

# Dr Aanchal Mittal

Clinical Fellowship in Otolaryngology, MS-ENT, MBBS

8 + Years experience



Dr Aanchal Mittal is a top Ent Specialist in Bangalore at Apollo Hospitals Bannerghatta Road, Apollo Speciality Hospitals Jayanagar Bangalore . Book appointment online with Dr Aanchal Mittal at Ask Apollo.

## Hospitals

[Apollo Hospitals, Bannerghatta Road](#)

## Doctor's Working Weekdays

Wed - Fri

## Doctor's Working Hours

08:00 -18:00

## Doctor's Slot Timings

WED - 08:00 -18:00 FRI - 14:00 -18:00

## Overview

Dr. Aanchal Mittal is a highly skilled ENT Specialist based in Bengaluru, Karnataka, with over 8 years of dedicated experience in the field of otolaryngology. She holds an impressive academic background with qualifications including MBBS, MS (ENT), and a Clinical Fellowship in Otology. Dr. Mittal is fluent in multiple languages, including English, Hindi, and Kannada, which enables her to effectively communicate with a diverse range of patients. Throughout her career, Dr. Mittal has made significant contributions to her field, exemplified by her achievements at prestigious events and competitions. Notably, she secured the first place in a paper presentation at the 11th International Symposium on Recent Advances in Rhinosinusitis and Nasal Polyposis in 2018, earning her an observership with Dr. Mohan Kameswaran, a leading ENT consultant at the MERF Institute of Speech and Hearing in Chennai. Additionally, her strong academic performance is highlighted by her remarkable ranks in various National Science Olympiads and the National Level Science Talent Search Examination. Dr. Mittal is associated with Apollo Hospitals, where she provides top-notch ENT care to her patients. Her commitment to her patients, combined with her expertise and continued professional development, solidifies her reputation as a trusted ENT specialist. Whether it's diagnosing complex conditions or performing intricate surgeries, Dr. Aanchal Mittal is devoted to improving her patients' quality of life through comprehensive ear, nose, and throat care.

## Experience

- Consultant ENT, Therapeia Skin Hair and ENT Centre, 2019
- Clinical Fellow, Apollo Hospitals, Bangalore, 2018
- Senior Resident, Bangalore Medical College and Research Institute, 2017
- Resident, Navi Mumbai Municipal Corporation Hospital, 2015-2016

## Awards

Secured the first place in Paper presentation at the 11th International Symposium on Recent Advances in Rhinosinusitis and Nasal Polyposis, 2018 and was awarded an observership under Dr. Mohan Kameswaran, Senior ENT Consultant, MERF Institute of Speech and Secured All India rank 316 in the 5th National Science Olympiad, 2003 Secured All India rank 89 in the 7th National Science Olympiad, 2004 Secured All India rank 69 in the National Level Science Talent Search Examination, 2005 MS Dissertation: Submitted to Dr. D Y Patil Vidyapeeth, Pune, 2015 Study of change in flora of lower respiratory tract following tracheostomy.

## Research and Publication

- MS Dissertation: Submitted to Dr. D Y Patil Vidyapeeth, Pune, 2015 Study of change in flora of lower respiratory tract following tracheostomy.
- Aggarwal A, Thomas J, Ghatge G, Ingale M. Idiopathic recurrent facial nerve palsy. Transworld Medical Journal. 2013;1(4):155-156.
- [Mittal, A.A., Kumar, A., Bansal, A. et al. Cochlear Implant in a Child with a Large Arachnoid Cyst and Cysto-peritoneal Shunt. Indian J Otolaryngol Head Neck Surg \(2020\). <https://doi.org/10.1007/s12070-020-02145-9>](https://doi.org/10.1007/s12070-020-02145-9)
- Dutt, S., Kumar, A., Mittal, A., Vadlamani, S., & Gaur, S. (2021). Cochlear implantation in auditory neuropathy spectrum disorders: Role of transtympanic electrically evoked auditory brainstem responses and serial neural response telemetry. The Journal of Laryngology & Otology, 135(7), 602-609. doi:10.1017/S0022215121001328

## Membership

- Association of Otorhinolaryngologists of India - 2014
- Association of Otorhinolaryngologists of Navi Mumbai and Raigad - 2015
- Association of Otolaryngologists of Karnataka -- 2017
- Cochlear Implant Group of India - 2018

