

Dr Namita Singh

Ph.D. in Psychology, M.Phil.-Specialization Neuropsychology
24 + Years experience



Dr Namita Singh is a top Psychologist in Hyderabad at Apollo Health City Jubilee Hills . Book appointment online with Dr Namita Singh at Ask Apollo.

Hospitals

[Apollo Health City, Jubilee Hills](#)

Doctor's Working Weekdays

Mon - Sat

Doctor's Working Hours

09:00 -18:00

Doctor's Slot Timings

MON - 09:00 -18:00 TUE - 09:00 -18:00 WED - 09:00 -18:00 THU - 09:00 -18:00 FRI - 09:00 -18:00 SAT - 09:00 -18:00 MON - 09:00 -18:00 TUE - 09:00 -18:00 WED - 09:00 -18:00

-18:00 THU - 09:00 -18:00 FRI - 09:00 -18:00 SAT - 09:00 -18:00

Overview

Dr. Namita Singh is a highly esteemed psychologist based in Hyderabad, Telangana, with an impressive 24 years of experience in the field of psychology. She holds a Ph.D. in Psychology and an M.Phil. specialization in Neuropsychology, equipping her with a deep understanding of the complexities of the human mind and behavior. Dr. Singh's comprehensive education and extensive training allow her to address a wide range of psychological issues, from cognitive disorders to emotional and behavioral challenges.

Being fluent in both English and Hindi, Dr. Singh is well-equipped to cater to a diverse clientele, ensuring effective communication and a comfortable environment for all her patients. Her warm and empathetic approach fosters a supportive atmosphere conducive to healing and personal growth.

In her practice, Dr. Singh employs evidence-based therapies tailored to the unique needs of each patient, helping them navigate their challenges and enhance their mental well-being. As a member of Apollo's esteemed medical team, she is recognized for her commitment to providing holistic care and achieving positive outcomes for her patients.

With a reputation for professionalism and a genuine passion for her work, Dr. Namita Singh continues to positively impact the lives of many individuals in her community. Whether you are dealing with stress, anxiety, emotional disturbances, or simply seeking to improve your mental health, Dr. Singh is dedicated to guiding you on your path to wellness.

Experience

- Consultant Neuropsychologist, Apollo Hospitals, 2013 - Present. (Hyderabad, India)
- Academic Supervisor to Masters Clinical Program, Dept. of Psychology, University of South Africa, 2007 - 2013. (Pretoria, South Africa)
- Senior Lecturer and Consultant, Amity University, 2005 - 2006. (Noida, India)
- Counselor, Govt. Med. College and Hospital, 2005. (Chandigarh India)

- Clinical Psychologist, Thakur Hari Prasad Institute of Research and Rehabilitation for the Mentally Handicapped, 2002 - 2003. (Hyderabad, India)
- Senior Research Fellow, Defense Institute of Psychological Research, Army Hospital, 1996 - 1997. (Delhi, India)

Awards

- Member, Advisory Board VERTIGO update published by Elsevier (Singapore). Published more than 40 articles in various National and International journals. President, Association of otolaryngologists of India, Delhi branch.
- Author of the book "Diseases of Ear, Nose and Throat." PUBLISHED BY Elsevier , India(see web)
- Author of self teaching and assessment in Ear, Nose and Throat, (MCQ's in ENT). Published by Elsevier, India

Research and Publication

- CONFERENCE PAPERS AND PUBLICATIONS:
- A study on Depression and Coping Mechanisms used by Multiple Sclerosis patients. Paper presented in the 67th Annual National conference of Indian Psychiatric Society in January 2015 (Hyderabad, Telangana).
- 'Aasha, the Surviving Line for Suicide Prevention across the Continents' Paper presented at the 30th International Congress of Psychology in July 2012 (Cape Town, South Africa)
- 'A Glimpse of the Philosophical Doctrines and Rituals of Hinduism' Presented to Dept. of Psychology in the University of Botswana in June 2009 (Gaborone, Botswana)
- Published in Re-imagining Psychology, p. 83 - 98 in June 2011 (<https://sites.google.com/a/unisa.ac.za/kgomohome>)
- Book Review: Starbook by Ben Okri Published in New Voices, p. 91 - 93 in 2009, Vol. 5, no. 2 (www.unisa.ac.za/newvoices)
- 'Analogies between M. N. Roy's thoughts and Core Psychological Theories of Motivation' Presented at the National Seminar on the Philosophy on M. N. Roy and Narendra Dev in February 2006 at M. M. H. College (Ghaziabad, India)

