

Dr Ravi Teja Rudraraju

MBBS, MS (Ortho), FAOA (Australia), FISM (USA), FIJR (S.Korea)

9 + Years experience



Dr Ravi Teja Rudraraju is a top Orthopedics & Sports Medicine in Hyderabad at Apollo Health City Jubilee Hills . Book appointment online with Dr Ravi Teja Rudraraju at Ask Apollo.

Hospitals

[Apollo Health City, Jubilee Hills](#)

Doctor's Working Weekdays

Mon - Sat

Doctor's Working Hours

09:00 -17:30

Doctor's Slot Timings

MON - 09:00 -17:30 TUE - 09:00 -17:30 WED - 09:00 -17:30 THU - 09:00 -17:30 FRI -

09:00 -17:30 SAT - 09:00 -17:30 MON - 09:00 -17:30 TUE - 09:00 -17:30 WED - 09:00 -17:30 THU - 09:00 -17:30 FRI - 09:00 -17:30 SAT - 09:00 -17:30

Overview

Dr. Ravi Teja Rudraraju is a highly specialized orthopedic surgeon dedicated to sports medicine, with an impressive experience of 9 years in the field. Based in Hyderabad, Telangana, he is known for his in-depth understanding of orthopedic conditions related to sports and physical activity. Dr. Rudraraju has pursued extensive education, holding qualifications including MBBS, MS in Orthopedics, and specialized training from leading institutions, including FAOA in Australia, FISM in the USA, and FIJR in South Korea. His expertise encompasses a range of orthopedic injuries and surgeries, helping athletes and active individuals return to their sports and activities safely and effectively. Dr. Rudraraju is fluent in multiple languages: English, Hindi, and Telugu, allowing him to connect with a diverse patient base. His focus on sports medicine makes him a crucial resource for anyone coping with joint or muscle injuries derived from sports. Committed to ongoing education and advancements in medical technology, he stays current with the latest methods in orthopedic treatment to provide the highest quality of care. Dr. Rudraraju aims not just to treat injuries but also to educate his patients on preventive measures and rehabilitation, ensuring a comprehensive approach to their recovery and long-term health.

Experience

- Royal North Shore Hospital & Royal Prince Alfred Hospital, SORI & University of Sydney, Australia (July 2021 to June 2022)
- Avenue Hospital & Ramsay Health, Melbourne, Australia (Jan 2020 to June 2021)
- International Post-Doctoral Adult Reconstruction Fellow at Geisinger Clinic, Danville, PA, USA (June 2019 to June 2020)
- Visiting Fellow in Sports Medicine Surgery, Cleveland Clinic, Weston, Florida, USA (August 2018 to June 2019)
- Senior Resident Doctor at Dept. of Orthopaedics, Gandhi Medical College, Hyderabad, India (July 2017 - June 2018)
- International Clinical Fellow in Hip and Knee Arthroplasty (Revision Surgery) at Dongtan Sacred Heart Hospital, Hallym University, South Korea (August 2017 to

December 2017)

- Post-Graduate Academic Junior Resident at SVS Medical College, Mahbubnagar, India (June 2014 to May 2017).
- Non-Academic Junior Resident Doctor in Orthopedics at VMMC & Safdarjung Medical College, New Delhi. (June 2013 to May 2014)

