

## **Dr C M Nagesh**

MBBS (Bangalore University) MD (General Medicine, Rajasthan University) DM  
(Cardiology, AIIMS Delhi)

25 + Years experience



Dr C M Nagesh is a top Cardiologist in Bangalore at Apollo Hospitals Bannerghatta Road . Book appointment online with Dr C M Nagesh at Ask Apollo.

### **Hospitals**

[Apollo Hospitals, Bannerghatta Road](#)

## **Doctor's Working Weekdays**

Mon - Sat

## **Doctor's Working Hours**

16:00 -18:00

## **Doctor's Slot Timings**

MON - 16:00 -18:00 TUE - 16:00 -18:00 WED - 16:00 -18:00 THU - 16:00 -18:00 FRI - 16:00 -18:00 SAT - 16:00 -18:00

## **Overview**

Dr. C M Nagesh is a highly experienced Cardiologist based in Bangalore, Karnataka, with a remarkable 25 years of dedicated service in the field of cardiology. An esteemed medical professional, he holds an MBBS, an MD in General Medicine, and a DM in Cardiology, showcasing his extensive training and expertise in diagnosing and treating heart-related conditions. Dr. Nagesh is fully committed to providing exceptional care, focusing on the comprehensive health needs of his patients. His qualifications are complemented by his ability to communicate effectively in multiple languages, including English, Hindi, and Kannada, making him accessible to a diverse patient population. As a focused specialist in cardiology, Dr. Nagesh remains at the forefront of advancements in heart health, ensuring that he adopts the latest clinical practices to enhance patient outcomes. His compassionate approach, combined with thorough clinical evaluations, allows him to deliver personalized care tailored to each individual. Patients seeking a trusted cardiologist in Bangalore will find in Dr. C M Nagesh not only a skilled physician but also a partner in their journey toward better heart health.

## **Experience**

Dr. Nagesh completed his MBBS with a first class and four gold medals from Bangalore University in 1998. He then obtained an MD in General Medicine through Rajasthan University, in 2004. In 2008 he added the DM (Cardiology) degree to his qualifications, studying at All India Institute of Medical Sciences, New Delhi and has also served at this Institute as a Senior Research Officer (Cardiology) for 6 months.

He then joined Sri Jayadeva Institute of Cardiovascular Sciences and Research, Bangalore as Associate professor before joining Apollo Hospitals, Bangalore.

1. **Associate Professor of Cardiology**, Sri Jayadeva Institute of Cardiovascular Science and Research Bangalore, Karnataka.
  2. **Consultant Senior Interventional Cardiologist at Apollo Hospitals**, Bannerghatta, Bangalore since 2016.
- Independent Consultant doing diagnostic and interventional procedures including complex coronary angioplasties, CTO, Bifurcation lesions, Left Main Interventions, Primary PCI, balloon valvotomies, pacemaker implantations, ASD, VSD & PDA device closures, Radial angioplasties, etc.
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## Awards

- Started the Epilepsy Surgery Program including the long term video-EEG for the first time in south Tamil Nadu.
- State topper in Premedical entrance examination for MBBS in Tamil Nadu, India on 2004
- Winner of Special scholarship for MBBS from Tamil Nadu Chief Minister, Dr. J. Jayalalithaa on 2004
- Passed with Distinction in several subjects during MBBS examinations at Madras medical college, Tamil Nadu, India
- Two times Winner of Inter-medical college quiz competitions held at Chengalpattu Medical College, Tamil Nadu on 2008 & 2009.
- Winner of Inter-medical college quiz competition held at Stanley Medical College and Kilpauk Medical College, Chennai, Tamil Nadu on 2010.
- Winner of Inter-medical college quiz competition held at SRM Medical College, Chennai, Tamil Nadu on 2010.
- Two times Winner of Inter-medical college Diabetes quiz competition held at Madras Medical College, Chennai, Tamil Nadu on 2008 & 2009
- State topper in Postgraduate entrance examination for MD/MS in Tamil Nadu on 2011
- Recipient of Gold medals for Ophthalmology, Rheumatology at Madras Medical College, Chennai, Tamil Nadu.
- Awarded first prize by Association of Physicians of India, Tamil Nadu Chapter for clinical examination in Internal medicine on 2013.

