

Dr Harsha Goutham H V

MBBS, MS (Gen. Surgery), MCh (Cardiothoracic Surgery)

14 + Years experience



Dr Harsha Goutham H V is a top Cardio Thoracic & Vascular Surgeon in Bangalore at Apollo Clinic Electronic City . Book appointment online with Dr Harsha Goutham H V at Ask Apollo.

Hospitals

[Apollo BGS Hospitals, Mysore](#)

Doctor's Working Weekdays

Mon - Sat

Doctor's Working Hours

10:00 - 16:00

Overview

Dr. Harsha Goutham H V is a distinguished Dietetics Specialist at Apollo BGS Hospitals in Mysuru, Mysore, with 14 years of extensive experience in the field. He holds an MBBS, an M.S. in General Surgery, and an MCh in Cardiothoracic Surgery,

equipping him with advanced expertise that enhances his approach to patient care. Dr. Harsha is dedicated to providing innovative dietary solutions tailored to individual health needs, particularly in managing chronic conditions and optimizing recovery post-surgery.

His proficiency encompasses a range of specialized procedures and treatments, including nutritional assessments, dietary planning for cardiac patients, and weight management strategies. Dr. Harsha is actively involved in research and has contributed to various academic discussions and medical conferences, sharing insights on the critical role of diet in surgical recovery and overall health.

Committed to patient-centered care, Dr. Harsha prioritizes building strong relationships with his patients, ensuring they feel supported and informed throughout their treatment journey. He is fluent in English, Hindi, Telugu, and Kannada, allowing him to effectively communicate with a diverse patient population. Dr. Harsha Goutham H V exemplifies medical excellence and compassion, striving to enhance the health and well-being of every individual he serves.