

Dr Arti Behl

MBBS, MD

14 + Years experience



Dr Arti Behl is a top Psychiatrist in Mysore at Apollo Bgs Hospitals Mysore . Book appointment online with Dr Arti Behl at Ask Apollo.

Hospitals

[Apollo BGS Hospitals, Mysore](#)

Doctor's Working Weekdays

Mon - Sat

Doctor's Working Hours

10:30 -16:30

Doctor's Slot Timings

MON - 10:30 -16:30 TUE - 10:30 -16:30 WED - 10:30 -16:30 THU - 10:30 -16:30 FRI - 10:30 -16:30 SAT - 10:30 -16:30

Overview

Dr. Arti Bhel is a highly qualified psychiatrist based in Mysore, Karnataka, with over 14 years of experience in the field. She holds an MBBS and an MD, signifying her deep understanding and expertise in mental health. Dr. Bhel is dedicated to providing comprehensive psychiatric care, employing her extensive training to address a variety of mental health issues. Her approach is compassionate and patient-centered, ensuring that every individual receives tailored treatments that meet their unique needs.

Fluent in English, Hindi, and Kannada, Dr. Bhel is able to communicate effectively with a diverse patient population, making her services accessible to a wide range of individuals. As a female psychiatrist, she offers a unique perspective and empathetic approach to her patients, fostering a safe and comfortable environment for discussions regarding mental health.

Affiliated with Apollo Hospitals, one of the leading healthcare providers, Dr. Bhel is at the forefront of integrating modern psychiatric practices with holistic care. Her commitment to mental health advocacy and her ability to build trust with her patients set her apart as a reputable practitioner in her field. If you are seeking a compassionate specialist who can provide both diagnosis and comprehensive treatment for mental health conditions, Dr. Arti Bhel is an excellent choice. Whether it's through medication management, therapy, or a combination of both, she is committed to helping her patients achieve better mental wellbeing.

Experience

- Worked as assistant professor in dept. Of psychiatry, MHC manipal for two years
- after completing MD -working as consultant psychiatrist at Apollo BGS Hospital mysore since august 2004.

Research and Publication

- Chapter in Comprehensive Textbook of Sexual Medicine (2nd Edition) on 'Female sexual Dysfunction'.

- Presented 3 National and 2 International papers.

Special Interests

- Obsessive Compulsive Disorder, Depression, Schizophrenia, Bipolar disorders

Membership

- Life member of Indian psychiatric society.

List of Treatments

Doctors Treatment

[Personality Disorder Treatment](#)

[Remedial And Psychotherapy](#)

[Relaxing Treatments](#)

[Relaxing Chromotherapy](#)

[Schizophrenia Treatment](#)

[Anxiety Disorders Treatment](#)

[Autism Spectrum Disorders Treatment](#)

[Bipolar Disorder Treatment](#)

[treatment-for-depression-stress-strain](#)

List of Conditions Treated

Doctors Condition

[Eating disorders](#)

[Mood disorders](#)

[Post traumatic stress disorder](#)

[Abandoned Child Syndrome](#)

[Adjustment Disorder](#)

[Adopted Child Syndrome](#)

[mood-disorder](#)

[Post Traumatic Stress Disorder Ptsd](#)

[Premenstrual Dysphoric Disorder](#)

[Mental Disorder](#)

[Bipolar Disorder](#)
[Bipolar Disorder In Children](#)
[Gender Identity Disorder](#)
[Autism](#)
[Dyslexia](#)
[Abnormal Behavior](#)
[Abnormal Unusual Strange Behavior](#)
[Mental Problem](#)
[Patient Counselling](#)
[Personal Development](#)
[Personality Assessment](#)
[panic](#)
[Suicidal Behavior](#)
[Irregular Sleep](#)
[Psychic Integration](#)
[Affective And Emotional Difficulties](#)
[Anger Control](#)
[Anger Management](#)
[Selective Mutism](#)
[Loneliness](#)
[Loss Of Interest](#)
[Loss Of Libido](#)
[Low Confidence](#)
[Mania](#)
[Masturbation Addiction](#)
[Overeating](#)
[Mental Health](#)
[Withdrawal Symptoms](#)
[Anorexia](#)
[Antisocial Behavior](#)
[Anxiety Urination](#)
[Behavioral Problems](#)
[Behaviour Thought Problems](#)
[Forgetfulness](#)
[emotional-outbursts](#)
[Emotional Abuse](#)
[Dyslalia](#)

[Dysfunction In Learning](#)

[Drug Abuse](#)

[Double Personality](#)

[Difficulty Sleeping](#)

[Difficulty Of Learning](#)

[Difficulty Concentrating](#)

[Delayed Ejaculation](#)

[Deaddiction Counselling](#)

[De Addiction](#)

[Counselling](#)

[Bulimia](#)

Frequently Asked Questions

Where does Dr. Arti Behl practice?

Dr. Arti Behl is a practicing physician at Apollo Bgs Hospitals, Mysore. This hospital offers comprehensive healthcare services.

Who is Dr. Arti Behl?

Dr Arti Behl is a renowned Psychiatrist with over 14 years of experience. She practices in Mysore at Apollo Bgs Hospitals Mysore. Dr Arti Behl holds a degree in MBBS, MD. She provides treatments including Personality Disorder Treatment, Remedial And Psychotherapy, Relaxing Treatments. She specializes in treating conditions like Eating disorders, Mood disorders, Post traumatic stress disorder.

Why do patients visit Dr. Arti Behl?

Patients choose Dr. Arti Behl for expertise in smoking cessation, stress management, and circumcision. For a complete list of her services, please refer to her professional profile.

What is Dr. Arti Behl's specialization?

Dr Arti Behl specializes in Psychiatry. She has expertise in treating conditions such as Eating disorders, Mood disorders, Post traumatic stress disorder. Her key treatments include Personality Disorder Treatment, Remedial And Psychotherapy, Relaxing Treatments.

What are Dr. Arti Behl's medical qualifications?

Dr Arti Behl holds MBBS, MD, reflecting her comprehensive education in the field of Psychiatry.

How many years of experience does Dr. Arti Behl have?

Dr. Arti Behl has 14 years of experience in the medical field. Her professional history spans various locations.

What are Dr. Arti Behl's credentials?

Dr. Arti Behl holds an MBBS and an M.D. in Psychiatry.