex Shoulder Arthroscopy Course” at Arthrex-Chula Training Centre, 27th May,2016, Bangkok
- "Arthrex Cadaveric Knee Arthroscopy Course, Bangkok, Thailand, Sep 11th,2015
- "Asia Pacific Orthopaedic Symposium”, Singapore from July 4-6th,2014
- SICOT Triennial World Congress, Nov 19-22, Rio de Janeiro, Brazil
- Combined 33rd SICOT & 17th PAOA Orthopaedic World Conference, Dubai, United Arab Emirates, Nov 28-30, 2012
- SICOT 2011, XXV Triennial World Congress,6-9 Sep,2011,Prague, Czech Republic

REGIONAL

- Faculty:
- Faculty at Smith & Nephew Virtual Classroom series on 26th June,2021
- Management of Knee Osteoarthritis on 25th May,2021 at OATH masterclass webinar
- “Virtual Rotator Cuff Repair Classroom Series by Smith & Nephew on Feb 5th,2021.
- Biotek’s Advanced Shoulder Arthroscopy Webinar on 8th Jan,2021
- Health Talk through Webinar on “Sports Injuries & Types of Fractures” organised by Apollo Hospitals in association with TSSP’s Battalions on 24th Dec,2020
- Virtual CME organised by Sanofi on 13th June,2020.
- Virtual CME organised by Stryker on 9th May,2020.
- Online CME organised by Ortho Connect, Alembic on April 11th,2020.
- Current Concepts in Shoulder Injuries on 9th June,2019 at Hyderabad.
- Basic Shoulder Arthroscopy Course at ESIC Medical College, Hyderabad on 28th Dec,2019.
- Current Concepts in Shoulder Injuries on 9th June,2019, Hyderabad.

- 40th Annual Conference of Indian Association of Sports Medicine on 26th -27th Jan,2019, Bengaluru.
- Apollo COSMIC-2018, Latest Update on Ortho Care on 26-27th Oct,2018, Chennai.
- OASIS Annual cme on “Orthobiologics& Regenerative Orthopaedics” on Sep 30th,2018 Hyderabad
- Tamil Nadu Arthroscopy Society & VMC Shoulder-Knee Con on 1st July,2018 at Madurai.
- 2nd Vizag Arthroscopy Course on 20th May, 2018 at Vishakapatnam.
- Osteoporosis CME on Nov1st,2017, Bengaluru
- 7th Bangalore Shoulder Course, 15TH-16TH July,2017, Bengaluru
- Arthroscopy Techniques and Joint Preservation Strategies CME on June 11th,2017, Hyderabad
- 1st Annual Conference of Telangana Orthopaedic Surgeons Association on 19th-21st Feb, 2016, Hyderabad

Delegate:

• Arthroscopy –

- Kolkata Lower limb Course, 17th-19th May,2019, Kolkata.
- Master Course in Complex Knee Injury by Dr Robert LaPrade on 15-16th Feb,2019,Goa
- Meniscal Repair, PLC & MCL Repair Arthroscopy Cadaver Workshop on 26th May,2018,Bengaluru
- Kolkata Lower Limb Arthroscopy Course and Cadaver Ankle Arthroscopy Workshop, 19-21st May,2017, Kolkata
- Hip & Ankle Arthroscopy Workshop, 29th Sep,2016, Kolkata
- 15TH Annual Conference of Indian Arthroscopy Society, Sep 30th – Oct 2ND,2016, Kolkata
- “Advanced Shoulder Arthroscopy & Save the Meniscus”, Smith & Nephew Arthroscopy Cadaver Workshop at M.S Ramaiah Advanced Learning Center, July 30th-31st,2016, Bengaluru
- Smith & Nephew Orange & Yellow Belt Shoulder Cadaver Course, MSRALC, Bangalore, Jan 15th-16th,2016
- 13th Indian Arthroscopy Society Congress, Hyderabad, 10-12TH Oct,2014
- 8th International Symposium on Current Concepts in Knee & Shoulder Arthroscopic Surgery and Arthroplasty at New Delhi on 22nd -24th Feb,2013
- Hyderabad Arthroscopy Course,23rd July,2011, KIMS, Secunderabad.

