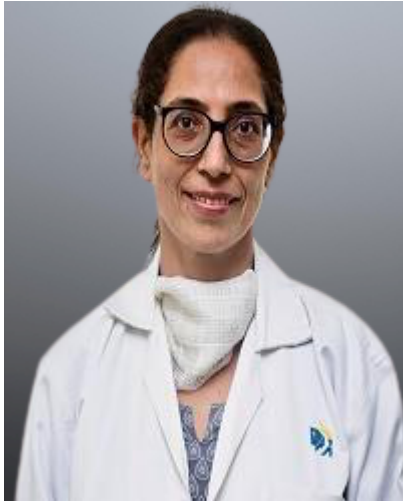


Dr Seema Grover

Masters in Physiotherapy
29 + Years experience



Dr Seema Grover is a top Physiotherapist in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr Seema Grover at Ask Apollo.

Hospitals

[Apollo Hospitals, Delhi](#)

Doctor's Working Weekdays

Mon - Sun

Doctor's Working Hours

08:00 -18:00

Doctor's Slot Timings

SUN - 08:00 -18:00 MON - 08:00 -18:00 TUE - 08:00 -18:00 WED - 08:00 -18:00 THU - 08:00 -18:00 FRI - 08:00 -18:00 SAT - 08:00 -18:00

Overview

Dr Seema Grover is a distinguished Physiotherapy based at Apollo Hospitals Delhi. With an impressive 29 years of experience in the medical field, she has dedicated her career to providing exceptional healthcare services to patients. She holds Masters in Physiotherapy, showcasing her extensive training and commitment to medical excellence. She is proficient in multiple languages, ensuring effective communication with a diverse range of patients.

She is known for her patient-centric approach, emphasizing the importance of understanding each patient's unique needs and medical history. Her expertise encompasses a wide range of conditions related to Physiotherapy, enabling her to deliver precise diagnoses and treatments. She ensures that patients receive care tailored to their individual health requirements.

In her practice, Dr Seema Grover goes beyond treatments by educating patients about their health conditions. This empowers individuals to take active roles in managing their health and making informed decisions. By fostering a supportive and understanding environment, she builds trust and ensures long-term health management strategies for patients.

Dedicated to staying updated with advancements in her field, Dr Seema Grover actively collaborates with other healthcare professionals to provide comprehensive care. Her commitment to improving health outcomes continues to leave a lasting impact on the lives of her patients, solidifying her reputation as a trusted name in Physiotherapy.

Experience

- Formerly : Chief of Physiotherapy, Batra Hospital & Medical Research Centre for 23 years

Research and Publication

- Geriatrics Care in covid times :Chapter on degenerative disc disease management.A Randomized control trial to study the Effect of Intradialytic

Exercises on Maximal Oxygen Consumption and Quality of life Undergoing Haemodialysis in Indian Population-ongoing study. Physiotherapy in Diabetes in Elderly-Geriatric Society Of india. Role of physiotherapy in Cancer Management. Lecture on Lymphedema Management –what is the evidence. Recent Advances in Physiotherapy in management of Lymphedema.

Special Interests

- Onco Physiotherapy, Ortho & Geriatric Physiotherapy

Membership

- 1st Certified Lymphedema Therapist in India for Lymphedema management since 2007 from USA. Life Member of Delhi council of Physiotherapist& Occupational therapist(DCPTOT)
- Life Member of Indian Association of physiotherapist
- Life Member Indian IAP Delhi Branch
- Member to Society of Indian Physiotherapist
- Member Advisory Board of Physiotherapy-SGT University, Delhi-NCR, Member Advisory Board of Physiotherapy Gurugram University Member Advisory Board of Physiotherapy Manav Rachana International University

List of Treatments

Doctors Treatment

[Ankylosing Spondylitis Physiotherapy](#)

[Back Pain Physiotherapy](#)

[Chronic Kidney Disease Ckd Treatment](#)

List of Conditions Treated

Doctors Condition

[Complex Regional Pain Syndrome Crps](#)

[Antenatal And Postnatal Exercise](#)

[Arthritis Ankylosing Rehabilitation](#)

[Arthritis Osteoarthritis Rehabilitation](#)

[Thoracic Spine](#)

[Chiropractic Medicine](#)

Frequently Asked Questions

Where does Dr. Seema Grover practice?

Dr. Seema Grover currently practices at Apollo Hospitals, located in Delhi.

Who is Dr. Seema Grover?

Dr. Seema Grover is a highly experienced Physiotherapist with 29 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments.

Why do patients choose Dr. Seema Grover?

Patients trust Dr. Seema Grover for her expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

What is Dr. Seema Grover's specialization?

Dr. Seema Grover specializes in Physiotherapy, with expertise in Ankylosing Spondylitis Physiotherapy, Back Pain Physiotherapy, Chronic Kidney Disease Ckd Treatment.

What are Dr. Seema Grover's medical qualifications?

Dr. Seema Grover holds prestigious qualifications, including Masters in Physiotherapy.

How many years of experience does Dr. Seema Grover have?

Dr. Seema Grover has 29 years of experience in the medical field, treating various conditions related to Physiotherapy.

How can I book an appointment with Dr. Seema Grover?

You can book an appointment with Dr. Seema Grover through:

Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.