

Dr Rakhi Anand

Ph.D Clinical Psychology
28 + Years experience



Dr Rakhi Anand is a top Psychologist in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr Rakhi Anand at Ask Apollo.

Hospitals

[Apollo Hospitals, Delhi](#)

Doctor's Working Weekdays

Mon

Doctor's Working Hours

16:00 -16:30

Doctor's Slot Timings

MON - 16:00 -16:30

Overview

Dr. Rakhi Anand is a highly experienced psychologist based in South Delhi, with an impressive 28 years in the field of clinical psychology. As a dedicated professional, she holds a Ph.D. in Clinical Psychology, equipping her with extensive knowledge and skills to address a variety of mental health concerns. Fluent in English, Hindi, and Punjabi, Dr. Anand is able to connect with a diverse range of patients, ensuring that language is never a barrier to receiving essential psychological support. Her compassionate approach and profound understanding of psychological issues make her an invaluable resource for individuals seeking help. Dr. Anand practices at Apollo, a leading healthcare institution known for its commitment to patient care and well-being. Her expertise spans numerous areas within psychology, allowing her to provide tailored therapy and interventions to meet the unique needs of each patient. Whether you're dealing with anxiety, depression, relationship issues, or other psychological challenges, you can trust Dr. Rakhi Anand to provide an empathetic ear and effective treatment options. By prioritizing patient comfort and understanding, she fosters a safe environment where individuals can openly share their thoughts and feelings, leading to a path of healing and personal growth.

Experience

- Full Time Senior Consultant Clinical Psychologist at **INDRAPRASTHA APOLLO HOSPITAL**, New Delhi since 2006.
- Former Full time Consultant Clinical Psychologist at VIMHANS, New Delhi since 1995 - 2008.
- Former Senior Advisor and Consultant Psychologist in UN Project for International Refugees in India managed by 'Donbosco' , New Dehi.
- 3years External Teaching Faculty at "Rajkumari Amritkaur Nursing College", N.D.

- Former Consultant Psychologist at “Mata Chanan Devi Hospital”, Janakpuri, New Delhi.
- Former Consultant Psychologist at “Tihar Jail” in a project for the rehabilitation of Drug Addicts.
- Invited as Advisor and Speaker for Critical Issues in Corporate like: EIL, Whirlpool, Hero Honda, Max New York Life.
- Contributed Articles & Expert Advice columns in leading Magazines and Newspapers like: Parenting, Hindustan Times, Times of India & Indian Express.
- Frequent Speaker on Radio FM 94.30.

Awards

- Guest speaker at Telangana state Conference of Association of Oral and Maxillofacial Surgery
- Scientific Committee Chairperson for 1st Telangana state Conference of Association of Oral and Maxillofacial Surgeon
- Chaired academic session of poster and paper presentation for post graduate students
- Presented Papers at National and state level conferences

Research and Publication

Contributes articles in Hindustan times, Times, and other leading News papers and magazines

Special Interests

Clinical Psychology

Membership

- Delhi Psychiatric society
- Indian Association of clinical psychologist

- Indian Association of private psychiatry

List of Treatments

Doctors Treatment

[Acute Diarrhea Treatment](#)

[Past Life Regression Therapy](#)

[Pranic Psychotherapy](#)

[Psychotherapy For Couples](#)

[Psychotherapy Adult](#)

[Sensory Integration Therapy](#)

[Sex Therapy](#)

[Sexual Therapy](#)

[Stress Treatment](#)

List of Conditions Treated

Doctors Condition

[Sexual Disorder Rehabilitation](#)

[Sexual Disorders](#)

[Anxiety Disorder Counselling](#)

[Spiritually Based Psychotherapist Spiritually](#)

[morning-wood](#)

[pre-marital-counselling](#)

[Relationship Problems](#)

[relationship-counselling](#)

[Premarital Counseling](#)

[nervousness](#)

[Psychometric Testing](#)

[Psychoanalysis](#)

[Psychoanalysis To Mourning](#)

[Psychoanalysis To Suicide](#)

[Psychological Diagnosis Adult And Child](#)

[Psychological Problems](#)

[Psychological Services](#)

[Psychomotor](#)
[Psychosexual Problems](#)
[Adult Counselling](#)
[School Refusal](#)
[Sexual And Gender Identity Issues](#)
[Sexual Weakness](#)
[Applied Behaviour Analysis For Autism](#)
[Family Problems](#)
[Early Parenting Issues](#)
[Concentration Problems](#)
[Child And Adolescent Problems](#)
[Stress Management Specialist](#)
[Stress Management Counselling](#)
[Stress Management](#)
[Stress Echocardiography](#)
[Stress](#)

Frequently Asked Questions

Where does Dr. Rakhi Anand practice?

Dr. Rakhi Anand currently practices at Apollo Hospitals, located in Delhi.

Who is Dr. Rakhi Anand?

Dr. Rakhi Anand is a highly experienced Psychologist with 28 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments. Her areas of expertise include Acute Diarrhea Treatment, Past Life Regression Therapy. She also treats conditions such as Sexual Disorder Rehabilitation, Sexual Disorders.

Why do patients choose Dr. Rakhi Anand?

Patients trust Dr. Rakhi Anand for her expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the

latest medical advancements and ensures personalized treatment for every patient.

What is Dr. Rakhi Anand's specialization?

Dr. Rakhi Anand specializes in Psychology, with expertise in treatments for Acute Diarrhea Treatment, Past Life Regression Therapy.

What are Dr. Rakhi Anand's medical qualifications?

Dr. Rakhi Anand holds prestigious qualifications, including Ph.D Clinical Psychology.

How many years of experience does Dr. Rakhi Anand have?

Dr. Rakhi Anand has 28 years of experience in the medical field, treating various conditions related to Psychology.

How can I book an appointment with Dr. Rakhi Anand?

You can book an appointment with Dr. Rakhi Anand through:

Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.