Arthroplasty

- 6th Joint Replacement State of Art Conference(JRSOA), Sep, 2-4th ,2013, Goa
- Sunshine – Sparsh Advanced Arthroplasty Course – 2013, Aug 31st –Sep 1st , 2013, Hyderabad

- “Zimmer Total Hip Arthroplasty Workshop” by The Zimmer Insitute, Bioskills at MIMER Medical College & Hospital, Pune on 6th May,2013
- “Zimmer Total Knee Arthroplasty Workshop” by The Zimmer Insitute, Bioskills at MIMER Medical College & Hospital, Pune on 7th May, 2013
- AIIMS Cadaver Arthroplasty Course at AIIMS,New Delhi on April6-7th,2013
- “Zimmer Cadaveric Total Knee Arthroplasty Workshop” at IEAAF-Bioskills lab, Sri Ramachandra University, Chennai on 26th Sep,2012
- “Zimmer Cadaveric Total Hip Arthroplasty Workshop” at IEAAF-Bioskillslab,Sri Ramachandra University, Chennai on 24th Sep,2012
- Hyderabad Arthroplasty Course, Sep 4-5, 2010, KIMS,Hyderabad
- “Difficult Primary Knee and Hip Replacement”, Aug 27,2010, Chennai
- “Peak Performance Bearing Hips” Aug 28,2010, Chennai
- “Master’s course in Hip & Knee Arthroplasty” , IGOF on Sep 13-14,2008, Chennai
- “Hip Resurfacing” CME on Sep 7, 2008, Chennai
- Indian Arthroplasty Association(I.A.A) Conference on Aug 22-23, 2009, Chennai
- “Indo-European Arthroscopy/Arthroplasty Foundation(IEAAF) Symposium” on Sep 7-8,2007, Chennai
- “SRMC Joint Replacement Course 2007” on July 9-10,2007, Chennai

Trauma

- Hyderabad Osteotomy Course on 2nd June, 2019, Hyderabad.
- AOTrauma Course Advances in Operative Fracture Management, June 14-16,2013, Jaipur, India
- Cadaveric Workshop on Pelvi – Acetabular Fractures at M.S Ramaiah Advanced Learning Center, Bengaluru on 4th Nov,2012
- “2nd AAOS Orthopaedic Trauma Conclave India”, 21st Sep,2012, Bengaluru
- “Cadaver Workshop on Foot & Ankle Surgery”, July 1,2012 at M.S Ramaiah Advanced Learning center, Bengaluru
- OASIS-CME on “Paediatric Disorders”, June3rd,2012,Hyderabad
- 56th Annual Conference of Indian Orthopaedic Association 2011, Ghaziabad-Noida,Dec9-11,2011
- Sri Satya Sai International Orthopaedic Conference on “Pelvis & Lower Extremity Trauma”, July22-24, 2011, SSSIHMS, Puttaparthi
- Attended workshop on “ Pelvis & Acetabular Fractures”, SSSIHMS, July22-24,2011, Puttaparthi
- 10th Annual Conference of Orthopaedic Association of South Indian States, 26-28 Aug,2011,Hyderabad

