

Dr Pravin Padalkar

MBBS,MS

14 + Years experience



Dr Pravin Padalkar is a top Spine Surgeon in Mumbai at Apollo Hospitals Navi Mumbai . Book appointment online with Dr Pravin Padalkar at Ask Apollo.

Hospitals

[Apollo Hospitals, Mumbai](#)

Doctor's Working Weekdays

Tue - Thu

Doctor's Working Hours

17:00 -19:00

Doctor's Slot Timings

TUE - 17:00 -19:00 THU - 17:00 -19:00 TUE - 17:00 -19:00 THU - 17:00 -19:00

Overview

Dr. Pravin Padalkar is a highly skilled Spine Surgeon based in Mumbai, Maharashtra, with over 14 years of extensive experience in the field of spine surgery. He

completed his MBBS from Seth GS Medical College and KEM Hospital in 1999, followed by an MS in Orthopaedics Surgery from the same institution in 2005. His dedication to advancing his expertise led him to pursue a fellowship in spine surgery in Singapore from 2006 to 2008.

Currently associated with Apollo, Dr. Padalkar is a noted authority in minimally invasive and micro endoscopic spine surgeries. He has a strong background in artificial disc replacement and is well-versed in complex and revision spine surgeries, making him a sought-after specialist for patients with sophisticated spine conditions. Furthermore, he served as an Associate Professor in the Orthopaedic Surgery Department at MGH Medical College in Navi Mumbai, contributing to the education and training of future orthopedic surgeons.

Fluent in English, Dr. Padalkar is committed to providing comprehensive care tailored to each patient's unique needs. His approach combines advanced surgical techniques with compassionate patient consults, ensuring a supportive experience for those seeking treatment for spine-related issues. With a passion for innovation in spinal health, Dr. Pravin Padalkar continues to make significant contributions to the field, helping patients regain mobility and improve their quality of life.

Experience

- I am currently working since Jan 2016 as Professor & Head with Department Of Orthopaedics & Spine Surgery at Raigad Hospital & Research Center and Dr NYT Institute of Health Sciences (Proposed), Bhivpuri Rd , karjat.
- The institute hospitals are one of tertiary referral center for surgical cases from all over Raigad district. The surgical spectrum encompasses all kind of Spinal pathologies from degenerative infections and deformities to high cervical spine pathologies and spinal trauma cases
- I worked as Associate Professor & Spine Surgeon Consultant with MGM University Hospital College & group Hospitals affiliated to MGM University of health Sciences, Navi Mumbai since Dec 2008 to dec 2015. The surgical spectrum encompasses all kind of Spinal pathologies from degenerative infections and deformities to high cervical spine pathologies and spinal trauma cases.
- The institute hospitals are one of tertiary referral center for surgical cases from all over Navi Mumbai and Raigad district. My teaching duties involve training of the undergraduate and postgraduate student of orthopedics together with

nursing and physiotherapy staff.

Awards

- Gold Medal in Ophthalmology examination 1995. Stood first in Bangalore University Examination
- Gold Medal for best paper publication 2007 at Sir Ganga Ram Hospital, New Delhi
- Number of awards in extracurricular activities
- Best Video Award
- Hepatic Duct Transection Technique in Living Donor Liver Transplantation. XXII National Conference of Indian Association of Surgical Gastroenterology. Jaipur 2012
- Best Video Award Right Posterior Sector Graft: Understanding the Concept. XXIV National Conference of Indian Association of Surgical Gastroenterology. Gujarat Convention Centre. October 2, 2014 – October 5, 2014

