

Dr Kirty Nahar

MBBS, M.S. Obstetrics & Gynaecology Fellowship in Ultrasound ISUOG Certified
Sonologist

24 + Years experience



Dr Kirty Nahar is a top Obstetrician & Gynecologist in Ahmedabad at Apollo Hospitals International Limited Ahmedabad . Book appointment online with Dr Kirty Nahar at Ask Apollo.

Hospitals

Doctor's Working Weekdays

Mon - Sat

Doctor's Working Hours

12:00 -16:00

Doctor's Slot Timings

MON - 12:00 -16:00 TUE - 12:00 -16:00 WED - 12:00 -16:00 THU - 12:00 -16:00 FRI - 12:00 -16:00 SAT - 12:00 -16:00
MON - 12:00 -16:00 TUE - 12:00 -16:00 WED - 12:00 -16:00 THU - 12:00 -16:00 FRI - 12:00 -16:00 SAT - 12:00 -16:00

Overview

Dr. Kirty Nahar is a highly experienced Obstetrician and Gynaecologist based in Ahmedabad, Gujarat, with an impressive career spanning over 24 years. She holds an MBBS and an MS degree, along with a Fellowship in Ultrasound and certification as a Sonologist from ISUOG. Dr. Nahar's dedication to women's health is evidenced by her extensive qualifications and her commitment to staying updated with the latest advancements in her field.

Fluent in English, Hindi, and Gujarati, Dr. Nahar is able to provide personalized care to a diverse range of patients, understanding their unique needs and concerns. She has been recognized for her contributions to the field, having received the distinguished clinical tutorship title from the Apollo Hospitals Educational & Research Foundation in 2019. This award highlights her commitment to education and her role in shaping future healthcare professionals.

As an exclusive partner in her practice, Dr. Kirty Nahar prioritizes patient comfort and safety while delivering high-quality medical care in Obstetrics and Gynaecology. She understands the emotional and physical intricacies of women's health and is dedicated to empowering her patients through informed choices. Whether it's routine check-ups, prenatal care, or specialized treatments, Dr. Nahar ensures that each patient receives compassionate care tailored to their individual health journey.

Experience

- Junior Consultant, Chandramani Hospital, Girdharnagar, Oct 1999 – Oct 2000.
- Observer at Melbourne IVF Centre , Nov 1999.
- Fulltime Gynaecologist & Obstetrician, Rajasthan Hospitals, Ahmedabad Feb 2000- May 2003.
- Senior Registrar, Obstetric & Gynaecology, Apollo Hospitals, Gandhinagar. June 2003 –Sept 2009.
- Junior Consultant, Obstetric & Gynaecology, Apollo Hospitals, Gandhinagar. Oct 2009 - Sept. 2011 .
- Consultant Gynaecologist & Obstetrician, Apollo Hospitals International Ltd., Gandhinagar since Oct 2011 -March 2021.
- Present Sr. Consultant Gynaecologist & Obstetrician, Apollo Hospitals International Ltd., Gandhinagar since April 2021.

Awards

- Gold medal - Best outgoing PG student - Osmania Medical College
- Gold medal - Physiology, Pharmacology
- Gold medal - AOI Southcon - Quiz

Research and Publication

1. HELLP Syndrome/Pneumonitis, Peripartum Cardiomyopathy: A near miss mortality. Nahar K, Ghosh R, Bohra U. Apollo Medicine. March 2006;3(1):151-53.
2. Androgenic alopecia in post menopausal female: a clinical presentation. Nahar K, Bohra U, Arya V. International Journal of Reproduction, Contraception, Obstetrics and Gynecology. 2020;9:2157-60.
3. Spontaneous Pregnancy following post In vitro fertilization ruptured tubal ectopic pregnancy. Nahar K, Nikita K. International Journal of Reproduction, Contraception, Obstetrics and Gynecology. 2020;9:4738-43.
4. Caesarean myomectomy in a case of bad obstetric history and multiple fibroids. A case report. Nahar K, Nahar N International Journal of Reproduction, Contraception, Obstetrics and Gynecology. 2020;9:2622-7.
5. Radical vulvectomy for a rare case of squamous cell carcinoma vulva: a case report. Nahar K, Nahar N International Journal of Reproduction, Contraception, Obstetrics and Gynecology. 2021;10(8):3215-3222.