- AO Trauma Principles in Operative Fracture Management, April 7-9, 2011, Cochin
- 55th Annual Conference of Indian Orthopaedic Association (IOACON 2010), 9-14th Dec, 2010, Jaipur
- “Decision making in Paediatric Orthopaedics” Symposium, Nov 20, 2010, Hyderabad
- 40th Annual State Conference of Orthopaedic Surgeon’s Society of Andhra Pradesh (OSSAP 2010), Oct 8-10, 2010, Secunderabad
- Ganga Orthopaedic Trauma Course, Sep 23-26, 2010, Coimbatore.
- “Management of Pelvic Injuries” Hip Master’s course and APASIA Symposium on Sep 12, 2010, Hyderabad.
- 9th Annual Conference of Orthopaedic Association Of South Indian States (OASISCON 2010), Aug 27-29, 2010, Chennai
- Tamil Nadu Orthopaedic Association Conference (TNOACON 2010), Feb 12-14 2010, Couttrallam
- Sri Ramachandra Continuing Orthopaedic Revision Education programme (SCORE 2010), Feb 26-28 2010, Chennai
- Hyderabad Orthopaedic Medical Education (HOME 2010), Jan 8-10 2010, Hyderabad
- “Deformity Corrections in Orthopaedics”, Madras Orthopaedic Society CME on Oct 4, 2009, Chennai
- AO Trauma Introduction Programme, Sep 27, 2009, Tirupati
- Master’s Course on Trauma, Indo-German Orthopaedic Foundation (IGOF), Sep 26-27, 2010, Chennai
- “AO Trauma Advanced Symposium on Fixation of Osteoporotic Fractures” on Sep 5, 2009, Chennai
- OASIS – Instructional Course Lecture 2009, July 31-Aug 1, 2009, Pondicherry
- Mangalore Orthopaedic Course on June 26-28, 2009, Mangalore
- Prof T.K Shanmuga Sundaram Memorial CME on Paediatric Orthopaedics on June 7, 2009, Thiruchirapalli
- Hyderabad Orthopaedic Medical Education (HOME 2009) CME on Jan 23-25, 2009, Hyderabad
- “Basics of Musculoskeletal Imaging” CME on Oct 19, 2008, Chennai
- “AO Advanced Trauma Symposium” on Sep 21, 2008, Chennai
- “Basic Fracture Fixation” CME & Hands on workshop on July 19-20, 2008, Chennai
- “Diabetic Foot Risk Assessment” workshop conducted by University of Salford, Manchester on June 4, 2008, Chennai
- “Sri Ramachandra University Spine Update 2008” on March 21, 2008, Chennai

- “Sri Ramachandra Continuing Orthopaedic Revision Education(SCORE 2008) on Feb 14-16, 2008, Chennai
- “AO Introduction Program”, on Dec 15,2007, Coimbatore
- “Skill Development Programme in Emergency Medicine for General Practitioners”, Oct 19,2006, EMRI, Hyderabad

Frequently Asked Questions

1. Where does Dr. Kaushik Reddy practice?

Dr. Kaushik Reddy currently practices at Apollo Health City Jubilee Hills, located in Hyderabad.

2. Who is Dr. Kaushik Reddy?

Dr. Kaushik Reddy is a highly experienced Orthopaedic & Sports Medicine Specialist with 16 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Ankylosing Spondylitis Treatment, Regenerative Therapy For Joints. He also treats conditions such as Sports Injury, Carpal Tunnel Syndrome.

3. Why do patients choose Dr. Kaushik Reddy?

Patients trust Dr. Kaushik Reddy for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

4. What is Dr. Kaushik Reddy's specialization?

Dr. Kaushik Reddy specializes in Orthopedics & Sports Medicine, with expertise in treatments for Ankylosing Spondylitis Treatment, Regenerative Therapy For Joints.

5. What are Dr. Kaushik Reddy's medical qualifications?

Dr. Kaushik Reddy holds prestigious qualifications, including M.S.ORTHO.

6. How many years of experience does Dr. Kaushik Reddy have?

Dr. Kaushik Reddy has 16 years of experience in the medical field, treating various conditions related to Orthopedics & Sports Medicine.

7. How can I book an appointment with Dr. Kaushik Reddy?

You can book an appointment with Dr. Kaushik Reddy through: Online: Visit
<https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.