



## Dr Aruna Thalachinthala

MBBS, MD, Diploma in Laparoscopy 26+ Years Experience

Dr Aruna Thalachinthala is a top Obstetrician & Gynecologist in Chennai at Apollo Speciality Hospitals Vanagaram . Book appointment online with Dr Aruna Thalachinthala at Ask Apollo.

### Hospitals

Apollo Speciality Hospitals, Vanagaram ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
09:00 -15:00



Call Now



Book Appointment

## Overview

Dr. Aruna T is a dedicated and experienced Obstetrician and Gynaecologist based in Tiruvallur, Tamil Nadu. With over 18 years of experience in the field, she has gained a reputation for her unwavering commitment to women's health. Dr. Aruna possesses a rich educational background, holding an MBBS degree, an MD, and a Diploma in Laparoscopy, which equip her with advanced skills for various medical procedures. Her extensive knowledge enables her to provide comprehensive care encompassing prenatal, maternity, and postnatal services, as well as addressing a wide range of gynecological concerns.

Fluent in English, Hindi, Telugu, and Tamil, Dr. Aruna ensures effective communication with her patients, fostering a comforting and understanding environment. Her empathetic approach to patient care helps in addressing the concerns of women from diverse backgrounds. Dr. Aruna is part of the reputable Apollo team, known for its focus on quality healthcare.

In her practice, Dr. Aruna T emphasizes the importance of preventive care and education, empowering women to make informed health decisions. She is dedicated to staying updated with the latest advancements in her field, ensuring her patients receive the best treatment options available. Whether it's counseling, routine check-ups, or complex conditions, Dr. Aruna is committed to providing personalized care to meet the unique needs of every patient. Her passion for her work and dedication to her patients make her a trusted choice for anyone seeking gynecological or obstetric care.

## Experience

- Working in Apollo Hospitals since last Assignment

## Membership

- IMA & FOGSI

## Frequently Asked Questions

### 1. Where does Dr. Aruna Thalachinthala practice?

Dr. Aruna Thalachinthala's medical practice is located at Apollo Speciality Hospitals, Vanagaram. This hospital offers a wide range of healthcare services and specialist consultations.

### 2. Who is Dr. Aruna Thalachinthala?

Dr Aruna Thalachinthala is a renowned Obstetrician & Gynecologist with over 26 years of experience. She practices in Chennai at Apollo Speciality Hospitals Vanagaram. Dr Aruna Thalachinthala holds a degree in MBBS, MD, Diploma in Laparoscopy. She provides treatments including Reproduction Treatment, Pcod Pcos Treatment, Polycystic Ovary Treatment. She specializes in treating conditions like Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease.

### 3. Why do patients choose Dr. Aruna Thalachinthala?

Patients seek Dr. Aruna Thalachinthala's expertise for procedures such as Cesarean Birth, Embryo Cryopreservation, and Amniocentesis. For a comprehensive list of services, please refer to her professional profile.

#### **4. What is Dr. Aruna Thalachinthala's specialization?**

Dr Aruna Thalachinthala specializes in Obstetrics & Gynecology. She has expertise in treating conditions such as Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease. Her key treatments include Reproduction Treatment, Pcod Pcos Treatment, Polycystic Ovary Treatment.

#### **5. What are Dr. Aruna Thalachinthala's medical qualifications?**

Dr Aruna Thalachinthala holds MBBS, MD, Diploma in Laparoscopy, reflecting her comprehensive education in the field of Obstetrics & Gynecology.

#### **6. How many years of experience does Dr. Aruna Thalachinthala have?**

Dr. Aruna Thalachinthala possesses 25 years of experience in gynecology and obstetrics.

#### **7. What are Dr. Aruna Thalachinthala's credentials?**

Dr. Aruna Thalachinthala holds an MBBS and an MD in Obstetrics & Gynecology.

#### **8. Who is a Gynaecologist?**

A Gynaecologist is a medical doctor specializing in women's health, particularly the female reproductive system. This includes the vagina, ovaries, uterus, and breasts. Gynaecologists also possess expertise in Obstetrics, managing pregnancy and childbirth.

#### **9. What is the difference between a Gynaecologist and an Obstetrician?**

Gynecologists manage women's reproductive health, while Obstetricians specialize in pregnancy, childbirth, and postpartum care. Many Gynecologists are also trained Obstetricians. Pregnant women can consult either specialist; however, Gynecologists should be consulted for issues concerning the female reproductive system.

#### **10. What procedures do Gynaecologists and Obstetricians perform?**

Gynaecologists perform procedures such as Dilation and Curettage (D&C), removing the uterine lining via suction or curette, and Hysteroscopy, a minimally invasive uterine procedure. Obstetricians manage childbirth through normal delivery and Cesarean section (C-section) when necessary, ensuring maternal and fetal well-being. These specialists provide comprehensive women's health care, including obstetric and gynecologic services.

## **11. Does a Gynaecologist/Obstetrician treat infertility in women?**

Yes, a Gynaecologist/Obstetrician is trained to deal with infertility and related health issues in women. Consulting a Gynaecologist can be a great way to understand and evaluate the reason for infertility and explore the various avenues of treatment available. In case of infertility in women, you should consult with your Gynaecologist/Obstetrician, who will then refer to a specialist if required.