

# Dr Sabhesan S

DPM, MNAMS, Phd

41 + Years experience



Dr Sabhesan S is a top Psychiatrist in Madurai at Apollo Speciality Hospitals Madurai . Book appointment online with Dr Sabhesan S at Ask Apollo.

## Hospitals

[Apollo Speciality Hospitals Madurai](#)

## Doctor's Working Weekdays

Thu - Sat

## Doctor's Working Hours

13:00 -14:00

## Doctor's Slot Timings

TUE - 13:00 -14:00 THU - 13:00 -14:00 SAT - 13:00 -14:00 TUE - 13:00 -14:00 THU - 13:00 -14:00 SAT - 13:00 -14:00

## Overview

Dr. Sabhesan S is a distinguished psychiatrist with over 41 years of experience in the field of mental health. He is based in Madurai, Tamil Nadu, and is well-versed in both English and Tamil, allowing him to effectively communicate with a diverse range of patients. Dr. Sabhesan holds several prestigious qualifications, including DPM (Diploma in Psychological Medicine), MNAMS (Member of the National Academy of Medical Sciences), and a PhD, which reflects his commitment to ongoing education and professional development in psychiatry.

As a dedicated practitioner at Apollo, Dr. Sabhesan is passionate about providing comprehensive psychiatric care and is known for his empathetic approach to treatment. He specializes in diagnosing and managing various mental health conditions, ensuring that each patient receives personalized care tailored to their specific needs. His extensive experience equips him with the insight and skills necessary to navigate the complexities of mental health disorders, making him a sought-after specialist in his field.

Dr. Sabhesan's decision to specialize in psychiatry stems from a desire to make a meaningful difference in the lives of individuals struggling with mental health issues. His compassionate nature, combined with his professional expertise, allows him to create a safe and supportive environment for his patients. Whether it's through therapy, medication management, or holistic approaches, Dr. Sabhesan is committed to helping individuals achieve optimal mental well-being. If you are looking for a trusted psychiatrist in Madurai with a deep understanding of mental health, Dr. Sabhesan S is an excellent choice.

## Experience

- 41 years of experience
- Presently working in Apollo Hospitals since last Assignment

## Research and Publication

- Presented about 90 papers in professional Conference, Authored about 80 articles in professional journals proceedings and as Book chapter, Contributed

to database on Post traumatic stress disorder at veterans hospitals,USA

## **Special Interests**

- Child & Adolescent Psychiatry

## **Membership**

- IPS

## **List of Treatments**

Doctors Treatment

[Adopted Child Syndrome Treatment](#)

[Personality Disorder Treatment](#)

[Remedial And Psychotherapy](#)

[Relaxing Treatments](#)

[Relaxing Chromotherapy](#)

[Schizophrenia Treatment](#)

[Anxiety Disorders Treatment](#)

[Autism Spectrum Disorders Treatment](#)

[Bipolar Disorder Treatment](#)

[treatment-for-depression-stress-strain](#)

## **List of Conditions Treated**

Doctors Condition

[Abandoned Child Syndrome](#)

[Adjustment Disorder](#)

[Adopted Child Syndrome](#)

[Eating disorders](#)

[Mood disorders](#)

[Post traumatic stress disorder](#)

[mood-disorder](#)

[Post Traumatic Stress Disorder Ptsd](#)

[Premenstrual Dysphoric Disorder](#)

[Mental Disorder](#)  
[Bipolar Disorder](#)  
[Bipolar Disorder In Children](#)  
[Gender Identity Disorder](#)  
[Abnormal Behavior](#)  
[Abnormal Unusual Strange Behavior](#)  
[Affective And Emotional Difficulties](#)  
[Anger Control](#)  
[Anger Management](#)  
[Anorexia](#)  
[Autism](#)  
[Dyslexia](#)  
[Mental Problem](#)  
[Patient Counselling](#)  
[Personal Development](#)  
[Personality Assessment](#)  
[panic](#)  
[Suicidal Behavior](#)  
[Irregular Sleep](#)  
[Psychic Integration](#)  
[Selective Mutism](#)  
[Loneliness](#)  
[Loss Of Interest](#)  
[Loss Of Libido](#)  
[Low Confidence](#)  
[Mania](#)  
[Masturbation Addiction](#)  
[Overeating](#)  
[Mental Health](#)  
[Withdrawal Symptoms](#)  
[Antisocial Behavior](#)  
[Anxiety Urination](#)  
[Behavioral Problems](#)  
[Forgetfulness](#)  
[emotional-outbursts](#)  
[Emotional Abuse](#)  
[Dyslalia](#)

[Dysfunction In Learning](#)

[Drug Abuse](#)

[Double Personality](#)

[Difficulty Sleeping](#)

[Difficulty Of Learning](#)

[Difficulty Concentrating](#)

[Delayed Ejaculation](#)

[Deaddiction Counselling](#)

[De Addiction](#)

[Counselling](#)

[Bulimia](#)

## **Frequently Asked Questions**

### **Where does Dr. Sabhesan S practice?**

Dr. Sabhesan S currently practices at Apollo Speciality Hospitals, located in Madurai.

### **Who is Dr. Sabhesan S?**

Dr. Sabhesan S is a highly experienced Psychiatrist with 41 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Adopted Child Syndrome Treatment, Personality Disorder Treatment. He also treats conditions such as Abandoned Child Syndrome, Adjustment Disorder.

### **Why do patients choose Dr. Sabhesan S?**

Patients trust Dr. Sabhesan S for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### **What is Dr. Sabhesan S's specialization?**

Dr. Sabhesan S specializes in Psychiatry, with expertise in treatments for Adopted Child Syndrome Treatment, Personality Disorder Treatment.

### **What are Dr. Sabhesan S's medical qualifications?**

Dr. Sabhesan S holds prestigious qualifications, including DPM, MNAMS, Phd.

### **How many years of experience does Dr. Sabhesan S have?**

Dr. Sabhesan S has 41 years of experience in the medical field, treating various conditions related to Psychiatry.

### **How can I book an appointment with Dr. Sabhesan S?**

You can book an appointment with Dr. Sabhesan S through:

Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.