

Dr Anu Vij

MBBS-GSVM, KANPUR 1986 MS OBG-GSVM, KANPUR 1991 FICOG-FOGSI - INDIAN COLLEGE OF OBS AND GYN 2011 PGDHHM & PGDMLS - SYMBIOSIS CENTRE OF HEALTHCARE, PUNE 2014

34 + Years experience



Dr Anu Vij is a top Obstetrician & Gynecologist in Mumbai at Apollo Hospitals Navi Mumbai . Book appointment online with Dr Anu Vij at Ask Apollo.

Hospitals

[Apollo Hospitals, Mumbai](#)

Doctor's Working Weekdays

Tue - Fri

Doctor's Working Hours

16:00 -18:00

Doctor's Slot Timings

TUE - 16:00 -18:00 THU - 16:00 -18:00 FRI - 16:00 -18:00 TUE - 16:00 -18:00 THU - 16:00 -18:00 FRI - 16:00 -18:00

Overview

Dr. Anu Vij is a highly experienced Obstetrician and Gynaecologist based in Mumbai, Maharashtra, with an impressive 34 years of clinical practice. She is passionate about women's health and has dedicated her career to providing exceptional care in the fields of obstetrics and gynecology. Dr. Vij is fluent in multiple languages, including English, Hindi, Marathi, and Punjabi, allowing her to cater to a diverse patient base.

Dr. Vij holds several prestigious qualifications, including MBBS, MD (Ob-Gyn), FICOG, PGDMLS, and PGDHMM, showcasing her commitment to continuous education and professional development. She is an esteemed member of various professional societies, including FOGSI (Federation of Obstetric and Gynecological Societies of India) and the Indian Menopause Society, where she serves as Joint Treasurer.

Throughout her career, Dr. Vij has contributed to the field through numerous publications and research, including significant chapters in reputable medical literature. Her notable works include contributions to books on ultrasound in obstetrics and gynecology, and guidelines on menopause and family welfare.

Dr. Vij's special interests lie in high-risk obstetrics, fetal medicine, ultrasound in gynecology and obstetrics, and uterus-saving surgeries. She is also committed to promoting vaginal deliveries, ensuring that her patients receive the most appropriate and personalized care. Additionally, she has undergone extensive certifications, including a Fellowship in Sling Surgeries and specialized training in sexual medicine and colposcopy.

With a robust background, devotion to patient care, and a commitment to advancing women's health, Dr. Anu Vij is a respected leader in her field and a trusted healthcare provider for countless women navigating their reproductive health journeys.

Experience

Basic MBBS and MD training in GSVM Medical College, Kanpur , UP 1981-1991
Higher training in Ob-Gyn in Breach Candy Hospital, Mumbai 1991-1993
In private practice since 1994 in Navi Mumbai

Experience in Ob-Gyn: Current posts:

Director ,
Anurag Nursing Home Maternity and Surgical Shreeji Plaza, Sce-25, Plot-24
Seawoods-Darave, Nerul East Navi Mumbai 400 706 Maharashtra, India

Consultant Obstetrician and Gynaecologist Apollo Hospital
Navi Mumbai

Consultant Obstetrician and Gynaecologist
Medicover Hospital, Kharghar

Research and Publication

PUBLICATIONS (RESEARCH):

ULTRASOUND IN OBSTETRICS AND GYNAECOLOGY, 4th EDITION, CHAPTER 49,
Prediction of Preterm Labor by ultrasound Cervical Length

PRINCIPLES AND PRACTICE OF OBSTETRICS AND GYNAECOLOGY FOR POST
GRADUATES, 3rd EDITION, SECTION 11- IMAGING IN OBSTETRICS AND
GYNAECOLOGY: "CT-MRI in Obstetrics and Gynaecology"; 903

FOGSI FOCUS ON CONTRACEPTION, 2009, CHAPTER ON "CONTRCEPTIVE PATCH"

FOGSI FOCUS ON MENOPAUSE, 2010, CHAPTER ON "PHYSIOLOGY OF MENOPAUSE"

Antenatal Care: Routine care for the healthy pregnant woman; Family Welfare
Committee, FOGSI,

Clinical Practice Guidelines on Menopause: An executive summary and
recommendations; Co-Author for Perimenopausal Bleeding.

Chapter on 'Screening in menopause', under print.

FOGSI Good Practice Guidelines: Influenza in Pregnancy .

Special Interests

High Risk Obstetrics

Fetal Medicine

Ultrasound in Gyne and Obs

Uterus saving surgeries

Vaginal delivery

Membership

FOGSI: Federation of Obstetric and Gynecological Societies of India

NAVI MUMBAI Obstetric and Gynecological society : President

Indian Menopause Society : L 1083: Joint Treasurer

INSUOG AND ISUOG : Indian/International Society of Ultrasound in Obstetrics and Gynaecology.

