



Dr Rashmi Patil

MBBS, MS(OBG), DNB, MRCOG(UK), EFOG-EBCOG(Europe), FACOG, FICOG, FKCOG, FMAS 15+

Dr Rashmi Patil is a top Obstetrician & Gynecologist in Bangalore at Apollo Hospitals, Bannerghatta R

Hospitals

Apollo Hospitals, Bannerghatta Road ,

Doctor's Working Weekdays Mon - Sat	Doctor's Working Hours 09:00 -13:00	 Call Now	 Book Appointment
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Overview

Dr. Rashmi Patil is a highly experienced Consultant Obstetrician, Gynaecologist and Laparoscopic Surgeon with over 15 years of clinical expertise. She specialises in Vaginal deliveries, Instrumental deliveries, High-risk pregnancy and management, Minimally Invasive Advanced Gynaecologic surgeries (Laparoscopy and Hysteroscopy), Fertility treatment, Adolescent gynaecology and Menopausal health.

Dr Patil has been academically brilliant since childhood and secured distinction in many subjects during her MBBS degree from JJMMC Davangere. She went ahead to pursue her MS degree from the reputed LTMMC Mumbai, Sion where she received many accolades in the academics. To add on to her qualifications, she obtained DNB, Fellowship in Minimal Access Surgery (FMAS) and MRCOG (Member of Royal College of Obstetrics and Gynaecology, London, UK). She underwent short term training in Laparoscopic and Hysteroscopic surgeries to enhance and refine her skills. She obtained prestigious EFOG-EBCOG (Europe) degree also to add on to her qualifications. She obtained

Fellowship of American College of Obstetricians and Gynaecologists (FACOG) and is awarded Fellow of Indian College of Obstetrics and Gynaecology (FICOG) and Fellow of Karnataka College of Obstetricians and Gynaecologists (FKCOG).

Dr. Patil has presented several research papers in Mumbai, Maharashtra and Karnataka State, National and International conferences and bagged many prizes and awards. She has given several lectures as a Faculty in various conferences and CME. She has published several research articles in National and International journals and co-authored several chapters in text books.

Dr Patil owns Rayz Academy PVT LTD. Which is an online educational platform for MBBS students, post graduate students and practicing obstetrician and gynaecologists across the globe and has been running online courses for MRCOG and EFOG EBCOG successfully. Hundreds of students have successfully cleared these exams.

Dr. Patil has worked at several reputed hospitals across Karnataka and is currently associated with Apollo Hospitals. She is known for her patient-centric approach and clinical acumen, offering comprehensive care to women of all ages. Her areas of interest include Normal deliveries, Instrumental deliveries, High risk Obstetrics, Laparoscopic and Hysteroscopy surgeries, Fertility treatment, PCOS management and Menopausal health.

In addition to her clinical work, Dr. Patil is an avid speaker and has delivered lectures, participated as Panelist at various Local, State and National conferences. Dr. Rashmi Patil has published many research papers and has received many prizes and awards for them in Mumbai, Maharashtra, and Karnataka State, as well as at national and international conferences. She has also co-authored a number of chapters in textbooks. She is committed to providing evidence-based, compassionate care to all her patients and believes in “Healthy Mother and Healthy Baby” outcome.

Experience

? Resident at LTMMC, Sion Hospital - 2010-2013

? Senior Registrar at St Martha's Hospital - 2014-2016

? Assistant Professor at RCSM GMC and CPR Hospital -2016-2017

? Endoscopy Trainee at Radhakrishna Multispeciality Hospital - October 2017- January 2018

- ? Consultant at Apollo Clinic, JP Nagar 7th phase - 2018-2019
- ? Consultant at Ramakrishna Hospital, Jayanagar - 2018 - 2022
- ? Consultant at Apollo Cradle Hospital, Jayanagar - 2019- 2022
- ? Consultant Obstetrician and Gynaecologist, Laparoscopic Surgeon, Sonologist and Infertility Specialist at Motherhood Hospital, Banashankari, Bangalore – August 2022 – April 2025
- ? Senior Consultant Obstetrician and Gynaecologist, Laparoscopic Surgeon and Fertility Specialist at Apollo Hospitals, Bannerghatta- May 2025 till date
- ? Academic Committee Member of Bangalore RCOG Trust - March 2022 - Present
- ? Executive Committee Member of Bangalore Society of Obstetrics and Gynaecology (BSOG)- April 2023 - 2024
- ? Executive Committee Member of Bangalore Society of Obstetrics and Gynaecology (BSOG)- April 2024- 2025
- ? Joint Treasurer of Bangalore Society of Obstetrics and Gynaecology (BSOG)- April 2025- March 2026
- ? Quiz Committee Chairperson, Karnataka Society of Obstetricians and Gynaecologists, 2025 - 2027

