

Dr Anupama K

MBBS, MS - ENT

22 + Years experience



Dr Anupama K is a top Ent Specialist in Chennai at Apollo Firstmed Hospital. Book appointment online with Dr Anupama K at Ask Apollo.

Hospitals

[Apollo Firstmed Hospital, Chennai](#)

Doctor's Working Weekdays

Mon - Fri

Doctor's Working Hours

18:00 -19:00

Doctor's Slot Timings

MON - 18:00 -19:00 WED - 18:00 -19:00 FRI - 18:00 -19:00

Overview

Dr. Anupama K is a highly skilled ENT Specialist based in Chennai, Tamil Nadu, with 22 years of experience in diagnosing and treating a wide range of ear, nose, and throat conditions. Her expertise extends to advanced ENT procedures, ensuring comprehensive care for her patients.

Dr. Anupama holds an MBBS and an MS in ENT, with additional training in neurosurgery (MCh) for two years before discontinuing to focus on her ENT specialization. Her vast knowledge and clinical expertise enable her to provide accurate diagnoses and effective treatment plans tailored to individual patient needs.

Fluent in English, Telugu, and Tamil, she ensures seamless communication with her patients, making them feel comfortable and well-informed about their conditions and treatment options. Her patient-first approach emphasizes compassionate care and advanced medical solutions.

As a specialist at Apollo Firstmed Hospital, Dr. Anupama K remains dedicated to delivering high-quality ENT care. Her commitment to continuous learning and medical excellence makes her a trusted professional in the field of otolaryngology.

Experience

2012 JUNE -2016 JUNE GOVT SERVICE 2016 TILL DATE PRIVATE PRACTICE IN CHENNAI AND UDHAGAMANDALAM PERFORMED OVER 2500 SURGERIES IN ENT, FIRST TO PERFORM ENDOSCOPIC PITUITARY SURGERY IN NILGIRIS DISTRICT

Research and Publication

Authored a Chapter in a Thieme Published book on Juvenile Nasopharyngeal Angiofibroma ISBN 978-93-85062-90-2 Research interests include Pituitary tumors and infertility and spontaneous CSF rhinorrhoea

Special Interests

Otology, General and Advanced, Rhinology, Skullbase , Pituitary tumor surgery

Membership

MBBS TNMGR MEDICAL UNIVERSITY MS ENT MADRAS MEDICAL COLLEGE FELLOW WORLD SKULLBASE AND DIPLOMA HOLDER from M S Ramaiah University, Bangalore

AOI Chennai, AOI Tamilnadu, IMA

List of Treatments

Doctors Treatment

[Sinus Sinusitis Treatment](#)

[Treatment For Bleeding Swolen Gums](#)

[Treatment For Sinusitis](#)

[Vertigo Treatment](#)

[Congenital Ear Problem Treatment](#)

[Thyroid Treatment](#)

List of Conditions Treated

Doctors Condition

[sinus disease](#)

[Nasal Disorders](#)

[Labyrinth Disease](#)

[Nose Infection](#)

[Throat Infection](#)

[voice-disorders](#)

[Broken nose](#)

[Deviated septum](#)

[Eustachian tube dysfunction](#)

[Hoarseness](#)

[Laryngitis](#)

[Nasal congestion](#)

[Otosclerosis](#)

[Sore throat](#)

[Stuffy nose](#)

[Glue Ear](#)

[Vocal cord cancer](#)

[Vocal cord paralysis](#)

[Vocal cords](#)

[Middle Ear](#)

[Pharyngitis](#)

[Tmd](#)

[Rhinosporidiosis](#)

[Rhinitis](#)

[Running Nose](#)

[Nasal And Sinus Allergy Care](#)

[Nasal Polyp](#)

[Nasal Septum Deviation](#)

[Nasolacrimal Duct Obstruction](#)

[Problems With Smell](#)

[Laryngopharyngeal Reflux](#)

[Nose Bleed](#)

[Airplane Ears Barotrauma](#)

[Angiofibroma](#)

[Laryngotracheal Anomalies](#)

