

Dr Arif Wahab

MD (Medicine), DM (Cardiology)

8 + Years experience



Dr Arif Wahab is a top Cardiologist in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr Arif Wahab at Ask Apollo.

Hospitals

[Apollo Hospitals, Delhi](#)

Doctor's Working Weekdays

Mon - Fri

Doctor's Working Hours

14:00 - 16:00

Doctor's Slot Timings

MON - 14:00 -16:00 FRI - 14:00 -16:00

Overview

Dr. Arif Wahab is a highly experienced cardiologist based in South Delhi, Delhi, with 8 years of dedicated practice in the field of cardiology. As a compassionate and skilled physician, he has committed his career to diagnosing, treating, and preventing cardiovascular diseases. Dr. Wahab holds an MD in Medicine along with a DM in Cardiology, showcasing his extensive training and expertise in this critical specialty. His passion for patient care extends beyond mere treatment; he focuses on educating patients about heart health and empowering them to make informed decisions regarding their wellbeing.

Fluent in English, Hindi, and Urdu, Dr. Wahab is able to effectively communicate with a diverse patient population, ensuring that everyone receives personalized care tailored to their individual needs. His approach combines both cutting-edge medical technology and a compassionate touch, making him a preferred choice for patients seeking cardiac care to enhance their quality of life.

As a recognized cardiologist at Apollo Hospitals, Dr. Wahab stays abreast of the latest advancements in cardiology, promising his patients the most effective treatments available. Although he has not listed any specific awards, his dedication and positive patient feedback speak volumes about his reputation in the medical community. Patients can trust Dr. Wahab not just for his medical expertise, but also for his genuine commitment to their heart health and overall well-being.

Experience

Oct 2016 - till date

Consultant Interventional Cardiology at Indraprastha Apollo Hospitals

Nov 2015 - Sept 2016

Associate Consultant Interventional Cardiology at Indraprastha Apollo Hospital, New Delhi

April 2013 - Oct 2015

J.C (Interventional Cardiology) at Indraprastha Apollo Hospital, New Delhi

July 2012 - April 2013

Post D.M Senior Resident at H.R.M.C Govt. Centre of Cardiology and Cardiovascular Sciences, S.P Medical College

June 2009 - July 2012

D.M Fellow (Cardiology) at H.R.M.C. Govt. Centre of Cardiology and Cardiovascular Sciences

Dec 2005 - Feb 2009

Senior Resident (Cardiology), Centre for Cardiology and Cardiovascular Research, J.N. Medical College, A.M.U., Aligarh

July 2002 - July 2005

Junior Resident (Internal Medicine), J.N. Medical College, A.M.U., Aligarh

Jan 2001 - Feb 2002

Internship, J.N. Medical College, A.M.U., Aligarh

Awards

- Co-Investigator in **Arrhythmia and Sudden Death in Hemodialysis Patients: Monitoring in Dialysis Study (MiD Study)**
- Co-Investigator in **OLDHAT Trial (Olmesartan in Diabetic Hypertensives Advanced Trial)** — a Phase IV trial evaluating the efficacy and safety of Olmesartan and its combination with Hydrochlorothiazide in treating hypertension in approximately 4,000 diabetic patients.

Research and Publication

International Publications

1. **Acute onset quadriparesis with sine wave: a rare presentation**
American Journal of Emergency Medicine; 29(5), pp. 575.e1-575.e2.
2. **Imaging and clinical prognostic indicators of acute pancreatitis: A comparative insight**
Acta Gastroenterologica Latinoamericana (2010); 40(3), pp. 283-287.

3. **Cardiac Resynchronisation Therapy in Heart Failure**
Indian Pacing and Electrophysiology Journal (ICRJ), 2011; 5(4), pp. 121-126.
4. **Tako-tsubo Cardiomyopathy or Broken Heart Syndrome: A Review**
Iranian Cardiovascular Research Journal, 2010; 4(1), pp. 33-34.
5. **Spontaneous Self-Ignition in a case of Acute Aluminium Phosphide Poisoning**
American Journal of Emergency Medicine, 2009 Jul; 27(6): 752.e5-6.
6. **Role of Transcranial Doppler and Pressure Provocation in evaluation of Cerebral Compliance in hydrocephalic children**
Hong Kong Journal of Paediatrics, 2008; 13(2): pp. 110-115.
7. **Is MRI as safe as we think? A Review**
South African Journal of Radiology, July 2008, pp. 50-53.
8. **Acute Aluminium Phosphide poisoning: an update**
Hong Kong Journal of Emergency Medicine, Jul 2008; Vol. 15(3), pp. 152-155.
9. **Lymphangiomatosis of lower limb with massive osteolysis: A Case Report**
The Italian Journal of Paediatrics (Accepted).
10. **Trapped Temporal Horn of Lateral Ventricle. What is your diagnosis?**
Iranian Journal of Radiology, 2007; 4(4): pp. 259-261.

National Publications

1. **Angiographic severity and morphological presentation of coronary artery disease in NIDDM patients**
Journal of Indian College of Cardiology (JICC), 2012; 2(2), pp. 79-82.
2. **A Study of QT dispersion and HRV in patients of acute STEMI**
Indian Heart Journal, 2009; 61(3), pp. 261-264.
3. **Guillain-Barre syndrome with acute falciparum malaria**
Indian Academy of Clinical Medicine, 2009; 10(3), pp. 154-155.
4. **Renal Artery Stenosis: When to Suspect and how to Diagnose**
JICC.
5. **Ruptured Sinus of Valsalva presenting with Left Ventricular Failure**
Journal of Indian Academy of Clinical Medicine, 2008; 9(3), pp. 209-211.
6. **A Study of Plasma Ascorbic Acid Levels in Patients of Cerebrovascular Accident**
JAPI, 2005; Vol. 53, pp. 244-245.

