

Dr Ekta Soni Puri

MA IN APPLIED PSYCHOLOGY & PG DIPLOMA IN CLINICAL PSYCHOLOGY

18 + Years experience



Dr Ekta Soni Puri is a top Psychologist in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr Ekta Soni Puri at Ask Apollo.

Hospitals

[Apollo Hospitals, Delhi](#)

Doctor's Working Weekdays

Tue-Sat

Doctor's Working Hours

10:00-17:00

Doctor's Slot Timings

TUE - 10:00 -14:00 WED - 14:00 -17:00 THU - 14:00 -17:00 SAT - 16:00 -17:00 FRI - 13:00 -17:00

Overview

Dr Ekta Soni Puri is a distinguished Psychology based at Apollo Hospitals Delhi. With an impressive 18 years of experience in the medical field, she has dedicated her career to providing exceptional healthcare services to patients. She holds MA IN APPLIED PSYCHOLOGY & PG DIPLOMA IN CLINICAL PSYCHOLOGY, showcasing her extensive training and commitment to medical excellence. She is proficient in multiple languages, ensuring effective communication with a diverse range of patients.

She is known for her patient-centric approach, emphasizing the importance of understanding each patient's unique needs and medical history. Her expertise encompasses a wide range of conditions related to Psychology, enabling her to deliver precise diagnoses and treatments. She ensures that patients receive care tailored to their individual health requirements.

In her practice, Dr Ekta Soni Puri goes beyond treatments by educating patients about their health conditions. This empowers individuals to take active roles in managing their health and making informed decisions. By fostering a supportive and understanding environment, she builds trust and ensures long-term health management strategies for patients.

Dedicated to staying updated with advancements in her field, Dr Ekta Soni Puri actively collaborates with other healthcare professionals to provide comprehensive care. Her commitment to improving health outcomes continues to leave a lasting impact on the lives of her patients, solidifying her reputation as a trusted name in Psychology.

Experience

- I've been working at Apollo hospital since year 1999, in nine years of my experience I've dealt successfully with hundreds of clients from children to adults using Cognitive behaviour therapy, family therapy, marital therapy to help people resolve their problems effectively.

Membership

- Life member association of clinical psychologist, life member IAPP

Frequently Asked Questions

Where does Dr. Ekta Soni Puri practice?

Dr. Ekta Soni Puri currently practices at Apollo Hospitals, located in Delhi.

Who is Dr. Ekta Soni Puri?

Dr. Ekta Soni Puri is a highly experienced Psychologist with 18 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments.

Why do patients choose Dr. Ekta Soni Puri?

Patients trust Dr. Ekta Soni Puri for her expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

What is Dr. Ekta Soni Puri's specialization?

Dr. Ekta Soni Puri specializes in Psychology, with expertise in Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Exposure Therapy, Group Therapy, Stress Management Programs.

What are Dr. Ekta Soni Puri's medical qualifications?

Dr. Ekta Soni Puri holds prestigious qualifications, including MA IN APPLIED PSYCHOLOGY & PG DIPLOMA IN CLINICAL PSYCHOLOGY.

How many years of experience does Dr. Ekta Soni Puri have?

Dr. Ekta Soni Puri has 18 years of experience in the medical field, treating various conditions related to Psychology.

How can I book an appointment with Dr. Ekta Soni Puri?

You can book an appointment with Dr. Ekta Soni Puri through:

Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.