## **List of Treatments**

Doctors Treatment

[Sinus Sinusitis Treatment](#)

[Bad Breath Halitosis Treatment](#)

[Treatment For Bleeding Swolen Gums](#)

[Treatment For Sinusitis](#)

[Vertigo Treatment](#)

[Congenital Ear Problem Treatment](#)

[Thyroid Treatment](#)

## **List of Conditions Treated**

Doctors Condition

[sinus disease](#)

[Nasal Disorders](#)

[Labyrinth Disease](#)

[Nose Infection](#)

[Throat Infection](#)

[voice-disorders](#)

[Broken nose](#)

[Deviated septum](#)

[Eustachian tube dysfunction](#)

[Hoarseness](#)

[Laryngitis](#)

[Nasal congestion](#)

[Otosclerosis](#)

[Sore throat](#)

[Stuffy nose](#)

[Glue Ear](#)

[Vocal cord cancer](#)

[Vocal cord paralysis](#)

[Vocal cords](#)  
[Middle Ear](#)  
[Pharyngitis](#)  
[Tmd](#)  
[Rhinosporidiosis](#)  
[Rhinitis](#)  
[Running Nose](#)  
[Nasal And Sinus Allergy Care](#)  
[Nasal Polyp](#)  
[Nasal Septum Deviation](#)  
[Nasolacrimal Duct Obstruction](#)  
[Problems With Smell](#)  
[Laryngopharyngeal Reflux](#)  
[Nose Bleed](#)  
[Airplane Ears Barotrauma](#)  
[Angiofibroma](#)  
[Laryngotracheal Anomalies](#)  
[Larynx](#)  
[Sensorineural Hearing Loss](#)  
[Serous Otitis Media](#)  
[Sinonasal Malignancies](#)  
[Otoacoustic Emission Oae](#)  
[Otoneurology](#)  
[Outer Ear](#)  
[Sinusitis](#)  
[Sneezing](#)  
[tmj](#)  
[Special Tests Sisi And Tdt](#)  
[Auditory Processing](#)  
[Bad Breath](#)  
[Bitter Taste In The Mouth](#)  
[Blocked Nose](#)  
[Throat And Voice Problems](#)  
[Throat Pain](#)  
[Tingling](#)  
[Tinnitus Evaluation And Manage](#)  
[Tinnitus Evaluation And Management](#)

[Tinnitus Evaluation Management](#)  
[Underactive Thyroid](#)  
[Vertigo Management](#)  
[Glottis](#)  
[Enlarged Lymph Nodes](#)  
[Dysphonia](#)  
[Earache](#)  
[Ear Pain](#)  
[Ear Discharge](#)  
[vestibular-evoked-myogenic-potentials-vemp](#)  
[Cysts And Nodules Of Vocal Fold](#)  
[Crooked Nose](#)  
[Conditioning Play Audiometry](#)  
[Stuffy Ear](#)  
[Strep Throat](#)

## **Frequently Asked Questions**

### **Where does Dr. Aanchal Mittal practice?**

Dr. Aanchal Mittal currently practices at Apollo Hospitals Bannerghatta Road, located in Bangalore.

### **Who is Dr. Aanchal Mittal?**

Dr. Aanchal Mittal is a highly experienced Ent with 6 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments. Her areas of expertise include Sinus Sinusitis Treatment, Bad Breath Halitosis Treatment. She also treats conditions such as sinus disease, Nasal Disorders.

### **Why do patients choose Dr. Aanchal Mittal?**

Patients trust Dr. Aanchal Mittal for her expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the

latest medical advancements and ensures personalized treatment for every patient.

### **What is Dr. Aanchal Mittal's specialization?**

Dr. Aanchal Mittal specializes in Ent, with expertise in treatments for Sinus Sinusitis Treatment, Bad Breath Halitosis Treatment.

### **What are Dr. Aanchal Mittal's medical qualifications?**

Dr. Aanchal Mittal holds prestigious qualifications, including Clinical Fellowship in Otology, MS-ENT, MBBS.

### **How many years of experience does Dr. Aanchal Mittal have?**

Dr. Aanchal Mittal has 6 years of experience in the medical field, treating various conditions related to Ent.

### **How can I book an appointment with Dr. Aanchal Mittal?**

You can book an appointment with Dr. Aanchal Mittal through:

Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.