

Dr Vanita Mathew

MBBS,PG Diploma in Dermatology,Venerology and Leprosy, PG in Practical Dermatology.

18 + Years experience



Dr Vanita Mathew is a top Dermatologist in Bangalore at Apollo Hospitals Bannerghatta Road . Book appointment online with Dr Vanita Mathew at Ask Apollo.

Hospitals

[Apollo Hospitals, Bannerghatta Road](#)

Doctor's Working Weekdays

Mon-Sat

Doctor's Working Hours

08:00-17:00

Doctor's Slot Timings

MON - 08:00 -10:00 WED - 08:00 -10:00 FRI - 08:00 -10:00 THU - 15:00 -17:00 SAT - 13:00 -16:00
MON - 13:00 -15:00 TUE - 13:00 -15:00 WED - 13:00 -15:00 FRI - 13:00 -15:00
MON - 08:00 -10:00 WED - 08:00 -10:00 FRI - 08:00 -10:00 THU - 15:00 -17:00
SAT - 13:00 -16:00 MON - 13:00 -15:00 TUE - 13:00 -15:00 FRI - 13:00 -15:00

Overview

Dr. Vanita Mathew is a highly experienced dermatologist based in Bengaluru, Karnataka, with an impressive 18 years of practice in the field. Her extensive qualifications include an MBBS, DDVL, PGDPD, and PGDMLE, showcasing her commitment to advanced medical education and training. As a Senior Consultant and Aesthetic Surgeon, Dr. Mathew specializes in providing a wide range of dermatological services that cater to both medical and aesthetic needs. She is well-versed in various innovative treatments for skin conditions and the latest aesthetic procedures, ensuring her patients receive the highest quality care. Dr. Mathew is dedicated to helping her patients achieve healthy, beautiful skin while addressing complex dermatological issues with expertise and compassion. Having built a strong reputation in her community, she is known for her personalized approach to patient care and her ability to communicate effectively in English. With a passion for staying updated on the latest advancements in dermatology, Dr. Vanita Mathew continues to enhance her skills and knowledge, making her a trusted choice for anyone seeking expert dermatological care in the region.

Experience

Medical Officer - G G Hospital Trivandrum during Dec 1992 to May 1993 in OBG

Senior House Officer - SUT Hospital Trivandrum during June 1993 to January 1994 in General Surgery

Senior House Officer - SUT Hospital Trivandrum during June 1995 to Dec 1996 in Nephrology

Chief Medical Officer - Ramakrishna Hospital Coimbatore during January 1997 to August 1998 in Emergency

Senior Resident - Coimbatore Kidney Centre during Dec 1998 to Feb 2002 in Intensive Care

PG Resident - PSG Medical College, Coimbatore during May 2003 to Feb 2005 in Dermatology

Consultant - Bala Medical Centre, Coimbatore during March 2005 to June 2005 in Dermatology

Senior Resident - St .Johns Medical college, Bangalore during September 2005 to October 2006 in Dermatology

Consultant - Apollo Clinic, Bangalore during October 2006 October 2014

Consultant - Apollo Hospitals, Near IIM during April 2013 to till date

Consultant - ISRO Hospital Jeevan Bhima Nagar, Bangalore during 2013 to 2016.

Senior Consultant - Apollo Hospitals Bangalore April 2017 onwards

Awards

Presentation- “Year End Review In Bone Tumors” in Indian Cancer Congress, Bangalore 2017. Participation in various cancer screening and Awareness programmes

Research and Publication

1. Participated in several national conferences in the area of Dermatology and presented papers 2. Conducted workshops, given guest lectures to Medical Officers and held special HIV Clinics. 3. Assisted the faculty in preparing reading material in Dermatology for medical students. 4. Assisted the Head of the Dermatology Department in Clinical research

Special Interests

In the area of PUVA- Bath, Trichogram, Patch Test, Prick Test and Hair Transplant during the tenure at PSG Medical College. In all dermato-surgery procedures like lasers, chemical peels for acne and facial rejuvenation, nail procedures etc at St Johns Medical College and Hospitals Bangalore

Membership

- MBBS (1986-1992, M S Ramaiah Medical College)
- Internship(1991-1992)

