





## Prof Dr Bindu Menon

M.D. (Medicine), D.M. (Neurology), DNB (Neurology), FRCP (Edinburgh), FRCP (London), FAAN, PGDCN (Neurology) (London), MNAMS, FICP, FIAN, FWSO, FAMS 20+ Years Experience

Dr Bindu Menon is a top Neurologist in Nellore at Apollo Specialty Hospitals Nellore . Book appointment online with Dr Bindu Menon at Ask Apollo.

### Hospitals

Apollo Specialty Hospitals, Nellore ,

<p>Doctor's Working Weekdays</p> <p>Mon - Fri</p>	<p>Doctor's Working Hours</p> <p>09:00 -17:00</p>	 <p>Call Now</p>	 <p>Book Appointment</p>
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## Overview

**Prof. Dr. Bindu Menon** is a highly distinguished **Neurologist** practicing at **Apollo Specialty Hospitals, Nellore**, with over **20 years of clinical experience**. Her extensive academic credentials include **M.D. (Medicine), D.M. (Neurology), DNB (Neurology), PGDCN (Neuro – London), and FRCP (Edinburgh)**, reflecting her commitment to medical excellence and continuous learning. Her multilingual proficiency enables her to communicate effectively with patients from diverse linguistic backgrounds.

Prof. Dr. Bindu Menon is renowned for her **patient-centric approach**, which emphasizes understanding each individual's unique medical history and health needs. Her clinical expertise spans a wide spectrum of neurological conditions, allowing her to provide accurate diagnoses and personalized treatment plans. She ensures that every patient receives comprehensive, compassionate, and tailored care.

Beyond clinical treatment, **Prof. Dr. Bindu Menon believes in empowering patients** through education and awareness. She takes the time to explain conditions and treatment options, encouraging patients to actively participate in their healthcare journey. This commitment to patient education fosters trust, strengthens doctor-patient relationships, and supports long-term health management.

Dedicated to staying at the forefront of neurological advancements, she **collaborates closely with multidisciplinary healthcare teams** to deliver holistic care. Her ongoing contributions to research, teaching, and community initiatives have made a lasting impact on both the medical community and patient lives, cementing her reputation as a **leading figure in neurology**.

## Experience

- **Professor & Head, Department of Neurology** – Apollo Specialty Hospitals, Nellore
- **Secretary General** – Indian Epilepsy Association
- **Board Member, Research Committee Member, and Genesis Core Member** – World Stroke Organization
- **Adjunct Faculty** – ICMR, National Institute of Epidemiology (NIE), Chennai

### Education & Qualifications:

- **MBBS** – Gandhi Medical College, Bhopal, Madhya Pradesh
- **MD (General Medicine)** – Gajraraja Medical College, Jiwaji University
- **DNB (Neurology)** – Bombay Hospital Institute of Medical Sciences, National Board of Examinations
- **DM (Neurology)** – Bombay Hospital Institute of Medical Sciences, University of Mumbai, Maharashtra
- **Post Graduate Diploma in Clinical Neurology** – Institute of Neurology and Neurosurgery, University College London, London, United Kingdom
- **Fellow of the Royal College of Physicians** – Royal College of Physicians of Edinburgh, Royal College of Physicians (London)
- **MNAMS** – Member of the National Academy of Medical Sciences, Diplomate of National Board, National Board of Examinations, New Delhi

# Membership

- Governing Council member- Indian Epilepsy Association.
- Executive Council Member- Indian Epilepsy Society.
- Indian Epilepsy Society- Valporate Consensus document- Advisory Board member.
- Indian Epilepsy Society- Epilepsy & Indian Law Advisory Board member.

## Awards

### International Achievements

#### 1. Invited Lecture

- Delivered a lecture on the project *“Neurology on Wheels”* at the Walton Center Postgraduate Medical Education Lunchtime Series, April 10, 2019.

#### 2. World Stroke Award

- Received the *World Stroke Award* under the *Individual Achievement* category from the **World Stroke Organization**, April 2018.

#### 3. ILAE Leadership Program Award

- Recognized by the **International League Against Epilepsy (ILAE)** at the 32nd International Epilepsy Congress (IEC), Barcelona, September 2–6, 2017.

#### 4. Fellowship – Royal College of Physicians

- Awarded Fellow of the Royal College of Physicians on June 28, 2013.

#### 5. Academic Distinction

- Stood second with distinction in the Postgraduate Diploma course in Clinical Neurology from the **Institute of Neurology and Neurosurgery, Queen Square, University College London**, March 2006.

#### 6. Honorary Appointment

- Appointed to the *Research Board of Advisors* by the American Biographical Institute.

#### 7. Marquis Who’s Who

- Included in the 10th Anniversary Edition of *Marquis Who’s Who in Science and Engineering* for distinguished contribution in the field.

#### 8. IFCN Fellowship – AANEM

- Awarded **IFCN Fellowship** from the American Association of Neuromuscular and Electrodiagnostic Medicine to attend the **AANEM 53rd Annual Scientific Meeting**, Washington, October 11–14, 2006.

## 9. **Research Recognition**

- *Effect of Antiepileptic Drugs on Calcium and Vitamin D* – Ranked among the top 10 at the APSUM International Symposium, Chennai, June 12–13, 2006.

## 10. **Life Saver Award**

- Received from Dr. Prathap C. Reddy for stroke patient care (2017–2018) on February 5, 2019, Chennai.

## 11. **Women's Day Awards**

- Jyoti Rao Phule Foundation – March 7, 2018
- From District Collector – March 8, 2018

## 12. **Fellowship – Indian College of Physicians (FICP)**

- Conferred at API Annual Conference, Bangalore, February 24, 2018.