Awards

- Founder Secretary API Bhubaneswar City
- President Elect IMA Bhubaneswar

Research and Publication

- Robotic-Arm Assisted Technology's Impact on Knee Arthroplasty and Associated Healthcare Cost. D.J. Kolessar, J.L. Harding, R.T. Rudraraju, D. Hayes, J.H. Graham. Journal of Health Economics and Outcomes Research. July 2022
- Assessment of 3D Automated Software to Predict Postoperative Impingement Free Range of Motion After Reverse Shoulder Arthroplasty. BK Sheth, DJL Lima, M Drummond, J Grauer, RT Rudraraju, VJ Sabesan.
<https://doi.org/10.1053/j.sart.2021.05.006> Seminars in Arthroplasty: JSES
- The Impact of Robotic-arm Assisted Technology on Knee Arthroplasty Healthcare Costs and Utilization, D.J. Kolessar, J.L. Harding, R.T. Rudraraju, D. Hayes, J.H. Graham Orthopaedic Proceedings Vol. 103-B, No. SUPP_1, The Bone and Joint Journal. International Society for Technology in Arthroplasty (ISTA) meeting, New Early-Career Webinar Series (NEWS), held online, November 2020. Free Access Published Online: 9 Feb 2021
- Osteotomy Complications: Prevention and Cure. R Rudraraju, J Shatrov, B Fritsch Asian Journal of Arthroscopy 6 (2), 46-53, Feb 2022 DOI: 10.13107/aja.2021.v06i02.034
- Regenerative medicine: what can it do for me? Arjun Meiyappan, Ravi Teja Rudraraju, Bhavya Sheth, Kiran Chatha, Farah Tejpar, Vani Sabesan, Siddharth Kundal, Christian Martinez. International Journal of Complementary & Alternative Medicine.
- Optimizing The Use of Liposomal Bupivacaine in Shoulder Arthroplasty Vani Sabesan, Kiran Chatha, Ravi Teja Rudraraju, Shawn Hall, Andres Guerrero,

Shimron Brown, Christian Martinez, Gregory Gilot. Journal of Orthopaedic Experience & Innovation.

- 3D Preoperative Planning Accurately Guides Surgeons for Intraoperative Implant Selection in Shoulder Arthroplasty. VJ Sabesan, RT Rudraraju, B Seth, J Grauer Seminars in Arthroplasty: JSES, 2020.
- Reliability and Accuracy of 3D Preoperative Planning software for Glenoid Implants in Total Shoulder Arthroplasty VJ Sabesan, DJL Lima, RT Rudraraju, M Wilneff, B Sheth, J Yawman. Seminars in Arthroplasty: JSES
- Patelloplasty in total knee arthroplasty with circumpatellar denervation versus without denervation – a randomized prospective study. Deekshith, S.R.K., Reddy, K.J. & Raviteja, R. Arthroplasty 2, 26 (2020).
- Does Acromion Anatomy Affect the Risk of Acromion Stress Fracture after Reverse Shoulder Arthroplasty? Vani JSabesan, MD Diego JLLima, MD Ravi T Rudraraju, MD YangYang, MS MatthewStankard, BS Bhavya KSheth, BS William WLiou, PhD. Seminar in Arthroplasty in JSES
- A prospective randomised controlled study in patients undergoing patelloplasty in total knee replacement with coagulation diathermy and without coagulation diathermy. Raviteja Rudraraju, Anoop Nippuleti, Mirza Shahrukh Baig, Srivanth Dasari
- A study on correlation between arthroscopy and MRI in internal derangement of knee. Anoop Nippuleti*, Raviteja Rudraraju, Srivanth Dasari, Mirza Shahrukh Baig International Journal of Research in Orthopaedics. Nippuleti A et al. Int J Res Orthop. 2018 Jul;4(3):xxx-xxx <http://www.ijoro.org>
- Clinical profile of patients with distal humerus intercondylar fractures, Dr. Mirza Shahrukh Baig, Dr. Srivanth Dasari, Dr. Raviteja Rudraraju, and DOI: 10.22271/ortho.2018.v4.i2d.31 International.Journal.of.Orthopaedic.Sciences Int. J. Orthod. Sci., 2018; 4(2): 212-214
- Clinical profile of patients with intertrochanteric fractures of hip attending tertiary care hospital Srivanth Dasari*, Mirza Shahrukh Baig, Anoop Nippuleti, Raviteja Rudraraju International Journal of Research in Orthopaedics Dasari S et al. Int J Res Orthop. 2018 Jul;4(3)
- Total Knee Replacement for Osteoarthritic Knees with Stress Fractures of Proximal Tibia Using Total Knee Prosthesis with a Long Tibial Stem- A Prospective study. Ravi Teja R, Reddy KJ, Dikshith SRK. Journal of Orthopaedic Association of South Indian States- JOASIS volume 13, August 2016.
- Comparison of anterior knee pain following patellar denervation versus non-denervation in Total Knee Arthroplasty. A randomized controlled trail. Reddy KJ,

Dikshith SRK, Raviteja R. Journal of Orthopaedic Association of South Indian States- JOASIS volume 16 AUG 2017.