6. Prosthetic mitral valve thrombosis in a known case of rheumatic heart disease at 37 weeks pregnancy: a case report. Nahar K, Nahar N International Journal of Reproduction, Contraception, Obstetrics and Gynecology. 2021;10(8):3254-3260.

HELLP Syndrome/Pneumonitis, Peripartum Cardiomyopathy: A near miss mortality. Nahar K, Ghosh R, Bohra U. Apollo Medicine. March 2006;3(1):151-53.

1. Androgenic alopecia in post menopausal female: a clinical presentation. Nahar K, Bohra U, Arya V. International Journal of Reproduction, Contraception, Obstetrics and Gynecology. 2020;9:2157-60.

2. Spontaneous Pregnancy following post In vitro fertilization ruptured tubal ectopic pregnancy. Nahar K, Nikita K. International Journal of Reproduction, Contraception, Obstetrics and Gynecology. 2020;9:4738-43.

3. Caesarean myomectomy in a case of bad obstetric history and multiple fibroids. A case report. Nahar K, Nahar N International Journal of Reproduction, Contraception, Obstetrics and Gynecology. 2020;9:2622-7.

AWARDS:

Was awarded adjunct title of distinguished clinical tutorship of AHERF

Special Interests

Fetal medicine, Preconceptional Counselling, Infertility, Reproductive Health, High Risk Pregnancy.

Also has keen interest in Adolescent Health, Pre Menstrual Health Clinics & Menopausal Clinics.

Membership

- FELLOWSHIP IN ULTRASOUND – 20TH July, 2010 – 19TH Jan, 2011, V.S. Hospital, Ahmedabad.
- ISUOG Basic Ultrasound training programme, awarded Certificate of Completion on 25th March, 2021.
- Indian Medical Association. (IMA)
- Federation of Obstetric & Gynaecological Societies of India (FOGSI).
- Ahmedabad Obstetric & Gynaecological Society (AOGS),

- Society of Fetal Medicine. (SFM)
- International Society of Ultrasound in Obstetrics & Gynecology. (ISUOG)
- Scientific member of institutional ethics committee for clinical studies at Apollo Hospital Gandhinagar since November 2013.

List of Treatments

Doctors Treatment

[Reproduction Treatment](#)

[Pcod Pcos Treatment](#)

[Polycystic Ovary Treatment](#)

[Treatment For Leucorrhea White Discharge](#)

[Treatment For Pcod Pcos](#)

[Treatment Of Polycystic Ovarian Syndrome Pcos](#)

[Female Infertility Treatment](#)

[Complicated Pregnancy Treatment](#)

List of Conditions Treated

Doctors Condition

[Ovarian hyperstimulation syndrome](#)

[Pre Menstrual Syndrome](#)

[Polycystic Ovary Syndrome In Adolescence](#)

[pregnancy-and-heart-disease](#)

[Premature Ovarian Failure](#)

[Menses Disorder](#)

[Menstrual Disorders In Adolescent Girls](#)

[Menstrual Disorders Management](#)

[Vaginal Infection](#)

[Vaginal Yeast Infection](#)

[Diseases In Pregnancy](#)

[Hantavirus pulmonary syndrome](#)

[Adenomyosis](#)

[Endometriosis](#)

[Fertility](#)

[Menopause](#)

[Morning sickness](#)

[Recurrent Pregnancy Loss](#)

[Uterine fibroids](#)

[Uveitis](#)

[Acne In Periods](#)

[gynae problems](#)

[Pcos](#)

[Pcod](#)

[Adolescence To Menopause Care](#)

