# **Dr Geetika Kotian**

PGCND,Clinical Dietician 3 + Years experience



Dr Geetika Kotian is a top Dietitian Nutritionists in Nashik at Apollo Hospitals Nashik . Book appointment online with Dr Geetika Kotian at Ask Apollo.

# **Hospitals**

### **Doctor's Working Weekdays**

Fri - Sat

### **Doctor's Working Hours**

09:00 -17:00

# **Doctor's Slot Timings**

FRI - 09:00 -17:00 SAT - 09:00 -17:00

#### **Overview**

Dr Geetika Kotian is a distinguished Nutrition & Dietetics based at Apollo Hospitals Nashik. With an impressive 3 years of experience in the medical field, she has dedicated her career to providing exceptional healthcare services to patients. She holds PGCND, Clinical Dietician, showcasing her extensive training and commitment to medical excellence. She is proficient in multiple languages, ensuring effective communication with a diverse range of patients.

She is known for her patient-centric approach, emphasizing the importance of understanding each patient  $\hat{a} \in \mathbb{T}^{m}$  s unique needs and medical history. She expertise encompasses a wide range of conditions related to Nutrition & Dietetics, enabling she to deliver precise diagnoses and treatments. She ensures that patients receive care tailored to their individual health requirements.

In her practice, Dr Geetika Kotian goes beyond treatments by educating patients about their health conditions. This empowers individuals to take active roles in managing their health and making informed decisions. By fostering a supportive and understanding environment, she builds trust and ensures long-term health management strategies for patients.

Dedicated to staying updated with advancements in her field, Dr Geetika Kotian actively collaborates with other healthcare professionals to provide comprehensive care. She commitment to improving health outcomes continues to leave a lasting impact on the lives of her patients, solidifying her reputation as a trusted name in

Nutrition & Dietetics.

#### **Awards**

- First Prize in Endocrine Quiz in Amrita Institute of medical Sciences, 2013
- AV Gandhi award for excellence in Endocrinology (Best Clinical Accumen) 2014
- ISPAD award for Clinical Fellowship 2014
- First Rank All India DM Endocrinology Examination 2010 Research during DM endocrinology
- Best Doctor Award Endocrinology Tamilnadu Directorate of Medical Services
- Residential program (submitted to AIIMS, New Delhi) Project 1: Effect of oral
  administration of probiotic preparation VSL#3 on the metabolic control in
  individuals with type-1 diabetes mellitus (T1DM); a randomized, double- blind,
  placebo controlled trial A pilot study Project 2: Childhood Obesity in India: a
  multi-centre study on its measurement and determinants ICMR PROJECT

#### **List of Conditions Treated**

Doctors Condition
Personal Diets

Nutritional

Weight Loss Non Surgical

Weight Loss

**Thyroid Diet Counseling** 

**Gestational Diabetes** 

**Pcod Pcos Diet** 

### **Frequently Asked Questions**

Where does Dr. Geetika Kotian practice?

Dr. Geetika Kotian currently practices at Apollo Hospitals, located in Nashik.

#### Who is Dr. Geetika Kotian?

Dr. Geetika Kotian is a highly experienced Nutritionist / Dietitian with 3 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments. She areas of expertise include Personalized Diet Plans, Medical Nutrition Therapy. She also treats conditions such as , Personal Diets.

### Why do patients choose Dr. Geetika Kotian?

Patients trust Dr. Geetika Kotian for she expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### What is Dr. Geetika Kotian's specialization?

Dr. Geetika Kotian specializes in Nutrition & Dietetics, with expertise in treatments for Personalized Diet Plans, Medical Nutrition Therapy.

# What are Dr. Geetika Kotian's medical qualifications?

Dr. Geetika Kotian holds prestigious qualifications, including PGCND,Clinical Dietician.

# How many years of experience does Dr. Geetika Kotian have?

Dr. Geetika Kotian has 3 years of experience in the medical field, treating various conditions related to Nutrition & Dietetics.

# How can I book an appointment with Dr. Geetika Kotian?

You can book an appointment with Dr. Geetika Kotian through:
Online: Visit <a href="https://www.apollohospitals.com/book-doctor-appointment/">https://www.apollohospitals.com/book-doctor-appointment/</a> to schedule an appointment.