



Dr Anita Jatana

PG (Dietetics) 35+ Years Experience

Hospitals

Apollo Hospitals, Delhi ,

Doctor's Working
Weekdays
Mon - Sat

Doctor's Working
Hours
10:00 - 16:00



Call Now



Book Appointment

Overview

Dr. Anita Jatana is a highly respected Dietetics Specialist at Apollo Hospitals Indraprastha, Delhi, with an impressive 35 years of experience in the field. Holding a Postgraduate degree in Dietetics, she possesses advanced expertise in nutritional management, weight management, and chronic disease prevention. Dr. Jatana is dedicated to providing personalized dietary plans that cater to the unique needs of her patients, ensuring optimal health outcomes. Throughout her career, Dr. Jatana has been actively involved in research and has contributed to numerous academic discussions and medical conferences, sharing her insights on innovative dietary treatments and the latest advancements in nutrition science. Her commitment to patient-centered care is evident in her approach, where she prioritizes understanding each patient's lifestyle and health goals to create effective, sustainable dietary strategies. Fluent in both English and Hindi, Dr. Jatana effectively communicates with a diverse patient population, fostering a supportive and inclusive environment. Her dedication to medical excellence and innovative treatments has made her a trusted figure in the

field of dietetics, where she continues to inspire and empower her patients towards healthier living.

Frequently Asked Questions