[Parturition](#)

[Miscarriage](#)

[Pap Smear](#)

[Polycystic Ovary](#)

[Painful Sexual Intercourse](#)

[Painful Periods](#)

[Post Pregnancy Classes](#)

[pre-and-post-natal-massage](#)

[Heavy Periods](#)

[Preconception Counseling](#)

[pregnancy](#)

[Pregnancy Care And Management](#)

[Pregnancy Exercise](#)

[pregnancy-hypertension-preeclampsia-eclampsia](#)

[Pregnancy Scan](#)

[Pregnancy With Pcod](#)

[Pregnant](#)

[reproduction](#)

[rejuvenation-relaxation](#)

[Quad Screen](#)

[Irregular Menstruation](#)

[Irregular Periods](#)

[Pregnant Women Counseling](#)

[Preimplantation Genetic Diagnosis Pgd](#)

[Premenstrual Swelling In Breasts](#)

[Premenstrual Tenderness In Breasts](#)

[Prenatal And Postnatal Exercise](#)

[Prenatal Care](#)

[Prenatal Checkup](#)

[Obstetrics Problems](#)
[Maternity](#)
[Ovarian Cyst](#)
[Ovarian Polyps](#)
[Ovarian Tumors](#)
[White Discharge Problem](#)
[Bhcg For Pregnancy Detection](#)
[Bleeding During Pregnancy](#)
[Trichomoniasis](#)
[Uterine Bleeding](#)
[Vaginal Birth After Cesarean Vbac](#)
[Vaginal Discharge](#)
[vaginal-dryness](#)
[Vaginal Itching](#)
[Vaginal Prolapse](#)
[Vaginal Tumor](#)
[vaginitis](#)
[Female Sexual Problems](#)
[Early Pregnancy](#)
[vulvoscopy](#)
[Diagnosis Of Unexplained Infertility](#)
[Contraception Advice](#)
[Choriocarcinoma](#)
[Child Birth Education](#)
[Cervical Fibroid](#)
[Care Of Women With Repeated Miscarriage](#)
[Candidiasis](#)
[Intestinal obstruction](#)

Frequently Asked Questions

Where does Dr. Kirty Nahar practice?

Dr. Kirty Nahar practices at Apollo Hospitals International Limited, Ahmedabad. This hospital offers comprehensive healthcare services and is a leading provider in the region.

Who is Dr. Kirty Nahar?

Dr Kirty Nahar is a renowned Obstetrician & Gynecologist with over 24 years of experience. She practices in Ahmedabad at Apollo Hospitals International Limited Ahmedabad. Dr Kirty Nahar holds a degree in MBBS, M.S. Obstetrics & Gynaecology Fellowship in Ultrasound ISUOG Certified Sonologist. She provides treatments including Reproduction Treatment, Pcod Pcos Treatment, Polycystic Ovary Treatment. She specializes in treating conditions like Ovarian hyperstimulation syndrome, Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence.

Why do patients choose Dr. Kirty Nahar?

Patients select Dr. Kirty Nahar for expertise in Obstetrics/Antenatal Care, Fertility Conserving Procedures, and the management of Obstetrics Problems. For further details, please consult her professional profile.

What is Dr. Kirty Nahar's specialization?

Dr Kirty Nahar specializes in Obstetrics & Gynecology. She has expertise in treating conditions such as Ovarian hyperstimulation syndrome, Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence. Her key treatments include Reproduction Treatment, Pcod Pcos Treatment, Polycystic Ovary Treatment.

What are Dr. Kirty Nahar's medical qualifications?

Dr Kirty Nahar holds MBBS, M.S. Obstetrics & Gynaecology Fellowship in Ultrasound ISUOG Certified Sonologist, reflecting her comprehensive education in the field of Obstetrics & Gynecology.

How many years of experience does Dr. Kirty Nahar have?

Dr. Kirty Nahar possesses 24 years of experience in the medical field. Her extensive background encompasses various medical practices.