- PG Diploma in Dermatology, Venerology and Leprosy (2003 - 2005 P SG Medical College, Coimbatore)
- Post Graduation in Practical Dermatology (Cardiff University, UK)

List of Treatments

Doctors Treatment

[Acne Pimples Treatment](#)

[Pigmentation Treatment](#)

[Pimple Free Treatments](#)

[Plasma Pen Treatment](#)

[Sun Burn Treatment](#)

[Psoriasis Treatment](#)

[All Modern Skin Treatment](#)

[Allergy Immunotherapy](#)

[Allergy Treatment](#)

[Alopecia Areta Treatment](#)

[Skin Allergy Treatment](#)

[Skin Disease Treatment](#)

[Skin Pulse Treatment](#)

[Skin Rash Treatment](#)

[Skin Treatment](#)

[Skin Whitening Treatment](#)

[Anti Aging Treatment](#)

[Atopic Dermatitis Treatment](#)

[Bacterial Skin Infection Treatment](#)

[Tinea Versicolor Treatment](#)

[Treatments For Ringworm](#)

[Vitiligo Treatment](#)

[Corn And Callus Treatment](#)

[Burns Treatment](#)

[Stretch Marks Treatment](#)

List of Conditions Treated

Doctors Condition

[Papillon Lefevre Syndrome](#)

[Hair Disease](#)
[Nail Disorders](#)
[Nail Fungal Infection](#)
[Nail Patella Syndrome](#)
[Schopf Schulz Passarge Syndrome](#)
[Skin Disorder](#)
[Skin Infections](#)
[Fungal Infection](#)
[Chronic Skin Disease](#)
[Chemical Injury](#)
[acne](#)
[Allergies](#)
[contact dermatitis](#)
[Dandruff](#)
[Eczema](#)
[epidermolysis bullosa simplex](#)
[Head lice](#)
[Lichen nitidus](#)
[melasma](#)
[Moles](#)
[psoriasis](#)
[pyoderma gangrenosum](#)
[rosacea](#)
[scabies](#)
[Sun allergy](#)
[Acne Scars](#)
[Pediculosis](#)
[Acute Burn Care](#)
[Greying Hair](#)
[Permanent Acne Solutions](#)
[Permanent Hair Reduction](#)
[Tan](#)
[Photodermatitis](#)
[Photophobia](#)
[Piebaldism](#)
[Pigmented Skin](#)
[Moniliasis](#)

[Pimples](#)
[Pityriasis Rosea](#)
[Hair Problems](#)
[Palmoplantar Keratoderma](#)
[Hair Loss](#)
[Hair Patch](#)
[Hardening Of The Skin](#)
[Mucocutaneous](#)
[Rejuvenation And Hair Restoration](#)
[Suntan](#)
[Hives](#)
[Rashes](#)
[Mycetoma](#)
[Mycobacterium](#)
[Ingrowing Toe Nail](#)
[Mycosis](#)
[Premalignant Skin Lesions](#)
[Myiasis](#)
[Mycosis Fungoides](#)
[Itching](#)
[Pseudofolliculitis Barbae](#)
[Scales On Skin](#)
[Non Cancerous Moles](#)
[Ocular Albinism](#)
[Oculocutaneous Albinism](#)
[oily-hair](#)
[Oily Skin](#)
[Age Spots](#)
[Allergic Hairfall](#)
[Allergic Reaction](#)
[Alopecia Universalis](#)
[Seborrhea](#)
[Seborrheic Dermatitis](#)
[Seborrheic Eczema](#)
[Laser](#)
[Leprosy](#)
[Lichen Planopilaris](#)

