

Dr Puja S Pushkarna

MA (Psychology)

22 + Years experience

Hospitals

[Apollo Hospitals, City Center, Ahmedabad](#)

Doctor's Working Weekdays

Mon - Sat

Doctor's Working Hours

10:00 - 16:00

Overview

Dr. Puja S. Pushkarna is a distinguished Psychology Specialist at Apollo Hospitals Gandhinagar, Ahmedabad, with over 22 years of experience in the field. She holds an MA in Psychology and has specialized training in Psychoanalysis, equipping her with advanced expertise to address a wide range of psychological issues. Dr. Pushkarna is particularly proficient in cognitive-behavioral therapy, trauma-informed care, and psychodynamic therapy, ensuring her patients receive comprehensive and effective treatment tailored to their individual needs.

A passionate advocate for patient-centered care, Dr. Pushkarna is dedicated to fostering a supportive and empathetic environment for her patients. She actively engages in research and academic discussions, contributing to the advancement of psychological practices. Her participation in various medical conferences underscores her commitment to staying at the forefront of innovative treatments and medical excellence.

Fluent in English, Hindi, and Gujarati, Dr. Pushkarna effectively communicates with a diverse patient population, ensuring that language barriers do not hinder the therapeutic process. Her holistic approach to mental health care, combined with her extensive experience, makes her a trusted partner in her patients' journeys toward emotional well-being.