



# Dr Deepak Bhatia

MBBS, MS(Orth), DNB(Orth) 16+ Years Experience

Dr Deepak Bhatia is a top Orthopedician in Mumbai at Apollo Hospitals Navi Mumbai . Book appointment online with Dr Deepak Bhatia at Ask Apollo.

Hospitals

Apollo Hospitals, Mumbai,

Doctor's Working Weekdays Thu Doctor's Working Hours 08:30 -12:00



**Book Appointment** 

### Overview

Dr. Deepak Bhatia is a highly experienced Orthopaedician based in Mumbai, Maharashtra, bringing 16 years of dedicated practice in the field of orthopaedics. Renowned for his expertise, Dr. Bhatia specializes in advanced orthopaedic procedures, with a particular focus on minimally invasive techniques. He has made significant contributions to the field, recognized through various prestigious awards, including the Gary G. Poehling Award in 2017 for his pioneering research in endoscopic distal biceps repair presented at ISAKOS in Shanghai, China.

In addition to this, he has been honored with the ISAKOS Young Investigator Research Grant Award in 2016 in Adelaide, Australia, and the ISAKOS Young Investigator Research Mentorship Award in 2015 in Lyon, France. His academic excellence is further demonstrated by being a finalist for the best paper award at the Congress of Arthroscopy and Sports Medicine held in Jaipur, India, in 2012, and receiving a nomination for the Keith and Marion Moore Blue Box award in 2007 for his original research published in Clinical Anatomy.

Dr. Bhatia also received the Asia Pacific Japan Travelling Fellowship Award in 2007, underscoring his commitment to continuous learning and professional development. Fluent in English, Dr. Bhatia provides patient-centered care, prioritizing the needs and concerns of those he treats. His ability to communicate effectively with patients enhances their understanding and comfort during the treatment process. If you are seeking expert orthopaedic care in Mumbai, Dr. Deepak Bhatia stands out as a qualified and respected choice in the medical community.

## **Experience**

- Dr Deepak Bhatia is an Orthopaedic Surgeon with additional subspecialty training in shoulder, elbow and wrist surgery. He completed his orthopaedic surgical training at the prestigious Seth GS Medical College, and King Edward VII Memorial Hospital in Mumbai. He is fellowship trained in arthroscopic surgery of the shoulder and upper limb at leading international institutes in Belgium, South Africa, and Australia. He has lectured and performed live surgeries at national and international shoulder conferences/courses. Dr Deepak Bhatia has pioneered and developed several original surgical techniques for treating various shoulder and elbow problems. These techniques have been published in some of the best international journals, and are currently used by shoulder and elbow surgeons around the world.
- Orthopaedic Surgery Residency: Seth GS Medical College, KEM Hospital, Mumbai.

### Fellowship Training In Shoulder, Elbow, And Wrist Surgery:

- Accredited Fellowship in Shoulder and upper limb surgery, Australia.
- Fellowship in Advanced Shoulder Surgery, Cape Shoulder Institute, South Africa.
- Fellowship in Arthroscopy and Sports Medicine, Belgium.
- Shoulder Fellowship, Japan.

# Membership

- Elbow, Wrist, and Hand Committee, ISAKOS. (2017 -2022)
- Shoulder and Elbow Society, India: Founding member (2012), past secretary (2014-2017), Past academic secretary (2012-2014)
- World Association of Medical Editors (WAME), Member

