



Dr Kanika Narang

Msc. In Dietetics and Food Service management from Institute of Hotel Management, Catering and Nutrition. Bsc. In Home science from Institute of Home Economics, Delhi University, 12+ Years Experience

Hospitals

Doctor's Working
Weekdays
Mon - Sat

Doctor's Working
Hours
10:00 - 16:00



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Book Appointment

Overview

Dr. Kanika Narang is a highly skilled Dietetics Specialist at Apollo Hospitals Indraprastha, Delhi, with over 12 years of dedicated experience in the field. She holds a Master's degree in Dietetics and Food Service Management from the Institute of Hotel Management, Catering and Nutrition, and a Bachelor's degree in Home Science from the Institute of Home Economics, Delhi University. Her extensive education equips her with advanced expertise in nutrition management, dietary planning, and clinical dietetics.

Dr. Narang is proficient in developing personalized nutrition plans for patients with various health conditions, including diabetes, obesity, and cardiovascular diseases. She is actively involved in research and has contributed to academic discussions and medical conferences, focusing on innovative dietary interventions and their impact on patient outcomes. Her commitment to evidence-based practice ensures that her patients receive the highest standard of care.

With a strong emphasis on patient-centered care, Dr. Narang strives to empower her patients through education and support, fostering a collaborative approach to health and wellness. Fluent in both Hindi and English, she effectively communicates with a diverse patient population, making her an approachable and trusted healthcare provider. Dr. Narang's dedication to medical excellence and innovative treatments positions her as a leader in the field of dietetics.

Frequently Asked Questions