Membership

- ? Association of Minimal Access Surgeons of India (AMASI)
- ? Bangalore Society of Obstetrics & Gynaecology
- ? Federation of Obstetric and Gynaecological Societies of India (FOGSI)
- ? Indian Medical Association (IMA)
- ? National Association for Reproductive & Child Health of India (NARCHI)
- ? MRCOG (Member of the Royal College of Obstetrics and Gynaecology, London, UK)
- ? European Fellow of Obstetrics and Gynaecology (EBCOG)
- ? American College of Obstetricians and Gynaecologists (FACOG)
- ? Karnataka College of Obstetricians and Gynaecologists (KCOG)
- ? Indian College of Obstetricians and Gynaecologists (ICOG)

Awards

- ? Distinction in Anatomy and Biochemistry in First MBBS
- ? Distinction in Pathology, Microbiology, Pharmacology and Forensic Medicine in Second MBBS

- ? Distinction in Ophthalmology in Third MBBS (Part I)
- ? Dr L M Shah Prize in the 39th MOGS Annual Conference held in December 2010 in Mumbai for paper presentation on “Efficacy of intraumbilical oxytocin injection and intraumbilical carboprost injection compared to conventional methods”
- ? Dr Ashok Mehra Award in the 40th MOGS Annual Conference held in January 2012 in Mumbai for paper presentation on “Laparoscopic Management of Huge Ovarian Cyst”
- ? Presented a paper on “Prediction of Preeclampsia: Role of Placental Location by Ultrasonography” in TRINITY- LTMMC Competition in February 2012, Mumbai
- ? Presented a paper on “Study of Vaginoplasty” at the Shirin Mehtaji Competition held at Wadia Hospital, Mumbai, in February 2012.
- ? Winner of Dr Hrishikesh Pai and Dr Rishma Pai Quiz on “Medical Disorders in Pregnancy”- Mumbai round in September 2012
- ? Presented a paper on “Stepwise Uterine Devascularisation: An Alternative to Hysterectomy in Non Traumatic, Intractable Post-Partum Haemorrhage” in West Zone YUVA FOGSI Conference in November 2012 at Aurangabad.
- ? Winner of West Zone ISOPARB (Indian Society of Perinatology and Reproductive Biology) Quiz Competition conducted on 29th January, 2013 at LTMMC & LTMGH, Sion, Mumbai.
- ? Dr. Pramila Bhatia Young Scientist Award for the year 2012-13 for paper on “Prospective study to evaluate role of placental location in prediction of preeclampsia” in the 41st MOGS Annual conference held in March 2013, Mumbai.
- ? Dr L M Shah Prize in the 41st MOGS Annual Conference held in March 2013, Mumbai, for paper presentation on “Nuchal Translucency- The effect of period of gestation and fetal neck position on its measurement”
- ? “BEST RESIDENT AWARD-2013” 2nd Prize at LTMMC and LTMGH, Sion, Mumbai.
- ? Presented a paper on “Bilateral ovarian cystic lymphangioma with chylous ascites in pregnancy-a rare case report” at the 42nd MOGS Annual conference held in January 2014, Mumbai.
- ? MOGS Dr C.G. Saraiya Travelling Fellowship for the year 2013-14 at the 42nd MOGS Annual conference held in January 2014, Mumbai
- ? Participated in BSOG-FOGSI Dr. Usha Krishna Quiz on “POPULATION STABILISATION - CONTRACEPTION” held on 18th May, 2014 at API Bhavan, Bangalore.
- ? Participated in Young Talent Search Competition at South Zone Yuva FOGSI held on 8th June, 2014 at J.S.S Medical College, Mysore.
- ? 2nd prize for paper presentation on “Postpartum Deep Vein Thrombosis” at BSOG Annual Conference – Gnanavarsha 2015 on 12th and 13th December, 2015 at NIMHANS Convention Centre, Bangalore.
- ? Participated in BSOG-FOGSI Dr Usha Krishna Quiz on “GYNAECOLOGICAL ONCOLOGY” held on 24th

April, 2016 at API Bhavan, Bangalore.

