



## Dr Ramesh Sarin

MBBS, MS, FRCS 40 + Years experience

Dr Ramesh Sarin is a top Surgical Oncologist in Delhi at Apollo Hospitals Delhi, Apollo Hospitals Noida . Book appointment online with Dr Ramesh Sarin at Ask Apollo.

### Hospitals

[Apollo Hospitals, Delhi](#) ,

#### Doctor's Working Weekdays

Mon - Thu

#### Doctor's Working Hours

09:00 -13:00

#### Doctor's Slot Timings

MON - 09:00 -13:00 THU - 09:00 -13:00

## Overview

Dr. Ramesh Sarin is a distinguished Surgical Oncologist based in Delhi, with an impressive experience spanning over 40 years in the field of oncology. She holds a strong academic background with qualifications that include MBBS, MS, and FRCS, equipping her with the knowledge and skills to provide comprehensive care in cancer treatment. As a female specialist in a predominantly male field, Dr. Sarin continues to pave the way for women in medicine, demonstrating exceptional dedication to her patients and the broader medical community.

Fluent in English, Hindi, and Punjabi, Dr. Sarin ensures effective communication with a diverse range of patients. Her practice at Apollo is marked by a personalized approach, tailoring treatment plans to meet the unique needs of each individual. Dr. Sarin is renowned for her insightful diagnosis and innovative surgical techniques, which have contributed to improved outcomes in her patients. Although she has not pursued specific awards yet, her reputation as a leading surgical oncologist speaks volumes through the numerous lives she has positively impacted. Dr. Sarin's commitment to continuous learning and adapting to the latest advancements in oncology makes her a reliable choice for patients seeking expert care. Whether you are undergoing surgical treatment or looking for preventative advice, Dr. Ramesh Sarin's™ wealth of experience and compassionate nature guarantee that you are in capable hands.

## Experience

Worked in UK for 6 yrs, where I obtained FRCS degree.

Assistant Prof. of surgery at AIIMS from Jan.1975 to Dec.1982.

Associate Prof. of surgery at AIMMS from Jan 1983 till 1986.

Fellow ship in surgical Oncology at Memorial Sloane Kettering cancer centre Newyork in 1979 to 1980

Head surgical oncology at Mafrao Hospital on Ministry of health, Abu Dhabi UAE ( helped in starting a cancer centre in UAE)

Founder member and initiated and atarted Indian Society of Oncology (ISO) the only platform in India for Oncology Meetings.

# Awards

- Passionate about breast cancer awareness for doctors and public at large.
- Chairperson of an NGO called "Forum for Breast Protection".
- Produced a short educational film on breast self-examination and breast cancer awareness.

## Special Interests

Conservative breast surgery

Sentinel node biopsy

All kinds of breast reconstructive surgeries

Surgical management

## Research and Publication

Kapur, B.M.L. Guleria, J.S. Ghei, R.N. Sarin R. Leukaemic Infiltration of the breast Indian Journal of Cancer 5, 287, 1968

Kapur B.M.L., Sarin R. Gigantomastia International Surgery 50, 480, 1968

Sarin R., Kapur. B.M.L. Carcinoma of Prostate presenting as an epigastric lump Indian Journal of Cancer 6, 114, 1969

Upadhyaya. P, Rao. B.N.B, Nayak. N.C., Sarin R. Use of low molecular weight dextran in experimental haemorrhagic shock The Indian Practitioner 23, 561, 1970

Upadhyaya. P, Rao B.N.B, Nayak. N.C. Sarin R. Experimental evaluation of low molecular weight dextran therapy in irreversible hemorrhagic shock Indian Journal of Medical Research. December. 1970

Kapur. B.M.L, Upadhyaya, P. Sarin. R., Gupta R.K. Squamous cell carcinoma of Renal Pelvis International Surgery February, 1971.

Sarin R. Surgical management of acute upper gastrointestinal bleeding in portal hypertension Bulletin of the All India Institute of Medical Sciences. 2, 281, 1977

Kapur, M.M. Sarin. R. Vinod Kumar Evaluation of Propranolol in the pre - operative control of thyrotoxicosis Indian Journal of Medical Research 67, 453 - 461, 1978

Sarin. R., Prakash. A. Cancer of the mouth Cancer Foundation News Vol. XI, December, 1980.

