



Dr Saurav Bardalai

MBBS, MD 5 + Years experience

Dr Saurav Bardalai is a top Psychiatrist in Guwahati at Apollo Excelcare Hospital . Book appointment online with Dr Saurav Bardalai at Ask Apollo.

Hospitals

Apollo Excelcare, Guwahati ,

**Doctor's
Working
Weekdays**
Mon - Sat

**Doctor's
Working
Hours**
11:00 -14:00

Doctor's Slot Timings

MON - 11:00 -14:00 TUE - 11:00 -14:00 WED - 11:00 -14:00 THU - 11:00 -14:00 FRI - 11:00 -14:00 SAT - 11:00 -14:00
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Overview

Dr. Saurav Bardalai is a dedicated psychiatrist with 5 years of experience in the field of mental health. Based in Guwahati, Assam, he has established a reputation for providing comprehensive and compassionate care to his patients. Dr. Bardalai is fluent in multiple languages, including English, Hindi, and Assamese, allowing him to connect with a diverse range of individuals and understand their unique needs. He holds impressive qualifications, having completed his MBBS and MD, which equip him with a robust understanding of both general and specialized psychiatry.

As a psychiatrist at Apollo, Dr. Bardalai is committed to creating a safe, supportive environment for his patients, where they can openly discuss their challenges. His approach often emphasizes the importance of personalized treatment plans, taking into account each patient's specific circumstances and mental health conditions. By utilizing evidence-based practices and staying updated with the latest developments in psychiatry, he strives to deliver top-notch care that promotes mental wellness and recovery.

Dr. Bardalai's dedication to his field and his patients has made him a respected figure in the Guwahati medical community. His empathetic nature and professional expertise help many find hope and healing in their mental health journeys. Whether dealing with anxiety, depression, or other psychiatric disorders, patients can trust in Dr. Saurav Bardalai's commitment to their well-being.

Awards

Established GI unit in Apollo Hospitals, Chennai, India

Established an Advanced Laparoscopic Unit at Apollo Hospitals, Chennai, India

Award Received for completion of 25 years service at Apollo Hospitals, Chennai, India

trained 130 Surgeons in GI and Laparoscopic Surgery.

Overseas Tutor for Royal College of Surgeons, Edinburgh - 1995
Executive Committee Member ,Indian Association of Gastro Endo Surgeons 1998- 2002
Dr.R. Nanjunda Rao- Endowment Oration at Madras Medical College,Chennai 1995 (Gold Medal) 8.Dr. Rangarajan Endowment lecture at Raja Muthiah Medical College, Chidambaram, Annamalai University 1998 .
Dr. B. Shanmugeswarao Memorial Oration,AndhraPradesh Chapter of ASI,Hyderabad 2006 (Gold Medal)
Dr. Karimulla Endowment Oration,Indian Medical Association ,Nellore,AP 2008 (Gold medal)
Course Director – Ethicon Institute of Endo Surgery Chennai,India
Faculty - Indian Institute of Laparoscopic Surgery – Coimbatore, India.
Examiner - Fellowship in Minimal Access Surgery, National Boards, Ministry of Health, Government of India - 2005 and 2006.
Examiner - Fellowship – Indian Association of Gastro Endo Surgeons - 2005
Examiner – Fellowship – Association of Minimal Access Surgeons of India – 2005

Research and Publication

Frequently Asked Questions

1. Where does Dr. Saurav Bardalai practice?

Dr. Saurav Bardalai currently practices at Apollo Excelcare Hospital, located in Guwahati.

2. Who is Dr. Saurav Bardalai?

Dr. Saurav Bardalai is a highly experienced Psychiatrist with 5 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments.

3. Why do patients choose Dr. Saurav Bardalai?

Patients trust Dr. Saurav Bardalai for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

4. What is Dr. Saurav Bardalai's specialization?

Dr. Saurav Bardalai specializes in Psychiatry, with expertise in Adopted Child Syndrome Treatment, Personality Disorder Treatment, Remedial And Psychotherapy, Relaxing Treatments, Relaxing Chromotherapy, Schizophrenia Treatment, Anxiety Disorders Treatment, Autism Spectrum Disorders Treatment, Bipolar Disorder Treatment, treatment-for-depression-stress-strain.

5. What are Dr. Saurav Bardalai's medical qualifications?

Dr. Saurav Bardalai holds prestigious qualifications, including MBBS, MD.

6. How many years of experience does Dr. Saurav Bardalai have?

Dr. Saurav Bardalai has 5 years of experience in the medical field, treating various conditions related to Psychiatry.

7. How can I book an appointment with Dr. Saurav Bardalai?

You can book an appointment with Dr. Saurav Bardalai through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.