## 13. **Honorary Adjunct Title**

- Awarded *Distinguished Clinical Tutor* by **Apollo Hospitals Educational and Research Foundation (AHERF)** for contributions to medical education and training.

## 14. **Fellow – Geriatric Society of India**

- Conferred during the 14th International Conference on Geriatric Care (GSICON), October 2, 2017, Tirupati.

## 15. **Member – National Academy of Medical Sciences (MNAMS)** (2016)

## 16. **Women's Achievement Award**

- Received from Audisanakara Group of Institutions on *International Women's Day*.

## 17. **H. C. Bajoria Oration Award**

- Conferred at the 16th Joint Annual Conference of Indian Epilepsy Association and Indian Epilepsy Society, February 6–8, Chennai.

## 18. **Nellore Rural Service Award**

- Presented by the Rural MLA on July 1, 2015.

## 19. **Best Paper Presentation**

- 25th IAOMR National Conference, Lucknow, October 18–20, 2013.

## 20. **Vaidya Siromani Award**

- Presented by Ayya Vysya Senior Citizens Association for social service in epilepsy – September 29, 2013.

## 21. **JCI TOYP Award**

- Awarded *Ten Outstanding Young Persons of the World (TOYP)* for Medical Innovation – September 15, 2013.
- 22. **Neurology Service Excellence Award**
  - Presented by the Superintendent of Police on Doctors Day – July 1, 2013.
- 23. **Ugadi Vaidya Ratna Award**
  - From the Sir C. V. Raman Academy – March 3, 2013, at Ravindra Bharati Bhavan, Hyderabad.
- 24. **District Epilepsy Service Award**
  - From the District Medical Health Officer – December 26, 2012.
- 25. **Doctors Day Award**
  - From Lions Club Nellore – July 1, 2011.
- 26. **Dr. Karimullah IMA Oration Gold Medal Award**
  - October 19, 2010.
- 27. **Dr. K. V. Naidu Memorial Award**
  - State-level *Best Doctor Award*, 2004.
- 28. **Second Prize – Best Poster Presentation**
  - CYTOCON, November 29, 2003, Pune.

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#### Dr. Bindu Menon Foundation

- **Established:** August 26, 2013
- **Nature:** Non-profit organization
- **Focus:** Awareness and reducing the treatment gap in neurological disorders, particularly **stroke** and **epilepsy**.

## Research and Publication

- **61 articles** published in national and international journals
- **84 papers** presented at various national and international conferences
- Research Projects**
- International Multicenter Projects**
- **Risk Factors, Presentation, and Outcome of Young Asian Women with Ischemic Stroke**
  - A collaborative study involving India, Singapore, Turkey, Qatar, Pakistan, Sri Lanka, and Saudi Arabia.
- **Predictors of Cerebral Venous Thrombosis and Arterial Ischemic Stroke in Young Asian Women**

- A multinational collaboration across India, Singapore, Turkey, Qatar, Pakistan, Sri Lanka, and Saudi Arabia.

#### **Projects as Principal Investigator**

- **Anticonvulsant Drug-Induced Alteration in Calcium and Vitamin D Metabolism**
  - Funded by the Indian Council of Medical Research (ICMR), New Delhi
  - Ref No: 5/4-5/15/Neuro/2003-NCD-I
- **Status of Hypothalamic-Pituitary Axis in Patients with Meningitis and Meningoencephalitis**
  - Funded by ICMR, New Delhi
  - Ref No: 5/4-5/15/Neuro/2006-NCD-I
- **Brain Natriuretic Peptide as a Prognostic Marker in Ischemic Stroke**
  - Funded by ICMR, New Delhi
  - IRIS ID No: 2007-05090
- **Epilepsy, Oxidative Stress, and Antioxidant Levels**
  - Funded by the International Epilepsy Trust
- **Hormonal Profile in Females on Antiepileptic Drugs**
  - Independent research project
- **Narayana Epilepsy Registry (NER)**
  - A dedicated epilepsy registry for categorization and etiology tracking
- **Phenytoin Therapeutic Threshold Levels in Epilepsy Patients**
  - Includes study on the role of **CYP2C9** and **CYP2C19 gene polymorphism** in phenytoin metabolism

## **Frequently Asked Questions**

### **1. Where does Prof. Dr. Bindu Menon practice?**

Prof. Dr. Bindu Menon currently practices at Apollo Specialty Hospitals, located in Nellore.

### **2. Who is Prof. Dr. Bindu Menon?**

Prof. Dr. Bindu Menon is a highly experienced Neurologist with 20 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments.

### **3. Why do patients choose Prof. Dr. Bindu Menon?**

Patients trust Prof. Dr. Bindu Menon for her expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

#### **4. What is Prof. Dr. Bindu Menon's specialization?**

Prof. Dr. Bindu Menon specializes in Neurology, with expertise in Thrombolysis for Stroke, Deep Brain Stimulation, Botox for Migraines, Nerve Conduction Studies, Seizure Management.

#### **5. What are Prof. Dr. Bindu Menon's medical qualifications?**

Prof. Dr. Bindu Menon holds prestigious qualifications, including M.D(Med), D.M(Neuro), DNB(Neuro), PGDCN(Neuro) (London), FRCP(Edinburg).

#### **6. How many years of experience does Prof. Dr. Bindu Menon have?**

Prof. Dr. Bindu Menon has 20 years of experience in the medical field, treating various conditions related to Neurology.

#### **7. How can I book an appointment with Prof. Dr. Bindu Menon?**

You can book an appointment with Prof. Dr. Bindu Menon through: Online: Visit [\[https://www.apollohospitals.com/book-doctor-appointment/\]\(https://www.apollohospitals.com/book-doctor-appointment/\)](https://www.apollohospitals.com/book-doctor-appointment/) to schedule an appointment.