- Winner of National Rheumatology Quiz competition at Kolkata, 2011
- Winner of Inter-medical college ECG quiz competition held at Pondicherry Institute of Medical Sciences, Puducherry, India on 2013
- Winner of Inter-medical college quiz competition in Internal medicine held at Sri Ramachandra Medical College, Chennai, Tamil Nadu on 2014
- Best outgoing student from the department of Internal medicine at Madras Medical College, Chennai on 2014
- State topper in DM Neurology entrance examination in Tamil Nadu on 2014
- All India Topper in Neurology entrance examination at Sree Chitra Tirunal Institute for Medical Sciences and Technology, Trivandrum, Kerala on 2014
- All India rank-2 in Neurology entrance examination at AIIMS, New Delhi on 2014
- Winner of Inter-medical college quiz competition held at All India Institute of Medical Sciences, New Delhi on 2015
- Zonal Topper in Torrent Young Scholar Award (TYSA) in Neurology on 2017
- First Runner up in National rounds of Torrent Young Scholar Award (TYSA) in Neurology on 2017
- Winner of International scholarship award at American academy of neurology annual meet, Los Angeles, USA on April, 2018
- School topper in Higher Secondary examination and Winner of several gold medals during schooling at Saliar Mahajana Higher Secondary School, Aruppukottai, Tamil Nadu, India

## Research and Publication

1. [Catheter-directed thrombolysis in management of postpartum lower limb deep venous thrombosis - A case series.](#)

Srinivas BC, Patra S, **Nagesh CM**, Reddy B, Manjunath CN.

Indian Heart J. 2015 Dec;67 Suppl 3:S67-70. doi: 10.1016/j.ihj.2015.08.002.

PMID:26995437

1. [Catheter-Directed Thrombolysis Is a Safe and Alternative Therapeutic Approach in the Management of Postpartum Lower Limb Deep Venous Thrombosis.](#)

Srinivas BC, Patra S, **Nagesh CM**, Reddy B, Manjunath CN.

Int J Angiol. 2015 Dec;24(4):292-5. doi: 10.1055/s-0034-1374807.

PMID:26648672

1. [Outcome of venous stenting following catheter directed thrombolysis for acute proximal lower limb venous thrombosis: a prospective study with venous Doppler follow-up at 1-year.](#)

Srinivas BC, Patra S, Reddy B, **Nagesh CM**, Agarwal N, Manjunath CN.

Cardiovasc Interv Ther. 2015 Oct;30(4):320-6. doi: 10.1007/s12928-015-0317-5.

PMID:25708707

1. [The role of 18F fluorodeoxyglucose positron emission tomography \(18F-FDG-PET\) in children with rheumatic carditis and chronic rheumatic heart disease.](#)

**Nagesh CM**, Saxena A, Patel C, Karunanithi S, Nadig M, Malhotra A.

Nucl Med Rev Cent East Eur. 2015;18(1):25-8. doi: 10.5603/NMR.2015.0006.

PMID:25633513

1. [Catheter-Directed Thrombolysis Along with Mechanical Thromboaspiration versus Anticoagulation Alone in the Management of Lower Limb Deep Venous Thrombosis-A Comparative Study.](#)

Srinivas BC, Patra S, **Nagesh CM**, Reddy B, Manjunath CN.

Int J Angiol. 2014 Dec;23(4):247-54. doi: 10.1055/s-0034-1382157.

PMID:25484556

1. [Recurrent myocardial infarction in a case of congenital afibrinogenemia.](#)

Patra S, Reddy B, **Nagesh CM**, Srinivas BC, Manjunath CN.

Heart Views. 2014 Jan;15(1):16-8. doi: 10.4103/1995-705X.132141.

PMID:24949183

1. [Endovascular management of proximal lower limb deep venous thrombosis - A prospective study with six-month follow-up.](#)

Patra S, Srinivas BC, **Nagesh CM**, Reddy B, Manjunath CN.

Phlebology. 2015 Aug;30(7):441-8. doi: 10.1177/0268355514538423.

