



# Dr Sohani Verma

MBBS, MRCOG (UK), FRCOG (UK), FICOG, FIMSA, PGDMLS, PGDHHM, FMAS 39+ Years Experience

Dr Sohani Verma is a top Obstetrician & Gynecologist in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr Sohani Verma at Ask Apollo.

Hospitals

Apollo Hospitals, Delhi,

Doctor's Working Weekdays Mon-Sat Doctor's Working Hours 08:00-17:00



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## Overview

Dr. Sohani Verma is a highly experienced Obstetrician and Gynaecologist based in South Delhi, with an impressive career spanning over 39 years. She is committed to providing the highest standard of care in all aspects of women's health, including pregnancy management, gynecological surgeries, and preventive healthcare. Dr. Verma holds multiple prestigious qualifications, including MBBS, MRCOG, FRCOG, FICOG, FIMSA, PGDMLS, PGDHHM, and FMAS, showcasing her extensive training and expertise in her field.

As a compassionate health professional, Dr. Verma is fluent in both English and Hindi, allowing her to communicate effectively with a diverse patient demographic. Her extensive knowledge and skill set ensure that patients receive personalized care tailored to their unique health needs. Dr. Verma is affiliated with Apollo, a renowned healthcare institution, where she utilizes state-of-the-art technology and evidence-based practices to deliver excellent medical outcomes.

Dr. Verma's clinical practice is complemented by a thoughtful approach towards patient education, empowering women to make informed decisions about their health and reproductive choices. She emphasizes the importance of regular check-ups and screenings, guiding her patients through every step of their journey with care and professionalism.

Whether you're seeking routine gynecological care or require specialized attention during your pregnancy, Dr. Sohani Verma is dedicated to fostering a supportive and healing environment for all her patients.

## **Awards**

- Best Presentation Award (British Photodermatology Group) British Association of Dermatology
   Annual meeting 2014
- BMLA Educational Award (2013).
- Best Presentation Award- European Laser Association conference (2012).
- Certificate of Merit in Pathology, Microbiology and Forensic Medicine.

# **Research and Publication**

- Book Chapter Verma Sohani. Ovarian Stimulation in Cancer Patient in Principles and Practice of Controlled Ovarian Stimulation in ART. Springer Publication. 2015:375-381.
- Book Chapter Verma Sohani. Medical Management of Endometriosis, Elsevier Publication. Book
   titled Endometriosis The Enigmatic Disease.
- 2013. Book Chapter Verma Sohani. Oocyte and Maternal Inheritance, Jaypee Publication Book titled –Manual of Assisted Reproductive Technologies & Clinical Embryology. 2012, Page -416 – 423. Publications
- Bhadauria Kavita, Sahni Reeti, Verma Sohani, Khatri Q Payal. Colour Doppler Ultrasound in Controlled Ovarian stimulation with intrauterine insemination. Apollo Medicine Journal Vol 9 (3).
   Sept 2012. P 252 262.
   Verma Sohani.

Evidence linked treatment for endometriosis-associated infertility. Apollo Medicine Journal Vol 9.(3). Sept 2012. P184 – 192.

- Verma Sohani, Oocyte Mitochondrial Inheritance and Emerging Technologies "A child with three parents?". Journal of Reproductive and Stem Cell Biotechnology. Vol 2, No 2, Dec 2011, 10-11.
- Verma Sohani, Predictive value of transvaginal colour and power Doppler ultrasound during Invitro-fertilization treatment, Indraprastha Apollo Hospital, New Delhi Apollo Medicine Vol. 6, No. 3, September 2009, 264-270.
- Verma Sohani, Advanced maternal age and obstetric performance, Indraprastha Apollo Hospital,
   New Delhi Apollo Medicine Vol. 6, No. 3, September 2009, 258-263.
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# **Frequently Asked Questions**

#### 1. Where does Dr. Sohani Verma practice?

Dr. Sohani Verma consults at Apollo Hospitals, Delhi. This hospital offers comprehensive healthcare services.

#### 2. Who is Dr. Sohani Verma?

Dr Sohani Verma is a renowned Obstetrician & Gynecologist with over 39 years of experience. She practices in Delhi at Apollo Hospitals Delhi. Dr Sohani Verma holds a degree in MBBS, MRCOG (UK), FRCOG (UK), FICOG, FIMSA, PGDMLS, PGDHHM, FMAS. She provides treatments including Reproduction Treatment, Pcod Pcos Treatment, Polycystic Ovary Treatment. She specializes in treating conditions like Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease.

## 3. Why do patients choose Dr. Sohani Verma?

Dr. Sohani Verma is sought after for her expertise in Gynaec Laparoscopy, treatment of high-risk pregnancies, and fertility preservation procedures. For detailed information on her specializations and experience, please refer to her professional profile.

## 4. What is Dr. Sohani Verma's specialization?

Dr Sohani Verma specializes in Obstetrics & Gynecology. She has expertise in treating conditions such as Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease. Her key treatments include Reproduction Treatment, Pcod Pcos

Treatment, Polycystic Ovary Treatment.

#### 5. What are Dr. Sohani Verma's medical qualifications?

Dr Sohani Verma holds MBBS, MRCOG (UK), FRCOG (UK), FICOG, FIMSA, PGDMLS, PGDHHM, FMAS, reflecting her comprehensive education in the field of Obstetrics & Gynecology.

#### 6. How many years of experience does Dr. Sohani Verma have?

Dr. Sohani Verma possesses 39 years of experience in the medical field. Details regarding her past practice locations are available upon request.

## 7. Who is a Gynaecologist?

A Gynaecologist is a medical doctor specializing in women's health, focusing on the female reproductive system—the vagina, ovaries, uterus, and breasts. Their expertise also encompasses obstetrics, managing pregnancy and childbirth.

### 8. What is the difference between a Gynaecologist and an Obstetrician?

A Gynaecologist manages women's reproductive health, while an Obstetrician focuses on pregnancy, childbirth, and postnatal care. Many Gynaecologists are also trained in Obstetrics. During pregnancy, consultation with either is appropriate; however, for general reproductive health concerns, a Gynaecologist is the preferred specialist.

## 9. What procedures do Gynaecologists/Obstetricians perform?

Gynaecologists perform procedures like Dilation and Curettage (D&C), removing the uterine lining, and Hysteroscopy, a minimally invasive uterine treatment. Obstetricians manage childbirth through normal delivery and C-sections, performing surgery when necessary for safe delivery. These specialists provide comprehensive women's health and maternity care.