List of Treatments

Doctors Treatment

[Reproduction Treatment](#)

[Pcod Pcos Treatment](#)

[Polycystic Ovary Treatment](#)

[Amenorrhoea Treatment](#)

[Treatment For Leucorrhea White Discharge](#)

[Treatment For Pcod Pcos](#)

[Treatment Of Polycystic Ovarian Syndrome Pcos](#)

[Female Infertility Treatment](#)

[Complicated Pregnancy Treatment](#)

List of Conditions Treated

Doctors Condition

[Pre Menstrual Syndrome](#)

[Polycystic Ovary Syndrome In Adolescence](#)

[pregnancy-and-heart-disease](#)

[Premature Ovarian Failure](#)

[Menses Disorder](#)

[Menstrual Disorders In Adolescent Girls](#)

[Menstrual Disorders Management](#)

[Vaginal Infection](#)

[Vaginal Yeast Infection](#)

[Fanconi Renotubular Syndrome](#)
[Diseases In Pregnancy](#)
[Adenomyosis](#)
[Endometriosis](#)
[Fertility](#)
[Menopause](#)
[Morning sickness](#)
[Recurrent Pregnancy Loss](#)
[Uterine fibroids](#)
[Uveitis](#)
[Acne In Periods](#)
[gynae problems](#)
[Pcos](#)
[Pcod](#)
[Adolescence To Menopause Care](#)
[Parturition](#)
[Miscarriage](#)
[Pap Smear](#)
[Polycystic Ovary](#)
[Painful Sexual Intercourse](#)
[Painful Periods](#)
[Post Pregnancy Classes](#)
[Pre And Post Delivery Care](#)
[pre-and-post-natal-massage](#)
[Heavy Periods](#)
[Preconception Counseling](#)
[pregnancy](#)
[Pregnancy Care And Management](#)
[Pregnancy Exercise](#)
[pregnancy-hypertension-preeclampsia-eclampsia](#)
[Pregnancy Scan](#)
[Pregnancy With Pcod](#)
[Pregnant](#)
[reproduction](#)
[rejuvenation-relaxation](#)
[Quad Screen](#)
[Irregular Menstruation](#)

[Irregular Periods](#)
[Pregnant Women Counseling](#)
[Preimplantation Genetic Diagnosis Pgd](#)
[Premenstrual Swelling In Breasts](#)
[Premenstrual Tenderness In Breasts](#)
[Prenatal And Postnatal Exercise](#)
[Prenatal Antenatal And Postnatal Exercise Pro](#)
[Prenatal Care](#)
[Prenatal Checkup](#)
[Obstetrics Problems](#)
[Maternity](#)
[Ovarian Cyst](#)
[Ovarian Polyps](#)
[Ovarian Tumors](#)
[White Discharge Problem](#)
[Bhcg For Pregnancy Detection](#)
[Bleeding During Pregnancy](#)
[Trichomoniasis](#)
[Uterine Bleeding](#)
[Vaginal Birth After Cesarean Vbac](#)
[Vaginal Discharge](#)
[vaginal-dryness](#)
[Vaginal Itching](#)
[Vaginal Prolapse](#)
[Vaginal Tumor](#)
[vaginitis](#)
[Female Sexual Problems](#)
[Early Pregnancy](#)
[vulvoscopy](#)
[Diagnosis Of Unexplained Infertility](#)
[Contraception Advice](#)
[Choriocarcinoma](#)
[Child Birth Education](#)
[Cervical Fibroid](#)
[Care Of Women With Repeated Miscarriage](#)
[Candidiasis](#)

Frequently Asked Questions

Where does Dr. Anu Vij practice?

Dr. Anu Vij is a practicing physician at Apollo Hospitals, Navi Mumbai. This hospital offers comprehensive healthcare services.

Who is Dr. Anu Vij?

Dr ANU VIJ is a renowned Obstetrician & Gynecologist with over 34 years of experience. She practices in Mumbai at Apollo Hospitals Navi Mumbai. Dr ANU VIJ holds a degree in MBBS-GSVM, KANPUR 1986 MS OBG-GSVM, KANPUR 1991 FICOG-FOGSI - INDIAN COLLEGE OF OBS AND GYN 2011 PGDHHM & PGDMLS - SYMBIOSIS CENTRE OF HEALTHCARE, PUNE 2014. She provides treatments including Hysterectomy, Laparoscopic Ovarian Cyst Removal, IVF & Fertility Treatments. She specializes in treating conditions like Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease.

Why do patients visit Dr. Anu Vij?

Dr. Anu Vij is frequently consulted for HPV vaccination, high-risk pregnancy care, and management of pregnancy-induced hypertension (preeclampsia/eclampsia). For a complete list of services, please refer to her professional profile.

What is Dr. ANU VIJ's specialization?

Dr ANU VIJ specializes in Obstetrics & Gynecology. She has expertise in treating conditions such as Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease. Her key treatments include Reproduction Treatment, Pcod Pcos Treatment, Polycystic Ovary Treatment.

What are Dr. ANU VIJ's medical qualifications?

Dr ANU VIJ holds MBBS-GSVM, KANPUR 1986 MS OBG-GSVM, KANPUR 1991 FICOG-FOGSI - INDIAN COLLEGE OF OBS AND GYN 2011 PGDHHM & PGDMLS - SYMBIOSIS

CENTRE OF HEALTHCARE, PUNE 2014, reflecting her comprehensive education in the field of Obstetrics & Gynecology.

What is Dr. Anu Vij's experience?

Dr. Anu Vij has 34 years of experience in healthcare.