PMID:24898308

1. [A patient with Marfan's syndrome presented with severe rheumatic mitral stenosis and successfully treated with percutaneous transmitral balloon commissurotomy - Report of first case.](#)

**Nagesh CM**, Patra S, Singh A, Badnur SC, Reddy B, Nanjappa MC.

J Cardiovasc Dis Res. 2013 Dec;4(4):257-9. doi: 10.1016/j.jcdr.2013.04.002.

PMID:24653594

1. [Spontaneous endocarditis caused by rapidly growing non-tuberculous Mycobacterium chelonae in an immunocompetent patient with rheumatic heart disease.](#)

Jagadeesan N, Patra S, Singh AP, **Nagesh CM**, Reddy B, Badnur SC, Nanjappa MC.

J Cardiovasc Dis Res. 2013 Dec;4(4):254-6. doi: 10.1016/j.jcdr.2013.06.003.

PMID:24653593

1. [Thrombolysis With Single Bolus Tenecteplase Compared With Streptokinase Infusion in the Treatment of Acute Pulmonary Embolism: A Pilot Study.](#)

Patra S, **Nagesh CM**, Reddy B, Srinivas BC, Agrawal N, Manjunath CN, Hegde M.

Clin Appl Thromb Hemost. 2015 Sep;21(6):550-7. doi: 10.1177/1076029613511524.

PMID:24254898

Phlebology. 2015 Aug;30(7):441-8. doi: 10.1177/0268355514538423.

PMID:24898308

1. [A patient with Marfan's syndrome presented with severe rheumatic mitral stenosis and successfully treated with percutaneous transmitral balloon commissurotomy - Report of first case.](#)

**Nagesh CM**, Patra S, Singh A, Badnur SC, Reddy B, Nanjappa MC.

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1. [Spontaneous endocarditis caused by rapidly growing non-tuberculous \*Mycobacterium chelonae\* in an immunocompetent patient with rheumatic heart disease.](#)

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J Cardiovasc Dis Res. 2013 Dec;4(4):254-6. doi: 10.1016/j.jcdr.2013.06.003.

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1. [Thrombolysis With Single Bolus Tenecteplase Compared With Streptokinase Infusion in the Treatment of Acute Pulmonary Embolism: A Pilot Study.](#)

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Clin Appl Thromb Hemost. 2015 Sep;21(6):550-7. doi: 10.1177/1076029613511524.

PMID:24254898

1. [Thrombolytic therapy in the treatment of acute sub-massive pulmonary embolism: a prospective observational study.](#)

Patra S, Agrawal N, Manjunath CN, **Nagesh CM**, Srinivas BC, Ravindranath KS, Reddy B.

Blood Coagul Fibrinolysis. 2014 Mar;25(2):167-71. doi: 10.1097/MBC.0000000000000015.

PMID:24240691

1. [Inadvertent left aorto-coronary dissection following percutaneous coronary intervention treated successfully by bail-out left main coronary artery stenting.](#)

Badnur SC, **Nagesh CM**, Patra S, Reddy B, Manjunath CN.

J Cardiovasc Dis Res. 2013 Jun;4(2):84-6. doi: 10.1016/j.jcdr.2013.03.004.

PMID:24027361

1. [Acute pulmonary embolism being the first presentation of undetected HIV infection: report of two cases.](#)

Patra S, **Nagesh CM**, Reddy B, Srinivas BC, Manjunath CN, Hegde M.

Int J STD AIDS. 2013 Jun;24(6):497-9. doi: 10.1177/0956462412472836.

PMID:23970756

1. [A case of inferior vena cava obstruction: restenosis with pseudoaneurysm.](#)

Srinivas BC, Kolhari VB, Reddy B, **Nagesh CM**, Srinivas S, Manjunath CN.

J Am Coll Cardiol. 2013 Oct 1;62(14):e27. doi: 10.1016/j.jacc.2013.04.098. No abstract available.

PMID:23933543

1. [Percutaneous transseptal mitral commissurotomy in a patient with absent right superior vena cava and aneurysmally dilated coronary sinus.](#)

Srinivas BC, Singla V, Reddy B, **Nagesh CM**, Nanjappa MC.

Cardiovasc Interv Ther. 2013 Oct;28(4):419-21. doi: 10.1007/s12928-013-0196-6.