# **Research and Publication**

- 80 peer-reviewed papers, abstracts, and book chapters published in the past 8 years in various leading international journals.
- Gary G. Poehling Award: All-Endoscopic Distal Biceps Repair: Cadaveric Portal Safety Analysis
  and Technical Feasibility Using 2 Fixation Techniques. Conference Paper. Jun 2017. 11th Biennial
  ISAKOS Congress 2017. Arthroscopy The Journal of Arthroscopic and Related Surgery October
  2017; 33(10, supplement):e75-e76
- Cadaveric study of insertional anatomy of distal biceps tendon and its relationship to the dynamic proximal radioulnar space. J Hand Surg Am. 2017;42(1): e15-e23.
- Arthroscopic removal of proximal humerus plates. Arthrosc Tech. 2017; 27:e375-e381.
- Arthroscopic excision of osteoid osteoma of elbow. Arthrosc Tech 2017; 27: e543-e548
- Clinical and radiological features of an unusual fungal infection of shoulder, ANZ J Surg. 2017
- Current concepts in management of shoulder instability in athletes. Asian Journal of Arthroscopy
   2017
- Endoscopic repair of chronic retracted distal biceps tears. J Hand Surg Am. 2016
   Dec;41(12):e501-e507.
- Cadaver study of elbow endoscopy portals for endoscopic distal biceps repair. Surg Radiol Anat.
   2016 Sep;38(7):781-91.
- Arthroscopic reduction and stabilization of chronic perilunate wrist dislocation. Arthroscopy 2016, e1-e10
- Arthroscopic radial head implant removal and resection. Arthrosc Tech. 2016 Jul 4;5(4):e705e711.
- Endoscopic Distal Biceps Repair: Endoscopic Anatomy and Dual-Anchor Repair Using a Proximal Anterolateral "Parabiceps Portal". Arthroscopy techniques. Volume 4, Issue 6, December 2015, Pages e785–e793
- Scapulothoracic endoscopy: Endoscopic anatomy and scapuloplasty technique. Arthroscopy
   Techniques, Vol 4, No 5 (October), 2015: pp e551-e558
- Direct "cyctoscopic" approach for arthroscopic decompression of an intraarticular ganglion cyst of lunate. Arthrosc Tech. 2015 May 18;4(3):e223-9.
- Double-Barrel Remplissage: An arthroscopic all-intraarticular procedure using the double-barrel knot. Bhatia DN. Arthrosc Tech. 2015 Feb 9;4(1):e65-70.

- Arthroscopic Latarjet and Capsular Shift (ALCS) procedure: A new "freehand" technique for anterior shoulder instability with significant bone loss. Bhatia DN. Tech Hand Up Extrem Surg. 2015 Mar;19(1):11-7
- Noncomminuted lateral end clavicle fractures associated with coracoclavicular ligament disruption: Technical considerations for optimal anatomic fixation and stability. Page RS, Bhatia DN. Int J Shoulder Surg. 2014 Jul;8(3):86-9.
- Surgical treatment of significant glenoid bone defects and associated humeral avulsions of glenohumeral ligament (HAGL) lesions in anterior shoulder instability. Bhatia DN, DasGupta B.
   Knee Surg Sports Traumatol Arthrosc. 2013 Jul;21(7):1603-9.
- Metal markers for radiographic visualization of rotator cuff margins: A new technique for radiographic assessment of cuff repair integrity. Int J Shoulder Surg 2013 Jan;7(1):37-9.
- Surgical treatment of significant glenoid bone defects and associated humeral avulsions of glenohumeral ligament (HAGL) lesions in anterior shoulder instability. Bhatia DN, DasGupta B.
   Knee Surg Sports Traumatol Arthrosc. 2013 Jul;21(7):1603-9.
- The "Double-Barrel" knot: A new sliding knot for arthroscopic soft tissue fixation using single and double pulley techniques. Tech Hand Up Extrem Surg. 2013 Sep;17(3):128-33.
- Dual-window subscapularis-sparing approach: A new surgical modification of the Latarjet procedure. Bhatia DN. Tech Hand Up Extrem Surg. 2012 Mar;16(1):30-6.
- Orthogonal biplanar fluoroscopy-guided percutaneous fixation of Coracoid base fracture associated with ACJ dislocation. Bhatia DN. Tech Hand Up Extrem Surg. 2012 Mar;16(1):56-9.
- Surgical correction of Popeye deformity of the Biceps Brachii muscle. Bhatia DN, DasGupta B. J
   Hand Surg Am. 2012 Sep;37(9):1917-24. Epub 2012 Aug 1.
- Arthroscopic "Cuff sparing" percutaneous (CUSP) Technique for posterior instability repair in the beach-chair position. Tech Hand Up Extrem Surg. 2012 Sep;16(3):173-9.
- Surgical treatment of lateral clavicle fractures associated with complete coracoclavicular ligament disruption: Clinico-radiological outcomes of acromioclavicular joint sparing and spanning implants.
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- Sprengel's deformity of the shoulder: Current perspectives in management. Kadvakolan AS,
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- Arthroscopic repair of a chondrolabral lesion associated with anterior shoulder dislocation. Page RS, Bhatia DN. Knee Surgery Sports Traumatology Arthroscopy. 2010 Dec;18(12):1748-51. Epub 2010 Mar 10. PMID: 20221586
- Arthroscopic biological resurfacing of the arthritic glenoid: Two to five year outcomes. DeBeer JF, Bhatia DN, vanRooyen KS. . Knee Surgery Sports Traumatology Arthroscopy. 2010 2010 Dec;18(12):1767-73. Epub 2010 May 18. PMID: 20480357.
- Shoulder sonography. DeBeer JF and Bhatia DN. International Journal of Shoulder Surgery, 2010;4:51-54.
- Shoulder instability in the middle aged and elderly patients: Pathology and surgical implications.
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- Arthroscopic HAGL repair: Anterior and posterior techniques. Page RS, Bhatia DN. Techniques in Hand and Upper Extremity Surgery 2009;13(2), 98-103..
- The Subscapularis sparing approach: A new mini-open technique for repair of the HAGL lesion.
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- How should the subscapularis be repaired following shoulder arthroplasty? A biomechanical analysis. F. Lam, D.N. Bhatia, K. van Rooyen, D. du Toit, and J.F. de Beer. J Bone Joint Surg Br Proceedings 2009 91-B: 259-260.
- Accessory features of Frozen shoulder. F. Lam, D.N. Bhatia, M. Crowther, K.S. van Rooyen, and J.F. de Beer. J Bone Joint Surg Br Proceedings 2009 91-B: 259.
- Prosthetic component relationship of the Reversed Delta III total shoulder prosthesis in the transverse plane of the body. Karelse A, Bhatia DN, de Wilde LF. (Knee Surgery Sports Traumatology,2009; 16(suppl 1): S80 –S230)
- Direct arthroscopy of the bicipital groove: A new technique of evaluation and treatment of bicipital groove and tendon pathology. Bhatia DN, deBeer JF, vanRooyen KS. Arthroscopy. 2008; 24:368e1-e6, epub october 2007.
- An anatomic study of inferior glenohumeral recess portals: Comparative anatomy at risk.
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- Biomechanics of the normal and cuff-deficient shoulder. Lam F, Bhatia DN, Mostofi SB, van Rooyen KS, DeBeer JF. Current Orthopaedics.2006; 21: 40-46.