Research and Publication

- Bipedicular Fixation of affected vertebrae in thoracolumbar burst fractures
Journal of Clinical & Diagnostic Research 2017| April:11(4):RCO4-RCO7
- Vacuum assisted closure (VAC) in patients with post-operative infections after instrumented spine surgery: A case series twelve cases, Journal of Orthopaedic Case Reports 2017 Jan-Feb;7(1): Page: 95-100
- Chronic Neglected Irreducible Atlantoaxial Rotatory Subluxation In Adolescence: Case Report Journal of Craniovertebral Junction and Spine / Jul-Sep 2016 / Volume 7 / Issue 3
- Solid Variant Of Aneurysmal Bone Cyst (S-ABC) of Thoracic Spine
- Posterior Reconstruction of Vertebral Body using Expandable Cage for L5 Burst Fracture Dislocation: Case Report, Journal of Orthopaedic Case Reports 2014 April-June;4(2): Page 5-9
- Predictors of surgical outcome of spinal metastasis Indian Journal of Orthopaedics 2011, Vol 45, Issue 4, 307-313

- Trans-illiosacral plating for unstable sacral spine fractures associated with spinopelvic dissociation Indian Journal of Orthopaedics Year : 2012 ,
- Volume : 46 , Issue : 3 , Page : 274-278
- Immediate adjacent level vertebral level compression fracture following percutaneous kyphoplasty The Journal of Maharashtra Orthopaedic Association (ISSN 2278 - 6651) Year 2012;7(3):9-11

Special Interests

- Minimally Invasive Spine Surgery
- Endoscopic Spine Surgery
- Spinal Deformity
- Scoliosis and Khyphosis Correction
- Revision Spine Surgery

Membership

- North American Spine Society, Life Membership
- Association of Spine Surgeons of India, Life Member
- AOSPINE , Associate Membership

List of Treatments

Doctors Treatment

[Spinal Therapy](#)

[Cervical Spondylitis Treatment](#)

[Spinal Cord Injury Treatment](#)

List of Conditions Treated

Doctors Condition

[Spine Injury](#)

[Spinal Diseases](#)

[Spinal Fusion](#)

[Spinal Orthoses](#)

[Spinal Truma](#)

[Spine](#)

[Spondylitis](#)

[Slip Disc](#)

[Degenerated Disc](#)

[Cervical Problem](#)

[Spinal Canal Stenosis](#)

[Spinal Cord Stimulation Devices](#)

[Spinal Cord Stimulation Paddle Lead](#)

Frequently Asked Questions

Where does Dr. Pravin Padalkar practice?

Dr. Pravin Padalkar practices at Apollo Hospitals, Navi Mumbai. This hospital offers comprehensive healthcare services and advanced medical technology.

Who is Dr. Pravin Padalkar?

Dr Pravin Padalkar is a renowned Spine Surgeon with over 14 years of experience. He practices in Mumbai at Apollo Hospitals Navi Mumbai. Dr Pravin Padalkar holds a degree in MBBS,MS. He provides treatments including Spinal Therapy, Cervical Spondylitis Treatment, Spinal Cord Injury Treatment. He specializes in treating conditions like Spine Injury, Spinal Diseases, Spinal Fusion.

Why do patients choose Dr. Pravin Padalkar?

Patients seek Dr. Pravin Padalkar's expertise for treatment of back pain, neck pain, and spinal disorders. He is a leading orthopedist specializing in these areas.

What is Dr. Pravin Padalkar's specialization?

Dr Pravin Padalkar specializes in Spine Surgery. He has expertise in treating conditions such as Spine Injury, Spinal Diseases, Spinal Fusion. His key treatments

include Spinal Therapy, Cervical Spondylitis Treatment, Spinal Cord Injury Treatment.

What are Dr. Pravin Padalkar's medical qualifications?

Dr Pravin Padalkar holds MBBS,MS, reflecting his comprehensive education in the field of Spine Surgery.

How many years of experience does Dr. Pravin Padalkar have?

Dr. Pravin Padalkar has 14 years of experience in orthopedics. His professional history details his extensive experience in the field.

How do I schedule an appointment with Dr. Pravin Padalkar?

To schedule an in-person appointment with Dr. Pravin Padalkar, please use our online appointment system. This allows convenient booking of your consultation.