

Dr Dinesh Kini K

MBBS, MD(GEN.MED), DM (GASTROENTEROLOGY)

25 + Years experience



Dr Dinesh Kini K is a top Medical Gastroenterologist in Bangalore at Apollo Hospitals Bannerghatta Road, Apollo Speciality Hospitals Jayanagar Bangalore . Book appointment online with Dr Dinesh Kini K at Ask Apollo.

Hospitals

[Apollo Hospitals, Bannerghatta Road](#)

Doctor's Working Weekdays

Mon - Fri

Doctor's Working Hours

11:00 -13:00

Doctor's Slot Timings

MON - 11:00 -13:00 TUE - 11:00 -13:00 WED - 11:00 -13:00 THU - 11:00 -13:00 FRI -

11:00 -13:00

Overview

Dr. Dinesh K is a renowned Gastroenterology/GI Medicine Specialist based in Bangalore, Karnataka, with an impressive 25 years of experience in the field. He is known for his innovative approaches and contributions to enhancing patient care in gastroenterology. Dr. Dinesh has been instrumental in introducing a multidisciplinary approach to gastrointestinal medicine, which integrates various specialties such as interventional radiology, surgical gastroenterology, oncology, and GI pathology. This paradigm shift has allowed for comprehensive gastrointestinal care tailored to the unique needs of patients.

He previously received the prestigious Gold Medal for Best Ongoing MD in General Medicine from KMC, Mangalore University in 1994, underlining his academic excellence. Dr. Dinesh played a pivotal role in initiating the liver transplant program at renowned institutions, including Manipal Hospital and Sakra World Hospital. His commitment to advancing treatment methodologies has led him to be among the first in the state to adopt groundbreaking procedures, including Radio Frequency Ablation (RFA) for liver cancer, Y-90 radioembolization, and transjugular liver biopsy, among others.

In addition to his clinical practice, Dr. Dinesh is devoted to education and has established a DNB training program in gastroenterology across two major hospitals in Bangalore. He also serves as an examiner for the DNB final exams conducted by the National Board in Delhi, highlighting his authority and recognition within the medical community. Fluent in English, Hindi, and Kannada, he is dedicated to providing personalized patient care and ensuring that his patients have a clear understanding of their treatment options. Dr. Dinesh K is a trusted name in gastroenterology and continues to lead advancements in this vital area of healthcare.

Experience

- DIRECTOR AND HEAD SAKRA INSTITUTE OF GASTROENTEROLOGY AND HPB SCIENCES 2014-2022

- SENIOR CONSULTANT AND HEAD MANIPAL INSTITUTE OF LIVER AND DIGESTIVE DISEASES (MILDD) 2001-2012
- DM GASTROENTEROLOGY SGPGI LUCKNOW 1996-2000
- ASST. PROFESSOR GASTROENTEROLOGY KMC MANIPAL 1996
- ASST. PROFESSOR MEDICINE, KMC MANGALORE 1994-1995
- MD (GEN MEDICINE), KMC MANGALORE 1991-1994

Awards

Fellowship in Uro Oncology & Robotic Surgery, Rajiv Gandhi Cancer Institute and Research Centre, New Delhi, India

USI-BOE International Travel Fellowship

Reviewer, World Journal of Urology

Special Interests

1) Biliary disease:

Bile duct stones: Endoscopic removal of large, hard, difficult to remove stone using Spyglass and Electrohydraulic lithotripsy.

Bile duct strictures: Endoscopic management of bile duct narrowing due to conditions both post gallbladder surgery, pancreatitis, portal biliopathy etc., causing obstruction to the flow of bile and jaundice. These are managed by endoscopic treatment by placing multiple plastic stents and/ or by placing retrievable metal stents.

Bile duct cancer: Obtaining tissue from bile duct cancer using Spyglass Technology and also providing relief of jaundice by placing plastic or metal stent across the bile duct block caused by the tumors.

2) Pancreatic diseases:

Endoscopic treatment of pain due to chronic pancreatitis by performing pancreatic endotherapy (removal of pancreatic stones/dilatation of the pancreatic duct stricture and placement of stents).

Endoscopic/minimally invasive treatment of acute pancreatitis and its related complications like

ERCP for bile duct stone causing obstruction.

Drainage of fluid collection.

Endoscopic drainage of pseudo cyst.

Endoscopic placement of stent across the leaking pancreatic duct.

3) GI cancers:

Early diagnosis by using state of the art, high definition technology (EVIS X1 system): which improves visibility of precancerous lesions, hence lowering the missing rates especially for flat lesions.

Placing stents for palliative treatment of gastrointestinal cancers:

Oesophageal stent for relief of difficult swallowing in oesophageal cancers.

Antral stent for gastric cancer patients with vomiting.

Colonic stent for colonic cancer patients with difficulty to pass stool.

Frequently Asked Questions

Where does Dr. Dinesh Kini K practice?

Dr. Dinesh Kini K currently practices at Apollo Hospitals Bannerghatta Road, located in Bangalore.

Who is Dr. Dinesh Kini K?

Dr. Dinesh Kini K is a highly experienced Medical Gastroenterologist with 25 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Endoscopy, Colonoscopy. He also treats conditions such as Gastroesophageal Reflux Disease (GERD), Irritable Bowel Syndrome (IBS).

Why do patients choose Dr. Dinesh Kini K?

Patients trust Dr. Dinesh Kini K for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest

medical advancements and ensures personalized treatment for every patient.

What is Dr. Dinesh Kini K's specialization?

Dr. Dinesh Kini K specializes in Medical Gastroenterology, with expertise in treatments for Endoscopy, Colonoscopy.

What are Dr. Dinesh Kini K's medical qualifications?

Dr. Dinesh Kini K holds prestigious qualifications, including MBBS, MD(GEN.MED), DM (GASTROENTEROLOGY).

How many years of experience does Dr. Dinesh Kini K have?

Dr. Dinesh Kini K has 25 years of experience in the medical field, treating various conditions related to Medical Gastroenterology.

How can I book an appointment with Dr. Dinesh Kini K?

You can book an appointment with Dr. Dinesh Kini K through:

Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.