

# **Dr Arvind P Vijayan**

MBBS,DNB(Orthopedics)

6 + Years experience



## **Hospitals**

[Apollo Adlux Hospital](#)

## **Doctor's Working Weekdays**

Mon - Sat

## **Doctor's Working Hours**

10:00 - 16:00

### **Overview**

Dr. Arvind P Vijayan is a dedicated Orthopaedics Specialist at Apollo Adlux Hospital, Cochin, with six years of extensive experience in the field. He holds an MBBS and a DNB in Orthopedics, equipping him with advanced expertise in diagnosing and treating a wide range of musculoskeletal conditions. Dr. Vijayan is particularly proficient in joint replacement surgeries, arthroscopy, and sports medicine, ensuring that his patients receive the most effective and innovative treatments available.

In addition to his clinical practice, Dr. Vijayan is actively involved in research and academic discussions, contributing to the advancement of orthopaedic care. He regularly participates in medical conferences, where he shares insights and collaborates with peers to enhance treatment methodologies and patient outcomes. His commitment to continuous learning and professional development reflects his dedication to medical excellence.

Dr. Vijayan believes in a patient-centered approach, prioritizing the needs and concerns of his patients to provide personalized care. He is fluent in both English and Malayalam, allowing him to communicate effectively with a diverse patient population. Through his compassionate care and commitment to innovative treatments, Dr. Arvind P Vijayan strives to improve the quality of life for all his patients.