7. **Endothelial Markers of Inflammation**
Cardicon Update, 2006.
8. **Thiazolidinediones: Beyond Glycemic Control**
APICON Update, 2005.
9. **Verapamil Induced Variable AV Block in WPW Syndrome**
Indian Practitioner, July 2005; Vol. 58, No. 7.
10. **Esophageal Candidiasis: When to suspect? A Review**
Gastroenterology Today, Apr-Jun 2008; Vol. XII, No. 2.
11. **Diabetes and Gallstone Disease: A Review**
Calcutta Medical Journal.
12. **Sturge Weber Syndrome: A Review**
Bombay Hospital Journal, 2008; 50(1), pp. 55-58.
13. **Tuberous Sclerosis Complex - A Review**
Calcutta Medical Journal, 2007; 104(6), pp. 7-12.
14. **Cerebral Venous Thrombosis: Diagnosis and Management**
The Indian Practitioner, 2008; 61(2), pp. 89-92.

Book Chapters

1. **Cardiovascular Diseases and Testosterone Replacement Therapy**
In *Hormone Replacement Therapy (HRT) in Menopause and Andropause*, ICP 2015.
2. **Myocardial Viability Testing in Patients with IHD: Test Utility and Limitations**
Chapter 104, *Medicine Update*, 2016.
3. **Vitamin D in Cardiovascular Diseases**
CSI Update, 2014.
4. **Critical Limb Ischemia**
CSI Update, 2013.
5. **Aluminium Phosphide Poisoning: A Review of Health Hazards and Management Strategy**
Medicine Research Summaries, Volume 10, Nova Publishers, pp. 211-213.

Membership

- Fellow, **European Society of Cardiology (FESC)**
- Member, **European Association of Cardiovascular Imaging**

- Member, **American Society of Echocardiography (ASE)**
- International Associate Member, **American College of Cardiology**
- Life Member, **Cardiological Society of India (CSI)**
- International Affiliate Member, **Society for Cardiovascular Angiography and Interventions (SCAI), USA**
- Member, **European Association of Percutaneous Coronary Interventions**
- Member, **Society of Critical Care Medicine, USA** (2008 - 2013)
- Member, **Cardiological Society of India (CSI)**

List of Conditions Treated

Doctors Condition

[Preventive Care Of Heart Lung Diseases](#)

[Screening For Coronary Artery Disease](#)

[Screening For Valvulae Heart Disease](#)

[Cardiovascular Disease Prevention](#)

[Dilated cardiomyopathy](#)

[Irregular Heartbeat](#)

[Orthostatic Hypotension](#)

[Patent foramen ovale](#)

[Acute Aortic Dissection](#)

[Acute Pericarditis](#)

[Palpitations](#)

[Heart Transplantation](#)

[Restrictive Cardiomyopathy](#)

[Primary Pulmonary Hypertension](#)

[Ambulatory Blood Pressure Monitoring](#)

[Pain In Left Part Of Chest](#)

[Blood Pressure Changes](#)

[Double Outlet Right Ventricle](#)

[Double Inlet Left Ventricle](#)

[Chest Pain During Exercise](#)

[Cardiac Rehabilitation](#)

[Cardiovascular Emergencies](#)

[Cardiac Tamponade](#)

[Cardiac Arrhythmias](#)

Frequently Asked Questions

Where does Dr. Arif Wahab practice?

Dr. Arif Wahab is affiliated with Apollo Hospitals, Delhi. This hospital provides comprehensive healthcare services.

Who is Dr. Arif Wahab?

Dr Arif Wahab is a renowned Cardiologist with over 8 years of experience. He practices in Delhi at Apollo Hospitals Delhi. Dr Arif Wahab holds a degree in MD (Medicine), DM (Cardiology). He provides treatments including Angiography, Angioplasty, Pacemaker Implantation, ICD, CRT. He specializes in treating conditions like Preventive Care Of Heart Lung Diseases, Screening For Coronary Artery Disease, Screening For Valvular Heart Disease, Cardiovascular Disease Prevention.

Why do patients visit Dr. Arif Wahab?

Patients seek Dr. Arif Wahab's expertise in cardiology for procedures such as BP monitoring, device closure for congenital heart defects, and dobutamine stress testing. For a comprehensive list of his services, please refer to his professional profile.

What is Dr. Arif Wahab's specialization?

Dr Arif Wahab specializes in Cardiology. He has expertise in treating conditions such as Cardiovascular Disease Prevention, Dilated Cardiomyopathy, and Irregular Heartbeat. His key treatments include Pacemaker Implantation, ICD, CRT, Carotid Stenting, TAVI, and Balloon Mitral Valvuloplasty.

What are Dr. Arif Wahab's medical qualifications?

Dr Arif Wahab holds MD (Medicine), DM (Cardiology), reflecting his comprehensive education in the field of Cardiology.

How many years of experience does Dr. Arif Wahab have?

Dr. Arif Wahab has 8 years of experience in cardiology.