PMID:23842850

1. [Vanishing right ventricular outflow obstruction: an unusual presentation of mediastinal lymphoma.](#)

Kolhari VB, **Nagesh CM**, Singh Y, Manjunath CN.

Eur Heart J. 2013 Jul;34(25):1784. doi: 10.1093/eurheartj/eh147. No abstract available.

PMID:23641012

1. [Reocclusion and stroke due to immediate plaque protrusion following endovascular treatment of carotid artery successfully treated with intra-arterial urokinase and stent in a patient with Takayasu arteritis with severe disease of all arch vessels.](#)

Srinivas BC, Patra S, Reddy B, **Nagesh CM**, Manjunath CN.

Cardiovasc Interv Ther. 2013 Oct;28(4):394-7. doi: 10.1007/s12928-013-0176-x.

PMID:23568587

1. [Transjugular approach for successful recanalization and stenting for inferior vena cava stenosis.](#)

Srinivas BC, Singh AP, **Nagesh CM**, Reddy B, Manjunath CN.

Cardiovasc Interv Ther. 2013 Jul;28(3):318-21. doi: 10.1007/s12928-013-0169-9.

PMID:23435836

1. [Preventing a central nervous system catastrophe in a case of Takayasu's arteritis presenting with critical stenosis of all three arch vessels.](#)

Chikkaswamy SB, Rai MK, **Nagesh CM**, Reddy B, Dinesha B, Manjunath CN.

Cardiovasc Interv Ther. 2012 May;27(2):118-20. doi: 10.1007/s12928-011-0093-9.

PMID:22623007

1. [Role of biomarkers in risk stratification of acute coronary syndrome.](#)

**Nagesh CM**, Roy A.

Indian J Med Res. 2010 Nov;132:627-33. Review.

PMID:21150016

1. [Fatal freely mobile left atrial thrombus: fallout of anticoagulation?](#)

Roy A, Naik N, **Nagesh CM**, Saxena A.

J Am Soc Echocardiogr. 2009 Jul;22(7):863.e5-6. doi: 10.1016/j.echo.2009.03.005.

PMID:19560665

1. [Unusual site of permanent pacing: a case report.](#)

Yadav R, Chandra S, Naik N, Nagesh C, Kothari S.

Indian Pacing Electrophysiol J. 2009;9(2):108-11.

PMID:19308281

1. Contributed to CSI update 2008 **Epidemiology of Rheumatic Heart Disease** S Ramakrishnan, **C M Nagesh** All India Institute of Medical Sciences, New Delhi.

2. Contributed to Cardiology update 2009 **Drug Eluting Stents - How to balance the 'pluses' and 'minuses'** *C N Manjunath, C M Nagesh, Ravi S Math*
3. **Contributed to "A Comprehensive Approach to Congenital Heart Diseases (A Lifelong Odyssey)" Chapter no.64: Lutembacher Syndrome** *Nagamani AC, Nagesh CM*

**Contributed to book on "Cardiac Catheterization and Imaging (Pediatrics to Geriatrics**

- **Submitted two theses as a part of research curriculum of cardiology training program.**

1. Role of f-18 FDg POSITRON EMISSION TOMOGRAPHY in diagnosing acute rheumatic carditis (36 patients)
2. ROLE OF STEM CELL THERAPY ON MECHANICAL SYNCHRONIZATION IN IDIOPATHIC DILATED CARDIOMYOPATHY ( 21 patients)

#### **other**

CLINICAL VALIDATION OF A LOW-COST TELEMEDICINE DEVICE AT A TERTIARY CARE HOSPITAL

- **LONG REVIEWS PRESENTED DURING DM (CARDIOLOGY)**

- Cardiac Amyloidosis
- one and a half ventricular repair
- **Poster presentation in PCSI 2006**

**Preliminary Experience with <sup>18</sup>F-Fluorodeoxyglucose Positron Emission Tomography (FDG-PET) in Children with Rheumatic Carditis and Chronic Rheumatic Heart Disease**

**C M Nagesh**, A Saxena, C Patel, M Nadig, A Malhotra

Dept. of Cardiology and Nuclear Medicine, All India Institute of Medical Sciences, New Delhi

- **Part of the paper which got Navin Nanda Award - CSI 08**

## **Tissue Velocities and Strain as Predictors of Outcome for Arterial Switch Surgery in Transposition of Great Arteries**

*S Ramakrishnan, Indra Kuladhipati, A K Bisoi, **C M Nagesh**, Sandeep Seth,*

*Shrikrishna M Reddy, Sandeep Chauhan, Shambhunath Das, Rajnish Juneja,*

*Shyam S Kothari, Anita Saxena, Vinay K Bahl*

All India Institute of Medical Sciences, New Delhi.

