



Dr Sandeep Rai

MBBS, DNB(Internal Medicine), Post Graduate Diploma in Diabetology(Chennai), MNAMS 32+ Years Experience

Dr Sandeep Rai is a top Diabetologist in Mumbai at Apollo Hospitals Navi Mumbai . Book appointment online with Dr Sandeep Rai at Ask Apollo.

Hospitals

Apollo Hospitals, Mumbai ,

Doctor's Working
Weekdays
Thu - Sat

Doctor's Working
Hours
18:00 -20:00



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Overview

Meet Dr. Sandeep Rai, an esteemed Diabetologist with over 32 years of experience in the field of diabetes care and management. Based in Mumbai, Maharashtra, Dr. Rai is dedicated to providing high-quality healthcare and improving the lives of his patients. He is fluent in English, Hindi, and Marathi, making him accessible to a diverse range of patients. Dr. Rai holds an impressive educational background, including an MBBS, DNB in Internal Medicine, and a Post Graduate Diploma in Diabetology, along with memberships in prestigious organizations such as MNAMS and FRCP.

Throughout his career, Dr. Rai has been recognized for his unwavering commitment to diabetes research and community service. He was awarded a Trophy and Citation by Sir Ganga Ram Hospital in 2015 for his dedicated medical service to the community. As a distinguished member of the Steering Committee for 'Towards Sustainable Global Health' sponsored by various United Nations organizations, he has contributed significantly to global health initiatives. Furthermore, he served as

the Chairperson for the World Congress of Integrated Medicine in Colombo and received the Honored Doctor Award from the Malyalee Association in Delhi.

Dr. Rai's research endeavors have been published in various esteemed journals, including studies focusing on the effects of hyperuricemia on nitric oxide levels in diabetic patients, as well as the role of antioxidants in diabetes. His cutting-edge research continues to contribute to the understanding of diabetes and its complications.

At Apollo Hospitals, Dr. Sandeep Rai combines his vast experience with a patient-centered approach, ensuring each individual receives personalized care tailored to their unique needs. He is dedicated to empowering his patients with knowledge, promoting diabetes awareness, and fostering healthier lifestyles.

Experience

- He is also practicing as Consultant Diabetologist at the MGM & Fortis Hospitals, Navi Mumbai.
- He was earlier a Consultant Physician at the Sir Ganga Ram Hospital, Delhi.
- He is Unit Head & Senior Professor in Post Grad Dept of Internal Medicine & In charge Division of Diabetology at MGM Institute of Health Sciences, which is a 1000 bedded Tertiary Health Care Centre in Navi Mumbai.
- He is also the Head of Diabetes Specialty Clinic, an advanced Centre for Diabetes Care Research at the MGMIHS. He is a Member Academic Council and Core Research Group and has been Chairman Board of Studies at the MGM University of Health Sciences.
- He is a Guide & Examiner for DNB, MD, PhD in Medicine all over India.
- He is a National Faculty and Guest Speaker & Chairperson in many conferences including RSSDI & APICON, MAYO ID. Besides he has been invited as Distinguished Speaker in various prestigious International Conferences on Medicine sponsored by World Health Organization & United Nations & BRICS International Forum from time to time in various parts of the World.
- He has written many Chapters in Medicine Text book
- Consultant Physician - Sir Ganga Ram Hospital (Delhi)
- Professor & Unit Head Dept of Medicine & In charge Diabetology--MGM Institute of Health Sciences, Navi Mumbai
- Senior Consultant Diabetologist-Apollo Hospital Sugar Clinic, CBD, Navi Mumbai

Membership

- Association of Physicians of India
- Research Society for Study of Diabetes in India
- Maharashtra Medical Council

Awards

- FIAGES (Honorary) awarded by Indian Association of Gastro-intestinal and Endoscopic Surgeons (IAGES) 2012
- Certificate of appreciation and recognition for services rendered in 26th July, 2008 Civil Hospital Ahmedabad bomb blast by H&FWD, Gujarat Government
- Honour awarded through Mayor of Ahmedabad by Terapanth Dharma Sangh on 17th August, 2008 for services rendered in 26th July, 2008 Civil Hospital Ahmedabad bomb blast
- State trainer for No Scalpel Vasectomy (NSV), awarded by H&FWD, Government of India. (Gujarat government received 1st prize in NSV program for 2007-08)
- Certificate of Recognition for qualifications and dedication to the Practice of the art of Minimal Access Surgery by Association of Minimal Access Surgeons of India (AMASI), 21st Nov, 2005
- Vishishtha Pratibha Puruskar, 2002 awarded by Terapanth Yuvak Parishad, Momasar *Vishishtha Pratibha Puruskar, 2002 awarded by Akhil Bhartiya Terapanth Mahila Parishad

Research and Publication

- Effect of hyperuricemia on Serum Nitric Oxide Levels in Diabetic Patients with Hyperlipidemia - International Journal of Biological and Medical Research. 2012;3(1):1338-1341.
- Effect of hyperuricemia on serum nitric oxide levels in diabetic patients with hyperlipidemia -Int J Biol Med Res.2012; 3(1): 1338-1341. Free radical and antioxidants in obese diabetics and normal BMI diabetics-Indian journal of applied research .Vol:5, Issue: 10, Oct 2015. TG/HDL-C Ratio: A surrogate marker of Insulin Resistance in patients with Metabolic Syndrome,- MGM J of Med Sci 2014, 1(1)-18-21 .
- Association of eNOS Gene Variant with Insulin resistance in Metabolic Syndrome-International Journal of Advanced Research: 2014, Volume 2, Issue 6, 784-791.Study of 894G>T Single Nucleotide Polymorphism of Endothelial Nitric Oxide Synthase (ENOS) and the risk of Diabetic Nephropathy-International

Frequently Asked Questions

1. Where does Dr. Sandeep Rai practice?

Dr. Sandeep Rai currently practices at Apollo Hospitals Navi Mumbai, located in Mumbai.

2. Who is Dr. Sandeep Rai?

Dr. Sandeep Rai is a highly experienced Diabetologist with 32 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Complete Heart And Diabetes Treatment. He also treats conditions such as Diabetes Renal Failure, Sugar Level.

3. Why do patients choose Dr. Sandeep Rai?

Patients trust Dr. Sandeep Rai for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

4. What is Dr. Sandeep Rai's specialization?

Dr. Sandeep Rai specializes in Diabetology, with expertise in treatments for Complete Heart And Diabetes Treatment.

5. What are Dr. Sandeep Rai's medical qualifications?

Dr. Sandeep Rai holds prestigious qualifications, including MBBS, DNB(Internal Medicine), Post Graduate Diploma in Diabetology(Chennai), MNAMS.

6. How many years of experience does Dr. Sandeep Rai have?

Dr. Sandeep Rai has 32 years of experience in the medical field, treating various conditions related to Diabetology.

7. How can I book an appointment with Dr. Sandeep Rai?

You can book an appointment with Dr. Sandeep Rai through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.