[Larynx](#)

[Sensorineural Hearing Loss](#)

[Serous Otitis Media](#)

[Sinonasal Malignancies](#)

[Otoacoustic Emission Oae](#)

[Otoneurology](#)

[Outer Ear](#)

[Sinusitis](#)

[Sneezing](#)

[tmj](#)

[Special Tests Sisi And Tdt](#)

[Auditory Processing](#)

[Bad Breath](#)

[Bitter Taste In The Mouth](#)

[Blocked Nose](#)

[Throat And Voice Problems](#)

[Throat Pain](#)

[Tingling](#)

[Tinnitus Evaluation And Manage](#)

[Tinnitus Evaluation And Management](#)

[Underactive Thyroid](#)

[Vertigo Management](#)

[Glottis](#)
[Enlarged Lymph Nodes](#)
[Dysphonia](#)
[Earache](#)
[Ear Pain](#)
[Ear Discharge](#)
[vestibular-evoked-myogenic-potentials-vemp](#)
[Cysts And Nodules Of Vocal Fold](#)
[Crooked Nose](#)
[Conditioning Play Audiometry](#)
[Stuffy Ear](#)
[Strep Throat](#)

Frequently Asked Questions

Where does Dr. Anupama K practice?

Dr. Anupama K practices at Apollo Firstmed Hospital. This hospital offers comprehensive healthcare services.

Who is Dr. Anupama K?

Dr Anupama K is a renowned Ent with over 22 years of experience. She practices in Chennai at Apollo Firstmed Hospital. Dr Anupama K holds a degree in MBBS, MS - ENT, MCH NEUROSURGERY 2 Yrs and discontinued. She provides treatments including Sinus Sinusitis Treatment, Treatment For Bleeding Swollen Gums, Treatment For Sinusitis. She specializes in treating conditions like sinus disease, Nasal Disorders, Labyrinth Disease.

Why do patients visit Dr. Anupama K?

Patients choose Dr. Anupama K for expertise in Head and Neck Tumor/Cancer Surgery, Nasal and Sinus Allergy treatment, and Sebaceous cyst excision. For further details on her specialties, please refer to her complete profile.

What is Dr. Anupama K's specialization?

Dr Anupama K specializes in Ent. She has expertise in treating conditions such as sinus disease, Nasal Disorders, Labyrinth Disease. Her key treatments include Sinus Sinusitis Treatment, Treatment For Bleeding Swollen Gums, Treatment For Sinusitis.

What are Dr. Anupama K's medical qualifications?

Dr Anupama K holds MBBS, MS - ENT, MCH NEUROSURGERY 2 Yrs and discontinued, reflecting her comprehensive education in the field of Ent.

How many years of experience does Dr. Anupama K have?

Dr. Anupama K possesses 20 years of experience in the medical field. Details of her past practice locations are not available here.

Who is an Ear-Nose-Throat (ENT) Specialist?

An otolaryngologist, also known as an ENT doctor, specializes in diagnosing and treating ear, nose, and throat disorders. This branch of medicine focuses on conditions affecting the ears, nose, throat, and related head and neck areas.

Is an Ear-Nose-Throat (ENT) Specialist different from an Otorhinolaryngologist?

An otorhinolaryngologist is a physician specializing in ear, nose, and throat (ENT) conditions. The term ENT specialist is a more commonly used synonym. ENT doctors manage a wide range of ear, nose, and throat health issues, utilizing both medical and surgical treatments as needed. They address and correct defects affecting these areas.

Is a referral needed to see an ENT specialist?

Appointments with ENT specialists are typically scheduled in advance. Walk-in consultations may also be available, though wait times may apply. Referral from

another physician is sometimes required, depending on the specific situation.

Should I consult an ENT specialist for sinusitis?

An Ear, Nose, and Throat (ENT) specialist is qualified to diagnose and treat sinusitis, a chronic sinus infection. While a primary care physician can offer initial care, an ENT's expertise in the interconnected anatomy of the ear, nose, and sinuses makes them the ideal medical professional for comprehensive sinusitis treatment.