- **Poster presentation at NIC 2012 Kochi**
- **ENDOVASCULAR MANAGEMENT OF CENTRAL VENOUS OCCLUSION**
- **OR STENOSIS IN HEMODIALYSIS DEPENDENT CHRONIC RENAL FAILURE PATIENTS - OUR EXPERIENCE (17 cases)**
- **Best Poster presentation award at Complex Cardiovascular Catheter Therapeutics (C3) Conference, Orlando (United States) in June 2013**
- - **ENDOVASCULAR MANAGEMENT OF CENTRAL VENOUS OCCLUSION**
  - **OR STENOSIS IN HEMODIALYSIS DEPENDENT CHRONIC RENAL FAILURE PATIENTS - OUR EXPERIENCE (27 cases)**

## **Special Interests**

His main area of interest lies in Interventional Cardiology, mainly complex coronary interventions such as left main angioplasties, CTO and bifurcation lesions and peripheral Interventions.

## List of Treatments

Doctors Treatment

[Rheumatic Heart Disease Treatment](#)

[Preoperative Treatment](#)

## List of Conditions Treated

Doctors Condition

[Barth Syndrome](#)

[Andersen Tawil Syndrome](#)

[Preventive Care Of Heart Lung Diseases](#)

[Screening For Coronary Artery Disease](#)

[Screening For Valvulae Heart Disease](#)

[Cardiovascular Disease Prevention](#)

[Acute Aortic Dissection](#)

[Acute Pericarditis](#)

[Ambulatory Blood Pressure Monitoring](#)

[Blood Pressure Changes](#)

[Cardiac Rehabilitation](#)

[Cardiac Tamponade](#)

[Cardiac Arrhythmias](#)

[Dilated cardiomyopathy](#)

[Irregular Heartbeat](#)

[Orthostatic Hypotension](#)

[Patent foramen ovale](#)

[Plication Of The Inferior Vena Cava](#)

[Palpitations](#)

[Heart Transplantation](#)

[Restrictive Cardiomyopathy](#)

[Primary Angiitis](#)

[Primary Pulmonary Hypertension](#)

[Pain In Left Part Of Chest](#)

[Blocked Blood Vessels](#)

[Double Outlet Right Ventricle](#)

[Double Inlet Left Ventricle](#)

[Congenital Birth Defects In The Heart Correct](#)

## **Frequently Asked Questions**

### **Where does Dr. C M Nagesh practice?**

Dr. C M Nagesh currently practices at Apollo Hospitals Bannerghatta Road, located in Bangalore.

### **Who is Dr. C M Nagesh?**

Dr. C M Nagesh is a highly experienced Cardiologist with 25 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Rheumatic Heart Disease Treatment, Preoperative Treatment. He also treats conditions such as Barth Syndrome, Andersen Tawil Syndrome.

### **Why do patients choose Dr. C M Nagesh?**

Patients trust Dr. C M Nagesh for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### **What is Dr. C M Nagesh's specialization?**

Dr. C M Nagesh specializes in Cardiology, with expertise in treatments for Rheumatic Heart Disease Treatment, Preoperative Treatment.

### **What are Dr. C M Nagesh's medical qualifications?**

Dr. C M Nagesh holds prestigious qualifications, including MBBS (Bangalore University) MD (General Medicine, Rajasthan University) DM (Cardiology, AIIMS Delhi).

## **How many years of experience does Dr. C M Nagesh have?**

Dr. C M Nagesh has 25 years of experience in the medical field, treating various conditions related to Cardiology.

## **How can I book an appointment with Dr. C M Nagesh?**

You can book an appointment with Dr. C M Nagesh through:

Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.