? 3rd prize for paper presentation on “Masquerading Presentations of Adenomyosis- An Endoscopic Challenge..!!!” at BSOG Annual Conference- Gnanavarsha 2017 on 16th and 17th December, 2017 at Palace grounds, Bangalore.

Research and Publication

? Current Status of Hormone Replacement Therapy: Dr Shailesh Kore, Dr Rashmi Patil. Current Therapies in Obstetrics and Gynaecology, MOGS Bulletin; 2011-12: 68- 71

? Importance of Micronutrients in Pregnancy: Dr Shailesh Kore, Dr Rashmi Patil. News & Views, Issue 1; 2012: 15-17

? Ultrasound Markers of Chromosomal Anomalies: Dr Shailesh Kore, Dr Rashmi Patil. AICOG Workshop Manual on Fetal Surveillance; 2013:1-10

? Postmenopausal Bleeding: Can Ultrasound Replace Endometrial Biopsy?: Dr Shailesh Kore, Dr V Kulkarni, Dr Pradnya Supe, Dr Kirti Gupta, Dr Rashmi Patil, Dr Y S Nandanwar: sent for publication in Bombay Hospital Journal

? Priming with mifepristone: can there be a fast track for second-trimester termination of pregnancy?: Patil R; Kore S; Nandanwar YS. E-Posters, EP9. BJOG: An International Journal of Obstetrics & Gynaecology, 121:s2;2014: 191–192

? Bilateral ovarian cystic lymphangioma with chylous ascites in pregnancy- a rare case report with review: Dr Archana Daddenavar, Dr Vikas Daddenavar, Dr Rashmi Patil. International Journal of Reproduction, Contraception, Obstetrics and Gynaecology. 2016 May; 5(5): 1633- 1636

? Intravenous Paracetamol Infusion versus Intramuscular Tramadol as an IntraPartum Labor Analgesic: Rashmi Patil, Vivek Rayadurg. Int J Reprod Contracept Obstet Gynecol 2016; 5: 3268.

? Partnership of obstetrician and neonatologist to improve neonatal outcome in peri-viable and premature babies: a cross-sectional survey: Ujjwala S. Patankar, Sameer U. Patankar, Mangala Sonak, Rashmi Patil, Aditi J. Upadhye, Jayshree J. Upadhye Patankar. Int J Reprod Contracept Obstet Gynecol. 2022 Jul;11(7):1872-1876

? Assessment of menopausal symptoms using modified menopause rating scale among urban women doctors of India: Ujjwala S. Patankar, Mangala M. Sonak, Sameer U. Patankar, Rashmi R. Patil, Aditi J. Upadhye, Jayshree J. Upadhye. Int J Reprod Contracept Obstet Gynecol. 2022 Jul;11(7):1974-1978

Frequently Asked Questions

1. Where does Dr. Rashmi Patil practice?

Dr. Rashmi Sharma is a practicing gynaecologist at Apollo Hospitals, Bannerghatta Road. Apollo Hospitals provides comprehensive healthcare services.

2. Who is Dr. Rashmi Patil?

Dr Rashmi Patil is a renowned Obstetrician & Gynecologist with over 15 years of experience. She practices in Bangalore at Apollo Hospitals Bannerghatta Road. She provides treatments including Reproduction Treatment, Pcod Pcos Treatment. She specializes in treating conditions like Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease.

3. Why do patients visit Dr. Rashmi Patil?

Dr. Rashmi Patil provides services for obstetrics & gynaecology. For a comprehensive list of her services, please refer to her profile.

4. What is Dr. Rashmi Patil's specialization?

Dr Rashmi Patil specializes in Obstetrics & Gynecology. She has expertise in treating conditions such as Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease. Her key treatments include Reproduction Treatment, Pcod Pcos Treatment.

5. What are Dr. Rashmi Patil's medical qualifications?

Dr Rashmi Patil holds MBBS, MS(OBG), DNB, MRCOG(UK), EFOG-EBCOG(Europe), FACOG, FICOG, FKCOG, FMAS, reflecting her comprehensive education in the field of Obstetrics & Gynecology.

6. How many years of experience does Dr. Rashmi Patil have?

Dr. Rashmi Patil possesses 15 years of experience in gynaecology and obstetrics. Details regarding her professional history are available upon request.