Dr Mahesh Uparkar

MBBS,MS,ICO,MRCOpthal(Lon), Vitreo Retina Fellow 20+ Years Experience

Dr Mahesh Uparkar is a top Opthalmologist in Mumbai at Apollo Hospitals Navi Mumbai . Book appointment online with Dr Mahesh Uparkar at Ask Apollo.

Hospitals

Apollo Hospitals, Mumbai ,

Doctor's Working Weekdays Tue - Fri	Doctor's Working Hours 08:00 - 10:00	📞 Call Now	📅 Book Appointment

Overview

Dr. Mahesh Uparkar is a highly experienced Ophthalmologist based in Mumbai, Maharashtra, bringing over 20 years of dedicated practice to his patients. A distinguished graduate who earned a Gold Medal in both his Undergraduate and Post Graduate studies from the renowned KEM Hospital, Dr. Uparkar has built a reputable career focusing on advanced eye care and vision excellence. His qualifications include an MS in Ophthalmology and credentials from the prestigious MRCOPHTH(LON) as well as completing a Fellowship at Sankara Nethralaya and ICO(UK).
Dr. Uparkar is committed to providing exceptional eye care services, utilizing the latest technologies and treatment modalities to address various ocular conditions. His proficiency extends across multiple languages, including English, Hindi, Tamil, Marathi, and Bengali, facilitating effective communication with a diverse patient population.
As part of the esteemed Apollo Group, Dr. Uparkar is dedicated to both patient education and the advancement of ophthalmic practices. He emphasizes a patient-centric approach, ensuring that his

patients feel informed and comfortable while receiving care. Whether performing routine eye exams or complex surgical procedures, Dr. Uparkar focuses on tailored treatment plans that meet the unique needs of each individual.

His commitment to excellence in the field of ophthalmology is reflected in his achievements and continued professional development. If you're seeking comprehensive eye care from a trusted specialist, Dr. Mahesh Uparkar stands out as a leading choice in the Mumbai region.

Membership

- AIOS (All India Ophthalmological Society) - Life Member U11307
- AAO (American Academy of Ophthalmology) International Member

Awards

- Awarded prestigious Hargovind Medical Foundation Scholarship For the Year 1997 for Overseas Neuro - surgery training

Research and Publication

- Diagnostic and Therapeutic Challenges. Uparkar MP, Kaul S, Manning DR, Mudvari SS. Retina. 2016 Mar;36(3):641-4.To the Editor. Uparkar MP. Retina. 2014 Apr;34(4):e9-10.
- Principal components' analysis of multifocal electroretinogram in retinitis pigmentosa.Maiti A, Uparkar M, Natarajan S, Borse N, Walinjkar J. Indian J Ophthalmol. 2011 Sep-Oct;59(5):353-7.
- Laser photocoagulation (810 nm diode) for threshold retinopathy of prematurity: a prospective randomized pilot study of treatment to ridge and avascular retina versus avascular retina alone. Uparkar M, Sen P, Rawal A, Agarwal S, Khan B, Gopal L.Int Ophthalmol. 2011 Feb;31(1):3-8.
- An Asian scenario of ROP ,Uparkar M. Retina. 2010 Sep;30(8):1329-30;Coats' disease: an Indian perspective. Rishi P, Rishi E, Uparkar M, Sharma T, Gopal L, Bhende P, Bhende M, Sen PR, Sen P. Indian J Ophthalmol. 2010 Mar-Apr;58(2):119-24
- Intravitreal anti-vascular endothelial growth factor agents as an adjunct in the management of Coats' disease in children. Kaul S, Uparkar M, Mody K, Walinjkar J, Kothari M, Natarajan S. Indian J Ophthalmol. 2010 Jan-Feb;58(1):76-8.

Frequently Asked Questions

1. Where does Dr. Mahesh Uparkar practice?

Dr. Mahesh Uparkar's medical practice is at Apollo Hospitals, Navi Mumbai. This hospital offers comprehensive healthcare services and specializes in various medical fields.

2. Who is Dr. Mahesh Uparkar?

Dr Mahesh Uparkar is a renowned Opthalmology with over 20 years of experience. He practices in Mumbai at Apollo Hospitals Navi Mumbai. Dr Mahesh Uparkar holds a degree in MBBS,MS,ICO,MRCOpthal(Lon), Vitreo Retina Fellow. He provides treatments including Age Related Macular Degeneration Treatment, Corneal Ulcer Treatment. He specializes in treating conditions like Graves disease, Kearns Sayre Syndrome, Retinal diseases.

3. Why do patients visit Dr. Mahesh Uparkar?

Dr. Mahesh Uparkar is sought after for expertise in Lens for Keratoconus, Eyebrow design, and Eye Patch Therapy. For further details on his specialization and services, please refer to his professional profile.

4. What is Dr. Mahesh Uparkar's specialization?

Dr Mahesh Uparkar specializes in Opthalmology. He has expertise in treating conditions such as Graves disease, Kearns Sayre Syndrome, Retinal diseases. His key treatments include Age Related Macular Degeneration Treatment, Corneal Ulcer Treatment.

5. What are Dr. Mahesh Uparkar's medical qualifications?

Dr Mahesh Uparkar holds MBBS,MS,ICO,MRCOpthal(Lon), Vitreo Retina Fellow, reflecting his comprehensive education in the field of Opthalmology.

6. How many years of experience does Dr. Mahesh Uparkar have?

Dr. Mahesh Uparkar has 24 years of experience in ophthalmology.

7. How can I schedule an appointment with Dr. Mahesh Uparkar?

You can schedule an appointment with Dr. Mahesh Uparkar online for an in-person consultation at the clinic. Please contact the hospital directly to make the appointment.

8. Who is an Ophthalmologist?

An ophthalmologist is a medical doctor specializing in comprehensive eye care and vision. Unlike optometrists or other eye care professionals, ophthalmologists manage a wide range of eye diseases and conditions. As medical doctors, they can also provide referrals to other specialists when necessary.

9. Is an ophthalmologist different from an optometrist?

Yes, ophthalmologists and optometrists offer distinct eye care services. Optometrists manage common eye conditions and certain chronic diseases such as glaucoma. Ophthalmologists address a broader range of eye disorders, including complex conditions requiring surgical intervention.