- A Rare case report of Parosteal Lipoma of the Fibula in a 14 yr old boy Reddy KJ, Dikshith SRK, Raviteja R - Journal of Orthopaedic Association of South Indian States JOASIS volume 15 Feb 2017.
- Optimizing The Use of Liposomal Bupivacaine in Shoulder Arthroplasty. Vani J.Sabesan MD, Ravi Teja Rudraraju MD, Christian Martinez BS, Kiran

Membership

- AOA Fellow in Sports medicine and Complex Knee Surgery, University of Sydney, Australia
- Fellow in Sports Medicine, Cleveland Clinic, USA
- AOA Fellow in Robotic Joint Surgery, Melbourne, Australia
- Clinical Research Fellow in Adult Reconstruction, Geisinger Clinic, USA
- Fellow in Arthroplasty, Hallym University, South Korea

Professional Memberships:

- Medical Council of India
- Delhi Medical Council
- Telangana Medical Council
- Florida Board of Medicine
- Australian Health Practitioners Registration Authority
- Royal Australasian College Surgeons
- International Society of Arthroscopy, Knee Surgery and Orthopedic Sports Medicine (ISAKOS)
- International Society for Surgeons in Arthroscopy and Arthroplasty
- American Academy of Orthopedic Surgeons
- Indian Orthopedic Association
- Indian Society of Hip and Knee Surgeons
- India Arthroplasty Association
- Telangana Orthopedic Surgeons Association

List of Treatments

Doctors Treatment

[Sports Injury Treatment Management](#)

[Regenerative Therapy For Joints](#)

[Rotator Cuff Injury Treatment](#)

[Tailbone Pain Treatment](#)

[Sciatica Pain Treatment](#)

[Osteoarthritis Treatment](#)

[Osteoporosis Treatment](#)

[Arthritis And Pain Management Treatment](#)

[Arthritis Treatment](#)

[Articular Degenerative Disease Treatment](#)

[Articular Pain Treatment](#)

[Back Pain Treatment](#)

[Trauma Injury Physiotherapy Rehab](#)

[treatment-for-arthritis](#)

[Treatment For Back Ache](#)

[Treatment For Calcaneal Spur](#)

[Treatment For Cervical Spondilitis](#)

[Treatment For Knee Joint Pain Non Surgical](#)

[Treatment For Osteoarthritis](#)

[Treatment For Pain Aches](#)

[Treatment For Rheumatoid Arthritis](#)

[Treatment For Spine Problem](#)

[De Quervain S Tenosynovitis Treatment](#)

[Chronic Joint Pain Treatment](#)

[Post Surgery Physiotherapy Rehabilitation](#)

[PRP Therapy](#)

List of Conditions Treated

Doctors Condition

[Sports Injury Evaluation And Rehabilitation](#)

[Sports Injury Prevention](#)

[Joints And Musculoskeletal Disorders](#)

[Tendon Injury](#)

