

Dr. Pramod K Sudarshan

MBBS, MS (Ortho), Fellow in Spine Surgery
12 + Years experience



Dr. Pramod K Sudarshan is a highly skilled Senior Consultant Spine Surgeon and has over 12 years of experience in managing complex spinal disorders.

Hospitals

[Apollo Hospitals, Bannerghatta Road](#)

Doctor's Working Weekdays

Mon - Sat

Doctor's Working Hours

09:00 -17:00

Doctor's Slot Timings

MON - 09:00 -17:00 TUE - 09:00 -17:00 WED - 09:00 -17:00 THU - 09:00 -17:00 FRI - 09:00 -17:00 SAT - 09:00 -17:00

Overview

Dr. Pramod K Sudarshan is a highly skilled Senior Consultant Spine Surgeon and has over 12 years of experience in managing complex spinal disorders. He holds an MBBS and an MS in Orthopaedics, along with multiple prestigious international fellowships in spine surgery from leading institutions in the UK, USA, Denmark, and other countries. Having trained under renowned experts, he specializes in spinal deformity correction, minimally invasive spine surgery, and robot-assisted spine procedures.

He has independently performed over 1000 spine surgeries and has assisted in highly complex cases, including during his fellowship at Apollo Hospitals, Chennai. A prolific academic, he has presented at global conferences and contributed to the ASSI Monogram Series, the Textbook of Minimally Invasive Spine Surgery and other international volumes. He is also co-author of over ten peer-reviewed articles in journals, such as the International Journal of Spine Surgery and the Indian Spine Journal.

Recognized with numerous awards, including the ISASS Leon Wiltse Award and VTI Gold Medal, Dr. Pramod is committed to delivering evidence-based, patient-centered care with surgical precision and innovation.

Experience

- Senior Consultant Spine Surgeon - Apollo Hospital, Bangalore – May 2025 onwards
- Senior Consultant Spine Surgeon - Aster MIMS Hospital, Calicut – January 2020 – April 2025
- Editorial Board Member - Indian Spine Journal (ISJ) – 2024 – Present
- Task Force Member - Cure SMA Foundation India – 2022 – Present
- Scientific Research Committee Member - Aster MIMS, Calicut – 2022 – 2025
- Guide for Postgraduate DNB Thesis in Spine Surgery - National Board of Examinations – 2021-2025, Faculty for FNB Spine surgery program
- Visiting Consultant, Spinal Deformity Surgery - Sri Sathya Sai Institute of Higher Medical Sciences, Bangalore – January 2017 – January 2020
- Associate Consultant Spine Surgeon - PEOPLE TREE Hospitals, Bangalore – November 2016 – December 2019
- Registrar, Orthopaedic Surgery - BGS Global Hospital, Bangalore – May 2014 – September 2014

Awards

- ISSLS Young Investigator Travel Grant – SpineWeek, Melbourne - 2023
- Platinum Award – Patient Safety Awards, Dubai - 2022
- Second Runner-Up – CAHOCON 2022
- VTI Gold Medal – Best Paper, ASSICON 2022
- Best Poster Award – SICOT/AAOS Scholarship, Kuala Lumpur - 2022
- Nuvasive SICOT Scholarship – SICOT Orthopaedic World Congress - 2022
- Best Paper (English Session) – 94th Japanese Orthopaedic Association (JOA) Annual Meeting, Tokyo - 2021
- Nuvasive SICOT Scholarship – SICOT World Congress, Muscat - 2019
- Outstanding English Paper Award – Japanese Scoliosis Society, Tokyo - 2018
- ISASS Leon Wiltse Award – Best Overall Paper, ISASS Meeting, Florida, USA - 2017
- Dr. K.T. Dholakia Gold Medal – Best Overall Paper, IOACON, Kochi - 2016
- Charles Ray Award – Best Clinical Paper, ISASS, Las Vegas - 2016
- Prof. A.S. Annamalai Gold Medal – Best Outgoing Student (M.S. Ortho), Madurai Medical College - 2014
- TNOA PG KMC Gold Medal – Winner, TNOACON PG Quiz, Chennai
- Best Paper Awards – OASISCON, Bengaluru & POACON, Pondicherry - 2012

Research and Publication

- Sudarshan P et al. Monitoring Transcranial MEPs in Charcot-Marie-Tooth Disease – Indian Spine Journal, 2024
- Sudarshan P et al. Air Crash Injuries: COVID-19 Challenges & Outcomes – International Journal of Spine Surgery, 2022
- Pavithran P, Sudarshan PK et al. Thoracolumbar Interfascial Plane Block vs LA Infiltration – Indian Journal of Anaesthesia, 2022
- Badikillaya V, Sudarshan P et al. Unilateral vs Bilateral TLIF Fixation – Int J Spine Surg, 2021
- Kailash K, Sudarshan P et al. Surgical Management of High-Grade Spondylolisthesis – Indian Spine Journal, 2021

Special Interests

spinal deformity correction, minimally invasive spine surgery, and robot-assisted spine procedures

Membership

- Association of Spine Surgeons of India (ASSI) – Life member since 2014
- Asia Pacific Orthopedic Association (APOA) and Asia Pacific Spine society (APSS) – Life member
- Karnataka Orthopedic association (KOA) and Indian Orthopedic Association (IOA) – Life member since 2018
- Bangalore Orthopedic society (BOS) – Life member
- Bangalore Spine Society (BSS)
- Indian Medical Association (IMA)
- SICOT, Belgium – Associate member (2015-2021), Active member since 2022