Kapur. M.M., Ahuja, M.M.S, Sarin. R. Cushing syndrome Jr. Assoc. Physicians of India 29, 537, 1981

Kapur. M.M, Verma, K. Sarin R., Kochupillai. N. Ahuja. M.M.S. Thyrotoxicosis and thyroiditis Jr. Assoc. Physicians of India. 29, 537, 1981.

Sarin. R, Kapur. B.M.L, Mohan. C.R. Role of adjuvant chemotherapy in the management of breast cancer in India. In Breast Cancer in India Monogram Publishers : Vikas Publishers Editor: M.P. Vaidya 1982.

Sarin. R., Kapur. B.M.L, Jain Dass S. Oestrogen Receptors and Breast Cancer in India In Breast Cancer in India Monogram Published by N.P. Vaidya, Vikas Publishers 1982

Kapur. M.M, Sarin R, Karmarker. M.G., Sarda. A.K. Solitary Thyroid Nodule Indian Journal of Surgery 44, 174 - 179, 1983

Sarin. R, Verma K., Krishna A, Kapur B.M.L. Correlation of oestrogen receptor protein and Histopathological characteristics of Primary Breast Cancer Indian Journal of Surgery, December, 1982

Sarin. R, Verma. K, Dass. S. Tuberculosis of the Breast - Review of 17 cases Indian Journal of Surgery 1983

Mohan. D, Verma. K, Kapur. B.M.L, Sarin R. Carcinoma of breast Lymphnode clearance with different operative procedures Indian Journal of Surgery 1983

Kapur. M.M, Sarin, R, Ali Basit Farooq. A Oestrogen Receptor protein and Tumor Cell Population in Human Primary Breast Cancer British Journal of Cancer - Submitted

Sarin. R, Verma. K., Kapur. M.M. Focal and diffuse thyroiditis in thyroid disorders, "A clinicopathological correlation" . Jr. of Indian Medical Research 1983

## Frequently Asked Questions

### 1. Where does Dr. Ramesh Sarin practice?

Dr. Ramesh Sarin's practice is located at Apollo Hospitals, Delhi. This hospital offers comprehensive healthcare services and is known for its expert doctors.

### 2. Who is Dr. Ramesh Sarin?

Dr Ramesh Sarin is a renowned Surgical Oncologist with over 40 years of experience. She practices in Delhi at Apollo Hospitals Delhi. Dr Ramesh Sarin holds a degree in MBBS, MS, FRCS. She provides treatments including Rectum Cancer Treatment, Thyroid Cancer Treatment. She specializes in treating conditions like , Breast Cancer, Liver Cancer.

### 3. Why do patients visit Dr. Ramesh Sarin?

Patients choose Dr. Ramesh Sarin for expertise in Piles Treatment, Non-Surgical Fat Loss, and Rhinoplasty. For a detailed view of his medical services, please consult his profile.

### 4. What is Dr. Ramesh Sarin's specialization?

Dr Ramesh Sarin specializes in Surgical Oncology. She has expertise in treating conditions such as , Breast Cancer, Liver Cancer. Her key treatments include Rectum Cancer Treatment, Thyroid Cancer Treatment.

### 5. What are Dr. Ramesh Sarin's medical qualifications?

Dr Ramesh Sarin holds MBBS, MS, FRCS, reflecting her comprehensive education in the field of Surgical Oncology.

### 6. How many years of experience does Dr. Ramesh Sarin have?

Dr. Ramesh Sarin possesses 61 years of experience in the medical field.

### 7. Who is a general surgeon?

A general surgeon is a highly skilled physician specializing in surgical treatment of diverse, prevalent diseases. They perform a wide array of common surgeries.

### 8. What surgical procedures does a general surgeon perform?

General surgeons perform a wide range of surgeries. These include procedures on the digestive tract (esophagus and related organs), abdomen and its contents, appendicitis, hernias, gallbladder, breast, skin, soft tissues, and the endocrine system. Our skilled surgeons offer comprehensive surgical care.

### 9. Can a general surgeon perform cancer surgery?

Oncologic surgery requires specialized training. A general surgeon specializing in oncology, following completion of general surgical training, is qualified to perform cancer surgeries. This specialization ensures expertise in cancer treatment through surgical procedures.

### 10. How does a general surgeon differ from a specialist surgeon?

General surgeons possess extensive expertise in diverse surgical procedures across various body regions, encompassing pre-operative, intra-operative, and post-operative care, including trauma management. Specialist surgeons, following general surgical training, undertake further specialized training in a specific

body system; for instance, orthopedic surgery.