[Elbow Injury](#)
[Degenerative Joint Disease](#)
[Sports Injury](#)
[Meniscus Injury](#)
[Posterior cruciate ligament injury](#)
[Achilles Tendon Rupture](#)
[Ankle Sprain](#)
[Achilles Tendon Tear](#)
[Anti Doping Counselling In Sports](#)
[Bursitis](#)
[Hip Pain](#)
[Spinal Muscular Atrophy](#)
[Golfer S Elbow](#)
[Periarthritis Shoulder](#)
[Plantar Fascitis](#)
[Podiatry Sports](#)
[Hamstring Strain](#)
[Hand And Wrist Injuries](#)
[Popliteal Bursitis](#)
[Heel Pain](#)
[Sports Medicine](#)
[Sports Nutrition](#)
[Joint And Muscle Problems](#)
[Joint Pain](#)
[Runner S Knee](#)
[Knee Dislocation](#)
[Knee Injuries](#)
[knee problems](#)
[Kneecap Dislocation](#)
[Kneecap Pain](#)
[Taping](#)
[Lateral Epicondyle Release Tennis Elbow](#)
[Leg Fracture](#)
[Shin Bone Pain](#)
[Shoulder Impingement](#)
[Shoulder Injuries](#)
[Shoulder Pain](#)

[Shoulder Slap Tear Lesions](#)

[Orthopedic Consultation](#)

[Osteoarthritis](#)

[Osteoarthritis Of The Knee](#)

[Osteogenesis Imperfecta](#)

[Osteomyelitis](#)

[Osteopetrosis](#)

[Osteopoikilosis](#)

[Osteoporosis](#)

[Osteoporosis Rehabilitation](#)

[Tendonitis](#)

[Tenosynovitis](#)

[Wrist Problems](#)

[Arthritis And Pain Management](#)

[Arthritis Management](#)

[Bone Trauma](#)

[Bone Spur](#)

[Bone Loss Management](#)

[Bone Fracture](#)

[Foot Pain](#)

[Foot Care](#)

[Flat Foot Issue](#)

[Finger Pain](#)

[Elbow Pain](#)

[Disk Slip](#)

[Disc Prolapse](#)

[Deformity](#)

[Coccydynia Tailbone Pain](#)

[Chondromalacia](#)

[Cervical Spondylosis](#)

[Calf Strains](#)

[Buttock Pain](#)

[Strains And Sprains](#)

[Strains](#)

[Stiff Elbow](#)

[Knee pain](#)

[Ankle Pain](#)

[Anterior Cruciate Ligament](#)
[Giant Cell Arteritis](#)
[Knee bursitis](#)
[Lateral Collateral Ligament](#)
[Medial Collateral Ligament](#)
[Posterior Cruciate Ligament](#)
[Partial \(Half\) Knee Replacement](#)
[Meniscus Tear](#)
[Total Knee Replacement](#)

Frequently Asked Questions

Where does Dr. Ravi Teja Rudraraju practice?

Dr. Ravi Teja Rudraraju currently practices at Apollo Health City Jubilee Hills, located in Hyderabad.

Who is Dr. Ravi Teja Rudraraju?

Dr. Ravi Teja Rudraraju is a highly experienced Orthopaedic & Sports Medicine Specialist with 9 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Sports Injury Treatment Management, Regenerative Therapy For Joints. He also treats conditions such as Sports Injury Evaluation And Rehabilitation, Sports Injury Prevention.

Why do patients choose Dr. Ravi Teja Rudraraju?

Patients trust Dr. Ravi Teja Rudraraju for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

What is Dr. Ravi Teja Rudraraju's specialization?

Dr. Ravi Teja Rudraraju specializes in Orthopedics & Sports Medicine, with expertise in treatments for Sports Injury Treatment Management, Regenerative Therapy For Joints.

What are Dr. Ravi Teja Rudraraju's medical qualifications?

Dr. Ravi Teja Rudraraju holds prestigious qualifications, including MBBS, MS (Ortho), FAOA (Australia), FISM (USA), FIJR (S.Korea).

How many years of experience does Dr. Ravi Teja Rudraraju have?

Dr. Ravi Teja Rudraraju has 9 years of experience in the medical field, treating various conditions related to Orthopedics & Sports Medicine.

How can I book an appointment with Dr. Ravi Teja Rudraraju?

You can book an appointment with Dr. Ravi Teja Rudraraju through:

Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.