## **Frequently Asked Questions**

### 1. Where does Dr. Deepak Bhatia practice?

Dr. Deepak Bhatia's practice is located at Apollo Hospitals, Navi Mumbai. This hospital offers comprehensive healthcare services and specialist consultations.

## 2. Who is Dr. Deepak Bhatia?

Dr Deepak Bhatia is a renowned Orthopaedic Surgeon with over 16 years of experience. He practices in Mumbai at Apollo Hospitals Navi Mumbai. Dr Deepak Bhatia holds a degree in MBBS, MS(Orth), DNB(Orth). He provides treatments including Joint Replacement Surgery, Arthroscopy, Fracture Fixation. He specializes in treating conditions like Osteoarthritis, Fractures, Sports Injuries.

## 3. Why do patients visit Dr. Deepak Bhatia?

Patients choose Dr. Deepak Bhatia for expert care in diabetic foot check-ups, foot assessments, and back pain treatment. For a complete overview of his services, please refer to his

professional profile.

#### 4. What is Dr. Deepak Bhatia's specialization?

Dr Deepak Bhatia specializes in Orthopaedics. He has expertise in treating conditions such as Osteoarthritis, Fractures, Sports Injuries. His key treatments include Joint Replacement Surgery, Arthroscopy, Fracture Fixation.

#### 5. What are Dr. Deepak Bhatia's medical qualifications?

Dr Deepak Bhatia holds MBBS, MS(Orth), DNB(Orth), reflecting his comprehensive education in the field of Orthopaedics.

#### 6. How many years of experience does Dr. Deepak Bhatia have?

Dr. Deepak Bhatia has 21 years of experience in orthopedics. His extensive career spans various medical institutions.

#### 7. How can I schedule an appointment with Dr. Deepak Bhatia?

To schedule an in-person appointment with Dr. Deepak Bhatia, please book online through our appointment system. Contact our hospital directly for assistance.

#### 8. Who is an Orthopedist?

An orthopedist is a physician specializing in the diagnosis and treatment of musculoskeletal disorders. They address conditions affecting bones, muscles, joints, and ligaments, including arthritis, back pain, sports injuries, and leg and foot pain. Orthopedic care encompasses the skeletal system's health.

## 9. What is the difference between an Orthopaedist and an Orthopaedic Surgeon?

While often used interchangeably, 'orthopaedist' and 'orthopaedic surgeon' describe different scopes of practice within musculoskeletal healthcare. An orthopaedist diagnoses and treats musculoskeletal conditions, offering pre- and post-surgical care. An orthopaedic surgeon provides the same care, but also performs surgeries for conditions such as back pain, disc herniation, bone tumors, carpal tunnel syndrome, and arthritis.