[Wrinkles](#)
[Skin Allergies](#)
[Skin Allergy](#)
[Skin Burn](#)
[Skin Cancer Screening](#)
[Skin Care](#)
[Skin Care Anti Aging](#)
[Skin Checks](#)
[Skin Hair And Nail Analysis](#)
[Skin Hair Nail Analysis](#)
[Skin Hydration](#)
[Skin Problems In Children](#)
[Skin Rejuvenation](#)
[Skin Whitening](#)
[Skin Whiting](#)
[Antiageing](#)
[Solar Keratosis](#)
[Athlete S Foot](#)
[Atopic Dermatitis](#)
[Boil](#)
[Baldness](#)
[Birthmarks](#)
[Blackheads](#)
[Trichology](#)
[Trichotillomania](#)
[varize](#)
[Genital Herpes](#)
[Foot Cracks](#)
[Female Hair Loss](#)
[Erysipelas](#)
[Epidermodysplasia Verruciformis](#)
[Dysplastic Nevus](#)
[Dull Skin](#)
[Dry Skin](#)
[warts](#)
[vitaligo](#)
[Disseminated Superficial Actinic Porokeratosi](#)

[Diaper Rash](#)
[Dermatophytosis](#)
[Dermatitis Herpetiformis](#)
[Dark Spots](#)
[Dark Circle](#)
[Chronic Skin Allergy](#)
[Chronic Scar Keratosis](#)
[Carbuncles](#)
[Burns](#)
[Broken Nails](#)
[Stretch Marks Removal](#)
[Adenomyosis](#)
[Actinomycosis](#)

Frequently Asked Questions

Where does Dr. Vanita Mathew practice?

Dr. Vanita Mathew is a practicing physician at Apollo Hospitals, Bannerghatta Road. This hospital offers comprehensive healthcare services and advanced medical expertise.

Who is Dr. Vanita Mathew?

Dr Vanita Mathew is a renowned Dermatologist with over 27 years of experience. She practices in Bangalore at Apollo Hospitals Bannerghatta Road. Dr Vanita Mathew holds a degree in MBBS, PG Diploma in Dermatology, Venerology and Leprosy, PG in Practical Dermatology.. She provides treatments including Acne Pimples Treatment, Pigmentation Treatment, Pimple Free Treatments. She specializes in treating conditions like Papillon Lefevre Syndrome, Hair Disease, Nail Disorders.

Why do patients choose Dr. Vanita Mathew?

Dr. Vanita Mathew is sought after for expertise in Skin Tag Treatment, Anti-Aging Treatment, and Trichology. For further details on her specialties, please refer to her

professional profile.

What is Dr. Vanita Mathew's specialization?

Dr Vanita Mathew specializes in Dermatology. She has expertise in treating conditions such as Papillon Lefevre Syndrome, Hair Disease, Nail Disorders. Her key treatments include Acne Pimples Treatment, Pigmentation Treatment, Pimple Free Treatments.

What are Dr. Vanita Mathew's medical qualifications?

Dr Vanita Mathew holds MBBS,PG Diploma in Dermatology,Venerology and Leprosy, PG in Practical Dermatology., reflecting her comprehensive education in the field of Dermatology.

How many years of experience does Dr. Vanita Mathew have?

Dr. Vanita Mathew has 17 years of experience in dermatology.

Who is a dermatologist doctor?

A dermatologist is a medical doctor specializing in the diagnosis and treatment of skin, hair, nail, and mucous membrane disorders. They manage a wide array of cosmetic concerns and offer rejuvenative treatments for skin, hair, and nails. Dermatologists treat over 3,000 skin conditions, including acne, psoriasis, and skin cancer. Their expertise encompasses medical, surgical, and cosmetic dermatology.

When should I consult a dermatologist?

Consult a dermatologist immediately for abnormal skin, hair, nail, or mucous membrane symptoms. Dermatologists also address cosmetic concerns and diagnose serious conditions like skin cancer.

Should I consult a dermatologist for laser skin treatment?

Yes, dermatologists are qualified to perform laser treatments for skin conditions. Their expertise includes laser procedures for various skin issues like tumors, warts, moles, tattoos, birthmarks, scars, wrinkles, and unwanted hair. They utilize specialized light beams for effective treatment.

What services do dermatologists offer?

Dermatologists treat various skin conditions including vitiligo, acne, dermatitis, eczema, fungal infections, hair disorders, nail problems, psoriasis, and skin cancer. They also perform surgical procedures like biopsies, chemical peels, cosmetic injections, cryotherapy, hair removal and restoration, and laser surgery. These procedures and treatments represent a comprehensive approach to dermatological care.