- 'Surviving on the Edge' Published in Psychological Foundations, Vol. 5 in December 2002
- 'The Measurement of Hand Preference amongst Student Population in India' Presented at the International Neuropsychological Society, 28th Annual meeting February 2000 (Denver, Colorado) Published in the Journal of International Neuropsychological Society
- 'Socio-demographic Profile and Psychiatric Morbidity in HIV-seropositive Defense Personnel' Published in the Indian Journal of Psychiatry, 3rd edition in 1997
- 'Hypnotherapy' Published in the Indian Psychologist, 2 in 1997

Special Interests

SPECIAL INTERESTS:

Neuropsychological assessment and Rehabilitation of:

- Traumatic Brain injury
- CVA (stroke)
- Alzheimer's
- Parkinson's Disease
- Epilepsy
- Migraine/ Headache
- Multiple Sclerosis

Psychological counselling/ therapy for:

- Stress management
- Depression management
- Anxiety
- Dissociative disorders
- Other psychological issues
- Post-Traumatic Stress Disorder
- Behavioural, and cognitive assessment and intervention for children
- Counselling for substance addiction- management for clients, families, caregivers

Membership

- Rehabilitation Council of India
- American Psychological Association
- Indian Psychiatric Society
- Indian Science Congress
- International Society of Neuropsychology
- South African Clinical Neuropsychological Association

List of Treatments

Doctors Treatment

[Past Life Regression Therapy](#)

[Pranic Psychotherapy](#)

[Psychotherapy For Couples](#)

[Psychotherapy Adult](#)

[Sensory Integration Therapy](#)

[Sex Therapy](#)

[Sexual Therapy](#)

[Stress Treatment](#)

List of Conditions Treated

Doctors Condition

[Sexual Disorder Rehabilitation](#)

[Sexual Disorders](#)

[Anxiety Disorder Counselling](#)

[Dementia](#)

[Spiritually Based Psychotherapist](#)[Spiritually](#)

[morning-wood](#)

[pre-marital-counselling](#)

[Relationship Problems](#)

[relationship-counselling](#)

[Premarital Counseling](#)

[nervousness](#)
[Psychometric Testing](#)
[Psychoanalysis](#)
[Psychoanalysis To Mourning](#)
[Psychoanalysis To Suicide](#)
[Psychological Diagnosis Adult And Child](#)
[Psychological Problems](#)
[Psychological Services](#)
[Psychomotor](#)
[Psychosexual Problems](#)
[Adult Counselling](#)
[School Refusal](#)
[Sexual And Gender Identity Issues](#)
[Sexual Weakness](#)
[Applied Behaviour Analysis For Autism](#)
[Family Problems](#)
[Early Parenting Issues](#)
[Concentration Problems](#)
[Child Psychology](#)
[Child And Adolescents Behavioural Problems Tr](#)
[Child And Adolescent Problems](#)
[Stress Management Specialist](#)
[Stress Management Counselling](#)
[Stress Management](#)
[Stress Echocardiography](#)
[Stress](#)

Frequently Asked Questions

Where does Dr. Namita Singh practice?

Dr. Namita Singh currently practices at Apollo Health City Jubilee Hills, located in Hyderabad.

Who is Dr. Namita Singh?

Dr. Namita Singh is a highly experienced Psychologist with 24 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments.

Why do patients choose Dr. Namita Singh?

Patients trust Dr. Namita Singh for her expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

What is Dr. Namita Singh's specialization?

Dr. Namita Singh specializes in Psychology, with expertise in Past Life Regression Therapy, Pranic Psychotherapy, Psychotherapy For Couples, Psychotherapy Adult, Sensory Integration Therapy, Sex Therapy, Sexual Therapy, Stress Treatment.

What are Dr. Namita Singh's medical qualifications?

Dr. Namita Singh holds prestigious qualifications, including Ph.D. in Psychology, M.Phil.-Specialization Neuropsychology.

How many years of experience does Dr. Namita Singh have?

Dr. Namita Singh has 24 years of experience in the medical field, treating various conditions related to Psychology.

How can I book an appointment with Dr. Namita Singh?

You can book an appointment with Dr. Namita Singh through:

Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.